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### Honors and Awards

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| 2022 – 2023 | Center for Advanced Study Associate Fellow (University of Illinois)                      |
| 2022        | Visiting Professor Fellow, Brazilian Ministry of Education (CAPES-PRINT/UFSC)            |
| 2022        | University of Illinois Award for Excellence in Undergraduate Teaching                    |
| 2022        | College of Applied Health Sciences Award for Excellence in Undergraduate Teaching        |
| 2018        | College of Applied Health Sciences Award for Excellence in Undergraduate Teaching        |
| 2013        | College of Applied Health Sciences Phyllis J. Hill Faculty Award for Exemplary Mentoring |
| 2010 – 2024 | University of Illinois List of Teachers Ranked as Excellent                              |

### Articles in Journals

**Schwingel, A.**, Selzer, A., Mendes Felix, D., Chodzko-Zajko, W., Umpierre, D., Reichert, F., Hallal, P. (2024). The Transformative Journey of Community Health Workers in Implementing a Lifestyle Intervention in Brazil: A Qualitative Study. *Journal of Clinical and Translational Science* (in press)

Ashrafi, S. A., Alam, R. B., Kraay, A., Ogunjesa, B. A., & **Schwingel, A.** (2024). Disparities in Healthcare Access Experienced by Hispanic Chronic Kidney Disease Patients: A Cross-sectional Analysis. *Journal of Health, Population and Nutrition*, 43(1), 18. DOI:10.1186/s41043-024-00508-4

Alam, R. B., Rahman, A., Aguiñaga, S., & **Schwingel, A.** (2023). The Moderating Role of Race and Ethnicity in the Association Between Cognitive Performance and Functional Abilities in Later Life. *Journal of Alzheimer's Disease*, 1–8. DOI: 10.3233/JAD-220814

Alam, R., Quintero Silva, L., Jahan, N., Chodzko-Zajko, W., Ogunjesa, B., Selzer Ninomiya, A., & **Schwingel, A.** (2023). Relationships of Low Cognitive Performance and Sleep Disorder With Functional Disabilities Among Older Adults. *Journal of Aging and Health*, 35(7–8), 525–534. DOI: 10.1177/08982643221143221

Molina, P., Coloma, M. J., Gálvez, P., Stecher, M. J., Vizcarra, M., & **Schwingel, A.** (2023). Food Parenting Practices Promoted by Childcare and Primary Healthcare Centers in Chile: What Influences Do These Practices Have on Parents? A Qualitative Study. *Children*, 10(12), 1875. DOI: 10.3390/children10121875

Tomicki, C., Rech, C. R., Konrad, L. M., Bezerra, J. B. B., Ribeiro, C. G., **Schwingel, A.**, Santos Lopes, A. A., Manta, S. W., & Benedetti, T. R. B. (2023). Adoption of an Intervention to Promote Physical Activity and Healthy Eating in Brazilian Health Care Settings. *Revista Argentina de Ciencias Del Comportamiento*, 15(1), 35–45. DOI: 10.32348/1852.4206.v15.n1.32202

Liu, C., Jia, F., Ji, M., Qu, G., Ye, C., Cheng, J., **Schwingel, A.**, & Gao, R. (2023). The Effect of Short-Term Air Pollutants Exposure on Daily Mortality Among Elderly Individuals in China: A Systematic Review and Meta-Analysis. *Water, Air, & Soil Pollution*, 234(8), 541. DOI: 10.1007/s11270-023-06566-4

Alam, R. B., Singleton, C. R., Aguiñaga, S., Chodzko-Zajko, W., Jahan, N. A., Oke, A., & **Schwingel, A.** (2022). Is Acculturation Associated with the Cognitive Performance of Older Hispanics? *Journal of Alzheimer's Disease*, 85(2), 535–544. DOI: 10.3233/JAD-210502

Galvez Espinoza, P., Vizcarra, M., Molina, P., Coloma, M. J., Stecher, M. J., Bost, K., & **Schwingel, A.** (2022). Exploring Parents' Perspectives on Feeding Their Young Children: A Qualitative Study Using Photo-elicitation in Chile. *Public Health Nutrition*, 25(9), 2415–2425. DOI: 10.1017/S1368980022000428

