

SANDRALUZ LARA-CINISOMO, PH.D.

Department of Kinesiology and Community Health
College of Applied Health Sciences
University of Illinois at Urbana-Champaign

Phone: 217-300-3512
Email: laracini@illinois.edu
Website: <https://lesa.kch.illinois.edu/>

EDUCATION

2002	Ph.D.	Psychology	Columbia University, New York, NY
1995	Ed.M.	Human Development	Harvard University, Cambridge, MA
1993	B.A.	Child Development	California State University at Northridge, Northridge, CA

PROFESSIONAL EXPERIENCE

2021-Present	Associate Professor, Department of Kinesiology and Community Health, College of Applied Health Sciences, University of Illinois Urbana-Champaign, Champaign, IL
2015-2021	Assistant Professor, Department of Kinesiology and Community Health, College of Applied Health Sciences, University of Illinois Urbana-Champaign, Champaign, IL
2012-2015	National Institutes of Health Fellow, Department of Psychiatry in the School of Medicine, University of North Carolina at Chapel Hill, Chapel Hill, NC
2009-2012	Assistant Professor, Department of Special Education and Child Development, College of Education, University of North Carolina at Charlotte, Charlotte, NC
2007-2009	Adjunct Faculty, Pardee RAND Graduate School, Santa Monica, CA
2007-2009	Behavioral Scientist, RAND Corporation, Pittsburgh, PA
2005-2007	Adjunct Faculty, Carnegie Mellon University, Heinz School of Public Health, Pittsburgh, PA
2002-2007	Associate Behavioral Scientist, RAND Corporation, Pittsburgh, PA
1997-2000	Research Assistant, Barnard College, NY, NY
1996-2002	Research Fellow, National Center for Children and Families, Columbia University, NY
1993-1994	Elementary School Teacher, Los Angeles Unified School District, Los Angeles, CA

NONPROFIT EXPERIENCE

2009-2012	Board member, Mecklenburg Area Partnership for Primary-Care Research, Charlotte, NC
2000	Director and Co-Founder, Mexican Education (Mex-Ed) Foundation of New York, New York, NY

- 1999-2001 Maternal Mental Health Consultant, Medical and Health Research Association of New York, Inc., New York, NY
- 1996-1997 Latino Community Consultant, Committee for Hispanic Children and Families, Inc., New York, NY
- 1994-1996 Director and Co-Founder, Latinos Encouraging Graduation among Latinos (LEGAL), Los Angeles, CA

PUBLICATIONS

Note: * denotes peer review, # includes a student among the authors, + denotes invited publication

BOOKS

1. Tabb, K., Laurent, H. K., **Lara-Cinisomo, S.**, Gavin, A., & Clark, C. (2023). *Perinatal mental health and inequality* (Vol. 16648714). Frontiers Media SA.
2. **Lara-Cinisomo, S.** & Wisner, K.L. (Eds.). (2014). *Perinatal depression among Spanish-speaking and Latin American Women: A global perspective on detection and treatment*. Springer New York, NY. DOI: <https://doi.org/10.1007/978-1-4614-8045-7>

BOOK CHAPTERS

1. Wisner, K. L., **Lara-Cinisomo, S.**, Pinheiro, E. A., & Luther, J. F. (2014). Characteristics of Hispanic women screened for postpartum depression. In Lara-Cinisomo, S. & Wisner, K.L. (Eds.), *Perinatal depression among Spanish-speaking and Latin American Women: A global perspective on detection and treatment* (pp. 1-13). Springer New York, NY.
2. Sirulnik, L., **Lara-Cinisomo, S.**, Wisner, K. L., & Meltzer-Brody, S. (2014). The culture of treating Latinas with postpartum depression: two case reports. In Lara-Cinisomo, S. & Wisner, K.L. (Eds.), *Perinatal depression among Spanish-speaking and Latin American Women: A global perspective on detection and treatment* (pp. 111-122). Springer New York, NY.
3. +**Lara-Cinisomo, S.**, Fuligni, A., & Karoly, L. (2011). Preparing preschoolers for kindergarten: A look at teacher beliefs. In *Transitions to early care and education: International perspectives on making schools ready for young children* (pp. 93-105). Springer, Dordrecht.