Brown, M. D., Shinn, L. M., Reeser, G., Browning, M., **Schwingel, A.**, Khan, N. A., & Holscher, H. D. (2022). Fecal and Soil Microbiota Composition of Gardening and Non-gardening Families. *Scientific Reports*, 12(1), 1595. DOI: 10.1038/s41598-022-05387-5

Oke, A., Vizcarra, M., Stecher, M. J., **Schwingel, A.**, & Rodriguez, Y. (2022). Indulgent Feeding Style Moderates the Association of Food Responsiveness to Body Mass Index Z-scores of Preschoolers. *Journal of Nutrition Education and Behavior*, 54(11), 1034–1041. DOI:10.1016/j.jneb.2022.05.001

Alam, R. B., Ashrafi, S. A., Pionke, J. J., & **Schwingel, A.** (2021). Role of Community Health Workers in Addressing Dementia: A Scoping Review and Global Perspective. *Journal of Applied Gerontology*, 40(12), 1881–1892. DOI: 10.1177/07334648211001190

Molina, P., Galvez, P., Stecher, M. J., Vizcarra, M., Coloma, M. J., & **Schwingel, A.** (2021). Family Influences on Maternal Feeding Practices of Preschool Children from Vulnerable Families in the Metropolitan Region of Chile. *Atencion Primaria*, 53(9), 102122–102122. DOI: 10.1016/j.aprim.2021.102122

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Aguayo, L., Pineros-Leano, M., Alam, R. B., Aguirre-Pereyra, R., **Schwingel, A.**, & Cunningham, S. A. (2021). Association of Family Nutrition and Physical Activity with Preschooler's Working Memory: A Cross-Sectional Study among Mexican Children. *Children*, 8(6), 506. DOI: 10.3390/children8060506

Benedetti, T. R. B., Rech, C. R., Konrad, L. M., Almeida, F. A., Brito, F. A., Chodzko-Zajko, W., & **Schwingel, A.** (2020). Re-thinking Physical Activity Programs for Older Brazilians and the Role of Public Health Centers: A Randomized Controlled Trial Using the RE-AIM Model. *Frontiers in Public Health*, 8, 48. DOI: 10.3389/fpubh.2020.00048

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Vizcarra, M., Palomino, A. M., Iglesias, L., Valencia, A., Gálvez Espinoza, P., & **Schwingel, A.** (2019). Weight Matters-Factors Influencing Eating Behaviors of Vulnerable Women. *Nutrients*, 11(8), 1809. DOI: 10.3390/nu11081809

Yu, H., & **Schwingel, A.** (2019). Associations Between Sedentary Behavior, Physical Activity, and Out-of-pocket Health Care Expenditure: Evidence from Chinese Older Adults. *Journal of Aging and Physical Activity*, 27(1), 108–115. DOI: 10.1123/japa.2017-0206

Borges, R. A., Tomicki, C., Almeida, F. A., **Schwingel, A.**, Chodzko-Zajko, W., & Benedetti, T. R. B. (2019). Reach of "VAMOS" Program in Basic Healthcare-organizational Barriers and Facilitators. *Revista Brasileira de Geriatria e Gerontologia*, 22. DOI: 10.1590/1981-22562019022.180225

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**Schwingel, A.**, Gálvez, P., Linares, D., & Sebastião, E. (2017). Using a Mixed-methods RE-AIM Framework to Evaluate Community Health Programs for Older Latinas. *Journal of Aging and Health*, 29(4), 551–593. DOI: 10.1177/0898264316641075

**Schwingel, A.**, Wiley, A. R., Teran-Garcia, M., McCaffrey, J., Gálvez, P., & Vizcarra, M. (2017). Promotoras and the Semantic Gap Between Latino Community Health Researchers and Latino Communities. *Health Promotion Practice*, 18(3), 444–453. DOI: 10.1177/1524839916670576