PUBLICATIONS

Note: * denotes peer review, # denotes student among authors, + denotes invited

1. *#**Lara-Cinisomo, S.**, Melesse, B., & Mendy, M.E. (in press). Demographic and COVID-19-Related Factors Associated with Depressive and Anxiety Symptoms Among African American and Latina Women in a Midwestern State. *Journal of Racial and Ethnic Disparities*.
2. *#Fabusoro, O., Singleton, C., Teran-Garcia, M., & **Lara-Cinisomo, S.** (in press). Predictors of Food and Water Stockpiling During the COVID-19 Pandemic Among Non-Latino Blacks and Latinos. *Disaster Medicine and Public Health Preparedness*.

3. *#Phansikar, M., Gothe, N., Hernandez, R., **Lara-Cinisomo, S.**, & Mullen, S. P. (in press). Feasibility and impact of a remote moderate-intensity yoga intervention on stress and executive functioning in working adults: a randomized controlled trial. *Journal of Behavioral Medicine*.
4. *#Goyal, D., Rabemananjara, K. M., **Lara-Cinisomo, S.**, & Le, H. N. (in press). Healthcare Worker's Understanding of Perinatal Depression and Maternal Mental Health Service Needs in Rural Kenya. *Mental Health & Prevention*.
5. +Vyas, A. N., Katon, J. G., Battaglia, T. A., Batra, P., Borkowski, L., Frick, K. D., ... & **Lara-Cinisomo, S.** (2022). Advancing health equity through inclusive and equitable publication practices at Women's Health Issues. *Women's Health Issues*, 32(3), 203-207 <https://doi.org/10.1016/j.whi.2022.04.002>
6. *#Juarez Padilla, J., Singleton, C. R., Pedersen, C. A., & **Lara-Cinisomo, S.** (2022). Associations between self-rated health and perinatal depressive and anxiety symptoms among Latina women. *International Journal of Environmental Research and Public Health*, 19(19), 11978. <https://doi.org/10.3390/ijerph191911978>
7. *#Singleton, C. R., Fabusoro, O., Teran-Garcia, M., & **Lara-Cinisomo, S.** (2022). Change in Employment Status Due to the COVID-19 Pandemic, SNAP Participation, and Household Food Insecurity among Black and Latino Adults in Illinois. *Nutrients*, 14(8), 1581. <https://doi.org/10.3390/nu14081581>
8. *#**Lara-Cinisomo, S.**, Loret de Mola, J. R., Flores-Carter, K., Tabb, K. M., & Roloff, K. (2022). Prenatal Depressive Symptoms, Self-Rated Health, and Diabetes Self-Efficacy: A Moderated Mediation Analysis. *International Journal of Environmental Research and Public Health*, 19(20), 13603. <https://doi.org/10.3390/ijerph192013603>
9. *Daugherty, J. C., Bueso-Izquierdo, N., **Lara-Cinisomo, S.**, Lozano-Ruiz, A., & Caparros-Gonzalez, R. A. (2022). Partner relationship quality, social support and maternal stress during pregnancy and the first COVID-19 lockdown. *Journal of Psychosomatic Obstetrics & Gynecology*, 43(4), 563-573. <https://doi.org/10.1080/0167482X.2022.2101446>
10. +**Lara-Cinisomo, S.**, D'Anna-Hernandez, K., & Non, A. L. (2021). Recommendations for Clinical Practice, Research, and Policy to Address the Effects of the COVID-19 Pandemic on Anxiety Symptoms in Immigrant and US-Born Latina Mothers. *Women's Health Issues*, 31(4), 301-305. <https://doi.org/10.1016/j.whi.2021.03.004>
11. *#Osman, K. M., **Lara-Cinisomo, S.**, & D'Anna-Hernandez, K. L. (2021). Associations between religiosity and perinatal anxiety symptoms among women of Mexican descent. *Journal of Affective Disorders*, 294, 77-84. <https://doi.org/10.1016/j.jad.2021.06.066>
12. *#**Lara-Cinisomo, S.**, Olarte, A. R., Rosales, M., & Barrera, A. Z. (2021). A systematic review of technology-based prevention and treatment interventions for perinatal depression and anxiety in Latina and African American women. *Maternal and Child Health Journal*, 1-14. <https://doi.org/10.1007/s10995-020-03028-9>
13. *#Juarez Padilla, J., **Lara-Cinisomo, S.**, Navarrete, L., & Lara, M. (2021). Perinatal anxiety symptoms: Rates and risk factors in Mexican Women. *International Journal of Environmental Research and Public Health*, 18(1), 82. <https://doi.org/10.3390/ijerph18010082>
14. *#Akinbode, T. D., Pedersen, C., & **Lara-Cinisomo, S.** (2021). The price of pre-adolescent abuse: Effects of sexual abuse on perinatal depression and anxiety. *Maternal and Child Health Journal*, 25(7), 1083-1093. <https://doi.org/10.1007/s10995-020-03088-x>
15. *#**Lara-Cinisomo, S.**, Akinbode, T. D., & Wood, J. (2020). A systematic review of somatic symptoms in women with depression or depressive symptoms: Do race or ethnicity matter? *Journal of Women's Health*, 29(10), 1273-1282. doi:<https://doi.org/10.1089/jwh.2019.7975>

16. ***#Lara-Cinisomo, S., & Akinbode, T. D. (2020).** Research recommendations on the effects of postpartum depression and pain on infant care and development. *Journal of Obstetric, Gynecologic & Neonatal Nursing*, 49(5), 416-422. doi:<https://doi.org/10.1016/j.jogn.2020.05.005>
17. ***#Lara-Cinisomo, S., Han, B., & Neuhausen, R. (2020).** Exploring the role of depressive symptoms, service members, and spousal demographic characteristics on military spousal employment. *Armed Forces & Society*, 46(3), 397-423. DOI: <https://doi.org/10.1177/0095327X19848013>
18. **Lara-Cinisomo, S., Taylor, D. B., & Medina, A. L. (2020).** Summer reading program with benefits for at-risk children: Results from a Freedom School program. *Reading & Writing Quarterly*, 36(3), 211-224. doi:<https://doi.org/10.1080/10573569.2019.1627968>
19. ***Caparros-Gonzalez, R.A., Romero-González, B., González-Perez, R., Lara-Cinisomo, S., Martin-Tortosa, P.L., Oliver-Roig, A., & Peralta-Ramirez, M.I. (2019).** Maternal and neonatal hair cortisol levels and psychological stress as predictors of human milk production. *Advances in Neonatal Care*, 19(6), E11-E20. DOI: [10.1097/ANC.0000000000000660](https://doi.org/10.1097/ANC.0000000000000660)
20. ***#Lara-Cinisomo, S., Fujimoto, E. M., Oksas, C., Jian, Y., & Gharheeb, A. (2019).** Pilot study exploring migration experiences and perinatal depressive and anxiety symptoms in immigrant Latinas. *Maternal and Child Health Journal*, 23(12), 1627-1647. DOI: <https://doi.org/10.1007/s10995-019-02800-w>
21. ***#Lara-Cinisomo, S., Santens, R., & Fujimoto, E.M. (2019).** A pilot randomized controlled trial of a mindfulness-based intervention for caregivers of veterans. *Mindfulness*, 10(9), 1855-1869. DOI: <https://doi.org/10.1007/s12671-019-01131-9>
22. ***#Lara-Cinisomo, S., Fujimoto, E.M., & Santens, R. (2019).** Feasibility of a mindfulness intervention for caregivers of veterans. *Journal of Holistic Nursing*, 37(4), 322-337. DOI: <https://doi.org/10.1177/0898010119831580>
23. ***#Lara-Cinisomo, S., D'Anna-Hernandez, K., Fujimoto, E.M., & Pedersen, C.A. (2019).** Exploring associations between perinatal depression, anxiety, and urinary oxytocin levels in Latinas. *Archives of Women's Mental Health*, 22(4), 447-455. DOI: <https://doi.org/10.1007/s00737-018-0910-6>
24. ***#Lara-Cinisomo, S. Wood, J., & Fujimoto (2019).** A systematic review of cultural orientation and perinatal depression in Latina women: Are acculturation, Marianismo, and religiosity risks or protective factors? *Archives of Women's Mental Health*, 22(5), 557-567. DOI: [10.1007/s00737-018-0920-4](https://doi.org/10.1007/s00737-018-0920-4)
25. ***#Lara-Cinisomo, S., Clark, C. T., & Wood, J. (2018).** Increasing diagnosis and treatment of perinatal depression in Latinas and African American women: Addressing stigma is not enough. *Women's Health Issues*, 28(3), 201-204. DOI: [10.1016/j.whi.2018.01.003](https://doi.org/10.1016/j.whi.2018.01.003)
26. ***#Lara-Cinisomo, S., Swinford, C., Massey, D., & Hardt, H. (2018).** Diabetes, prenatal depression, and self-rated health in Latina mothers. *Diabetes Spectrum*, 31(2), 159-165. DOI: <https://doi.org/10.2337/ds17-0031>
27. ***#Lara-Cinisomo, S., Zhu, K., Fei, K., Bu, Y., Weston, A.P., & Ravat, U. (2018)** Traumatic events: exploring associations with maternal depression, infant bonding, and oxytocin in Latina mothers. *BMC Women's Health*, 18, 31. DOI: <https://doi.org/10.1186/s12905-018-0520-5>
28. ***Lara-Cinisomo, S., Grewen, K., Girdler, S.S., Wood, J., & Meltzer-Brody, S. (2017).** Perinatal depression, adverse life events, and hypothalamic-adrenal-pituitary axis response to cold pressor stress in Latinas: An exploratory study. *Women's Health Issues*, 27(6), 673-682. DOI: <https://doi.org/10.1016/j.whi.2017.06.004>