**Schwingel, A.**, Wiley, A., Teran-Garcia, M., McCaffrey, J., Gálvez, P., Hawn, R., Villegas, E., Coba, S., Vizcarra, M., Luty, G., Montez, R., & The Abriendo Caminos Promotora Project Group. (2017). More Than Help? Volunteerism in US Latino Culture. *VOLUNTAS: International Journal of Voluntary and Nonprofit Organizations*, 28(1), 162–183. DOI: 10.1007/s11266-016-9731-2

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Sebastião, E., Gálvez, P. A. E., Bobitt, J., Adamson, B. C., & **Schwingel, A.** (2016). Visual and Participatory Research Techniques: Photo-elicitation and its Potential to Better Inform Public Health about Physical Activity and Eating Behavior in Underserved Populations. *Journal of Public Health*, 24(1), 3–7. DOI: 10.1007/s10389-015-0698-z

Gálvez, P., Valencia, A., Palomino, A. M., Cataldo, M., & **Schwingel, A.** (2015). Communicating about Eating Behaviors. A Qualitative Study of Chilean Women and their Health-care Providers. *International Journal of Qualitative Studies on Health and Well-Being*, 10, 25979. DOI: 10.3402/qhw.v10.25979

**Schwingel, A.**, Linares, D. E., Gálvez, P., Adamson, B., Aguayo, L., Bobitt, J., Castañeda, Y., Sebastião, E., & Marquez, D. X. (2015). Developing a Culturally Sensitive Lifestyle Behavior Change Program for Older Latinas. *Qualitative Health Research*, 25(12), 1733–1746. DOI: 10.1177/1049732314568323

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Sebastião, E., Chodzko-Zajko, W., & **Schwingel, A.** (2015). The Need to Modify Physical Activity Messages to Better Speak to Older African American Women: A Pilot Study. *BMC Public Health*, 15(1), 962. DOI: 10.1186/s12889-015-2317-x

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Kim, K., Chodzko-Zajko, W., **Schwingel, A.**, & McDonagh, D. C. (2014). Understanding Older Individuals' Emotional Responses to New Technology Associated with Healthy Lifestyle Choice. *Journal of Physical Education and Sport*, 14(2), 138. DOI: 10.7752/jpes.2014.02022

Najib Balbale, S., **Schwengel, A.**, Chodzko-Zajko, W., & Huhman, M. (2014). Visual and Participatory Research Methods for the Development of Health Messages for Underserved Populations. *Health Communication*, 29(7), 728–740. DOI: 10.1080/10410236.2013.800442

Sebastião, E., Ibe-Lamberts, K., Bobitt, J., **Schwengel, A.**, & Chodzko-Zajko, W. (2014). Employing a Participatory Research Approach to Explore Physical Activity among Older African American Women. *Journal of Aging Research*, 2014, e941019. DOI: 10.1155/2014/941019

Sebastião, E., Chodzko-Zajko, W., **Schwengel, A.**, Gobbi, L. T., Papini, C. B., Nakamura, P. M., Netto, A. V., Kokubun, E., & Gobbi, S. (2013). Perceived Barriers to Leisure Time Physical Activity: What Brazilians Have to Say? *Open Journal of Preventive Medicine*, 3(08), 491–499. DOI: 10.4236/ojpm.2013.38066

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Benedetti, T. R. B., **Schwengel, A.**, Gomez, L. S. R., & Chodzko-Zajko, W. (2012). Programa "VAMOS"(Vida Ativa Melhorando a Saúde): Da Concepção aos Primeiros Resultados. *Revista Brasileira de Cineantropometria & Desempenho Humano*, 14, 723–737. DOI: 10.5007/1980-0037.2012v14n6p723

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## **Book Chapters**

**Schwengel, A., & Chodzko-Zajko, W. (2019).** Role of Physical Activity in the Health and Wellbeing of Older Adults, p. 1157-1166. In Rippe, J. M. Lifestyle Medicine. 3 ed. CRC Press.

**Schwengel, A. (2013).** Understanding Human Aging, p. 1-14. In Chodzko-Zajko, W. & American College of Sports Medicine. ACSM's Exercise for Older Adults. Lippincott Williams & Wilkins.

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