29. *#**Lara-Cinisomo, S.**, McKenney, K., Di Florio, A., & Meltzer-Brody, S. (2017). Associations between postpartum depression, breastfeeding, and oxytocin levels in Latina mothers. *Breastfeeding Medicine*, *12*(7), 436-442. DOI: [10.1089/bfm.2016.0213](https://doi.org/10.1089/bfm.2016.0213)
30. *#**Lara-Cinisomo, S.**, Plott, J., Grewen, K., & Meltzer-Brody, S. (2016). The feasibility of recruiting and retaining depressed and non-depressed perinatal Latinas in biomedical research. *Journal of Immigrant and Minority Health*, *18*, 1115-1123. DOI: [10.1007/s10903-016-0391-5](https://doi.org/10.1007/s10903-016-0391-5)
31. ***Lara-Cinisomo, S.**, Girdler, S. S., Grewen, K., & Meltzer-Brody, S. (2016). A biopsychosocial conceptual framework of postpartum depression risk in immigrant and U.S.-born Latina mothers in the United States. *Women's Health Issues*, *26*(3), 336-343. DOI: [10.1016/j.whi.2016.02.006](https://doi.org/10.1016/j.whi.2016.02.006)
32. *#Wouk, K., **Lara-Cinisomo, S.** Stuebe, A., Poole, D., Petrick, J.L., & McKenney, K. (2016). Clinical interventions to promote breastfeeding among Latinas: A meta-analysis. *Pediatrics*, *137*(1), e20152423. DOI: <https://doi.org/10.1542/peds.2015-2423>
33. *Kimmel, M., **Lara-Cinisomo, S.**, Melvin, K., Di Florio, A., Brandon, A., & Meltzer-Brody, S. (2016). Treatment of severe perinatal mood disorders on a specialized perinatal psychiatry inpatient unit. *Archives of Women's Mental Health*, *19*(4), 645-653. DOI: [10.1007/s00737-016-0599-3](https://doi.org/10.1007/s00737-016-0599-3)
34. ***Lara-Cinisomo, S.**, Wisner, K.L., & Meltzer-Brody, S. (2015). Advances in science and biomedical research on postpartum depression do not include meaningful numbers of Latinas. *Journal of Immigrant and Minority Health*, *17*(6), 1593-1596. DOI: [10.1007/s10903-015-0205-1](https://doi.org/10.1007/s10903-015-0205-1)
35. ***Lara-Cinisomo, S.**, Wisner, K.L, Burns, R., & Gnecco-Chaves, D. (2014). Perinatal depression treatment pathway for Latinas. *Qualitative Health Research*, *24*(2), 232-241. DOI: [10.1177/1049732313519866](https://doi.org/10.1177/1049732313519866)
36. ***Lara-Cinisomo, S.**, Chandra, A., Burns, R.M., & Lau, J. (2013). Recommendations for counselors and community service providers working with military families. *Primary Health Care*, *3*, 139-144. DOI: [10.4172/2167-1079.1000139](https://doi.org/10.4172/2167-1079.1000139)
37. ***Lara-Cinisomo, S.** & Thomas, A.A. (2013). A qualitative study of maternal perceptions of acculturation processes at the onset of child schooling. *NHSA: Dialog*, *16*(3), 127-141.
38. *Howes, C., Fuligni, A. S., Hong, S. S., Huang, Y. D., & **Lara-Cinisomo, S.** (2013). The preschool instructional context and child-teacher relationships. *Early Education and Development*, *24*(3), 273-291. DOI: [10.1080/10409289.2011.649664](https://doi.org/10.1080/10409289.2011.649664)
39. ***Lara-Cinisomo, S.**, Xue, Y., & Brooks-Gunn, J. (2012). Latino youth's internalising behaviours: Links to immigrant status and neighbourhood characteristics. *Ethnicity and Health*, *18*(3), 315-35. DOI: [10.1080/13557858.2012.734278](https://doi.org/10.1080/13557858.2012.734278)
40. *Chandra, A., **Lara-Cinisomo, S.**, Burns, R.M., & Griffin, B.A. (2012). Assessing Operation Purple: A Program Evaluation of a Summer Camp for Military Youth. RAND Corporation, CA. DOI: http://www.rand.org/pubs/technical_reports/TR1243
41. ***Lara-Cinisomo, S.** (2011). Ready, Set, Go: Review of a kindergarten transition video series for teachers, parents and children. *NHSA: Dialog*, *14*(2), 79-88. DOI: [10.1080/15240754.2011.560974](https://doi.org/10.1080/15240754.2011.560974)
42. ***Lara-Cinisomo, S.**, Chandra, A, Jaycox L, Tanielian T, Burns R, Ruder, T., & Han, B. (2011). A mixed-method approach to understanding the experiences of non-deployed military caregivers. *Maternal and Child Health Journal*, *16*(2):374-84. DOI: [10.1007/s10995-011-0772-2](https://doi.org/10.1007/s10995-011-0772-2)

43. *Chandra, A, **Lara-Cinisomo, S.**, Jaycox L, Tanielian T, Burns R, Ruder, T., & Han, B. (2011). Children on the homefront: The experience of children from military families. *Pediatrics*, 125(1):16-25. DOI: [10.1542/peds.2009-1180](https://doi.org/10.1542/peds.2009-1180)
44. *Chandra, A, **Lara-Cinisomo, S.**, Jaycox, L., Tanielian, T., Han, B., Burns R., & Ruder, T. (2011) *Views from the homefront: The experiences of youth and spouses from military families* (TR-913-NMFA). RAND Corporation, CA. DOI: http://www.rand.org/pubs/technical_reports/TR913.html
45. **Lara-Cinisomo, S.**, Burke Beckjord, E., & Keyser, D.J. (2010). Mothers' perspectives on enhancing consumer engagement in behavioral health treatment for maternal depression. *Research in the Sociology of Health Care*, 28, 249-268. DOI: [https://www.emerald.com/insight/content/doi/10.1108/S0275-4959\(2010\)0000028014/full/html](https://www.emerald.com/insight/content/doi/10.1108/S0275-4959(2010)0000028014/full/html)
46. ***Lara-Cinisomo, S.**, Griffin, B.A., & Daughtery, L. (2009). Disparities in detection and treatment history among mothers with major depression in Los Angeles. *Women's Health Issues*, 19(4), 232-242. DOI: [10.1016/j.whi.2009.03.007](https://doi.org/10.1016/j.whi.2009.03.007)
47. ***Lara-Cinisomo, S.**, Fuligni, A., Daughtery, L., Karoly, L., & Howes, C. (2009). A qualitative study of early childhood educators' beliefs about key preschool classroom experiences. *Early Childhood Research & Practice*, 11(1). DOI: <http://ecrp.uiuc.edu/v11n1/lara.html>
48. *Fuligni, A.S., Howes, C., **Lara-Cinisomo, S.**, & Karoly, L. (2009). Diverse pathways in early childhood professional development: An exploration of early educators in public preschools, private preschools, and family child care homes. *Early Education & Development*, 20(3), 507-526. DOI: [10.1080/10409280902783483](https://doi.org/10.1080/10409280902783483)
49. ***Lara-Cinisomo, S.**, Fuligni, A., Ritchie, S., Karoly, L., & Howes, C. (2008). Getting ready for school: An examination of early educators' belief systems. *Early Childhood Education Journal*, 35(4), 343-349. DOI: [10.1007/s10643-007-0215-2](https://doi.org/10.1007/s10643-007-0215-2)
50. *Keyser, D.J., Lakoski, J.M., **Lara-Cinisomo, S.**, Schultz, D.J., Williams, V.L., Zellers, D.F., & Pincus, H.A. (2008). Advancing institutional efforts to support research mentorship: A conceptual framework and self-assessment tool. *Academic Medicine*, 83(3), 217-225. DOI: [10.1097/ACM.0b13e318163700a](https://doi.org/10.1097/ACM.0b13e318163700a)
51. ***Lara-Cinisomo, S.** & Griffin, B.A. (2007). Factors associated with major depression among mothers in Los Angeles. *Women's Health Issues*, 17(5), 316-324. DOI: [10.1016/j.whi.2007.07.001](https://doi.org/10.1016/j.whi.2007.07.001)
52. ***Lara-Cinisomo, S.**, Pebley, A.R., Vaiana, M. E., & Maggio, E. (2004). *Are L.A.'s children ready for school?* RAND Corporation, CA. DOI: <http://www.rand.org/pubs/monographs/MG145.html>
53. ***Lara, S.**, McCabe, L., & Brooks-Gunn, J. (2000). From horizontal to vertical management styles: A qualitative look at Head Start staff strategies for addressing behavior problems. *Early Education and Development*, 11(3), 283-306. DOI: [10.1207/s15566935eed1103_4](https://doi.org/10.1207/s15566935eed1103_4)
54. *McCabe, L., Hernandez, M., **Lara, S.**, & Brooks-Gunn, J. (2000). Assessing preschoolers' self-regulation in homes and classrooms: Lessons from the field. *Behavioral Disorders*, 26(1), 53-69.

MANUSCRIPTS IN REVIEW

1. ***Lara-Cinisomo, S.**, Melesse, B., Fujimoto, E., (in review). Associations between prenatal depressive and anxiety symptoms and labor-related factors in Latina mothers. *Midwifery*

2. #Olarte, A.R., Melesse, B., & Lara-Cinisomo (in review). A systematic review of the associations between cardiovascular disease and depression among Hispanic/Latina women. *Western Journal of Nursing Research*
3. Non, A.L., Clausing, E., **Lara-Cinisomo, S.**, & D'Anna-Hernandez, K. (in review). COVID-19 related risk, resilience, and mental health among Mexican American mothers across the first year of the pandemic. *Cultural Diversity and Ethnic Minority Psychology*
4. D'Anna-Hernandez, K., Non, A.L., & **Lara-Cinisomo, S.** (in review). Changes in mental health symptoms and sociocultural factors across the COVID-19 pandemic in mothers of Mexican descent. *Archives of Women's Mental Health*
5. #Kwon, S., An, J., **Lara-Cinisomo, S.**, Andrade, F., & Hernandez, R. (in review). The Influence of cultural values on mental health of Korean caregivers for older adults: A systematic review. *Research on Aging*

MANUSCRIPTS IN PREPARATION

1. #**Lara-Cinisomo, S.**, Mendy, M.E., Ahmed, F., Melesse, B., & Sarol, J. (in preparation). Associations between pre-existing health conditions, health symptoms, self-quarantine behaviors, and anxiety in African American and Latino adults.
2. #**Lara-Cinisomo, S.**, Nutlis, M., Ramirez, A., Sutton, B., & Schwarb, H. (in preparation). The feasibility of measuring postpartum pain using fMRI.
3. **Lara-Cinisomo, S.**, Loret de Mola, R., Flores-Carter, K., Tabb, K., & Roloff, K. (in preparation). Diagnosing and treating prenatal diabetes: The role of clinical care protocols.
4. #**Lara-Cinisomo, S.** Fujimoto, E.M. Duran, V., Campbell, K., & (in preparation). A systematic review of risk factors, oxytocin, cortisol, and perinatal depression.

ABSTRACTS

Note: * denotes peer review

1. *#Phansikar, M., Gothe, N., Hernandez, R., **Lara-Cinisomo, S.**, & Mullen, S. P. (2022, May). Feasibility and Impact of a Remote Flow-Based, Moderate-Intensity Yoga Intervention on Executive Functioning, During a Pandemic, Among Working Adults. *Journal of Sport & Exercise Psychology* (Vol. 44, pp. S104-S104)
2. *Singleton, C., Teran-Garcia, M., Fabusoro, O., & **Lara-Cinisomo, S.** (2021). O34 Change in Employment Status Due to the COVID-19 Pandemic, SNAP Participation, and Food Security Status. *Journal of Nutrition Education and Behavior*, 53(7), S16.
3. ***Lara-Cinisomo, S.**, DiFlorio, A., & Meltzer-Brody, S. (2020). Examining the association between trauma, postpartum depression, and hormone function in a birth cohort of Latinas. The International Marcé Society Biennial Scientific Conference 2016: Frontiers in Perinatal Mental Health-Looking to the Future. *Archives of Women's Mental Health*, 23(2), 227-305. DOI: <https://doi.org/10.1007/s00737-019-00953-9>
4. ***Lara-Cinisomo, S.**, Grewen, K., Girdler, S., Wood, J., & Meltzer-Brody, S. (2020). Pain sensitivity and HPA axis function in a birth cohort of depressed and healthy Latinas. The International Marcé Society Biennial Scientific Conference 2016: Frontiers in Perinatal Mental Health-Looking to the Future. *Archives of Women's Mental Health*, 23(2), 227-305. DOI: <https://doi.org/10.1007/s00737-019-00953-9>

5. ***Lara-Cinisomo, S.**, Meltzer Brody, S., & Grewen, K. (2015). Cultural and contextual predictors of PPD and stress reactivity in immigrant Latina mothers in the U.S. The International Marcé Society for Perinatal Mental Health Scientific Conference. *Archives of Women's Mental Health*, 18(2), 269-408. DOI: <https://doi.org/10.1007/s00737-014-0488-6>
6. ***Lara-Cinisomo, S.**, Wisner, K., Burns, R., & Chaves-Gnecco, D. (2011). Understanding Postpartum Depression: A qualitative look at Hispanic women in The International Marcé Society International Biennial General Scientific Meeting. *Archives of Women's Mental Health*, 14(1), S1-S87.

REPORTS

1. Taylor, D. B. & **Lara-Cinisomo, S.** (2022). *Freedom School Partners Children's Defense Fund Freedom Schools Program Evaluation Report*. The Center for Adolescent Literacies, University of North Carolina at Charlotte. Charlotte, NC
2. Taylor, D. B. & **Lara-Cinisomo, S.** (2021). *Freedom School Partners Children's Defense Fund Freedom Schools Program Evaluation Report*. The Center for Adolescent Literacies, University of North Carolina at Charlotte. Charlotte, NC
3. Taylor, D. B. & **Lara-Cinisomo, S.** (2019). *Freedom School Partners Children's Defense Fund Freedom Schools Program Evaluation Report*. The Center for Adolescent Literacies, University of North Carolina at Charlotte. Charlotte, NC
4. Taylor, D. B. & **Lara-Cinisomo, S.** (2019). *Freedom School Partners Children's Defense Fund Freedom Schools Site Analysis Reports*. The Center for Adolescent Literacies, University of North Carolina at Charlotte. Charlotte, NC
5. Taylor, D. B. & **Lara-Cinisomo, S.** (2018). *Freedom School Partners Children's Defense Fund Freedom Schools Program Evaluation Report*. The Center for Adolescent Literacies, University of North Carolina at Charlotte. Charlotte, NC
6. Taylor, D. B. & **Lara-Cinisomo, S.** (2018). *Freedom School Partners 2018 Freedom School Reading Schools Site Analysis Reports*. The Center for Adolescent Literacies, University of North Carolina at Charlotte. Charlotte, NC
7. Taylor, D. B. & **Lara-Cinisomo, S.** (2017). *Freedom School Partners Children's Defense Fund Freedom Schools Program Evaluation Report*. The Center for Adolescent Literacies, University of North Carolina at Charlotte. Charlotte, NC
8. Taylor, D. B. & **Lara-Cinisomo, S.** (2015). *Freedom School Partners Children's Defense Fund Freedom Schools Program Evaluation Report*. The Center for Adolescent Literacies, University of North Carolina at Charlotte. Charlotte, NC
9. Taylor, D. B. & **Lara-Cinisomo, S.** (2013). *Freedom School Partners Children's Defense Fund Freedom Schools Program Evaluation Report*. The Center for Adolescent Literacies, University of North Carolina at Charlotte. Charlotte, NC
10. Taylor, D. B. & **Lara-Cinisomo, S.** (2012). *The Children's Defense Fund Bennettsville, South Carolina Freedom School Reading Program Evaluation Report*. The Center for Adolescent Literacies, University of North Carolina at Charlotte. Charlotte, NC
11. Miller, L.L., Rosker, B., Burns, R.M., Barnes-Proby, D., **Lara-Cinisomo, S.**, & West, T.R. (2011). *A new approach for assessing the needs of service members and their families* (MG-1124-OSD). RAND Corporation, Santa Monica, CA. <http://www.rand.org/pubs/monographs/MG1124.html>

12. Miller, L.L., Tanielian, T., & **Lara-Cinisomo, S.** (2010). *Reintegrating Wounded Warriors: A Strategy for Assessing Health and Social Needs After the Return to Military or Civilian Life* (DRR-5102-OSD). RAND Corporation, Santa Monica, CA
13. **Lara-Cinisomo, S.** & Steinberg, P. (2006). *Meeting Funder Compliance: A Case Study of Challenges, Time Spent and Dollars Invested* [Monograph]. RAND Corporation, Santa Monica, CA.
<http://www.rand.org/pubs/monographs/MG505.html>
14. Chyu, L., Pebley, A., & **Lara-Cinisomo, S.** (2005). *Patterns in Child Care Use for Preschoolers in Los Angeles County* (TR-116-FFLA). RAND Corporation, Santa Monica, CA.
http://www.rand.org/pubs/technical_reports/TR116.html
15. Peterson, C. E., Sastry, N., Pebley, A.R., Ghosh-Dastidar, B., Williamson, B., & **Lara-Cinisomo, S.** (2003). *The Los Angeles Family and Neighborhood Survey: Codebook* (DRU-2400/2-LAFANS). RAND Corporation, Santa Monica, CA.
16. **Lara-Cinisomo, S.** & Pebley, A. R. (2002). *Los Angeles County Young Children's Literacy Experiences, Emotional Well-Being and Skills Acquisition Results from the Los Angeles Family and Neighborhood Survey* (DRU-3041-LAFANS). RAND Corporation, Santa Monica, CA.
<https://www.rand.org/pubs/drafts/DRU3041.html>

PRESENTATIONS

Note: * denotes peer review, + denotes invited lecture or special prestige/recognition, # includes a student among the authors

1. +**Lara-Cinisomo, S.** (June 2022). *Investigar con grupos focales (Conducting research using focus groups)*. Doctoral student programs. Universidad de Zaragoza, Zaragoza, España.
2. +**Lara-Cinisomo, S.** (October 2022). *Factores contextuales de la depresión perinatal entre las latinas en los EE.UU.: inmigración, salud física y exposición al trauma (Contextual Factors of Perinatal Depression Among Latinas in the U.S.: Immigration, Physical Health, and Trauma Exposure)*. Universidad del Desarrollo, Santiago, Chile
3. *#**Lara-Cinisomo, S.**, Melesse, B., & Fujimoto, E. (November 2022). *Associations between perinatal depressive and anxiety symptoms and labor-related factors*. Paper presented at the International Association of Women's Mental Health. Maastricht, Netherlands.
4. *#Mendy, M.E., D'Anna-Hernandez, K., Non, A.L., Ahumada, P., Patel, A., Marquez, J., & **Lara-Cinisomo, S.** (August 2022). *Mental Health Repercussions of the COVID-19 Pandemic among Women of Mexican Descent*. Poster presented at American Psychological Association (virtual).
5. *#Goyal, D., Rabemananjara, K.M., Huynh-Nhu, Le., N., & **Lara-Cinisomo, S.** (October 2022). *Healthcare Workers' Perspectives on Perinatal Depression and Maternal Mental Health Service Needs in Rural Kenya*. Poster presented at the International Marce Society for Perinatal Mental Health (virtual).

6. *#Phansikar, M., Gothe, N., Hernandez, R., **Lara-Cinisomo, S.**, & Mullen, S. P. (November 2022). *Efficacy of a remote yoga intervention on improving positive psychological well-being*. Paper presented at the ISCR Inaugural Annual Conference.
7. ***Lara-Cinisomo, S.**, Roloff, K., Flores-Carter, K., Tabb, K.M., & Loret de Mola, R. (November 2021). Prenatal depressive symptoms and self-efficacy in prenatal women diagnosed with diabetes: Telling a different story for Latina women. Paper presentation at the Marcé of North American Biennial Meeting (Virtual).
8. *D'Anna-Hernandez, K., **Lara-Cinisomo, S.**, & Non, A. (November 2021). Changes in mental health and socioeconomic stress burden during the COVID-19 pandemic on mothers of Mexican descent. Paper presentation at the Marcé of North American Biennial Meeting (Virtual).
9. Non, A.L., Clausing, E.S., **Lara-Cinisomo, S.**, & D'Anna-Hernandez, K. (October 2021). COVID-19 related risk and resilience associated with mental health in Mexican American mothers. Poster presented at the annual Interdisciplinary Association for Population Health Sciences (Virtual).
10. *#Singleton, C., Fabusoro, O., Teran-Garcia, M., & **Lara-Cinisomo, S.** (October 2021). Basic needs insecurity during the COVID-19 pandemic among Black and Latino adults in Illinois. Paper presentation at the American Public Health Association (Virtual).
11. *#Fabusoro, O., Singleton, C., Teran-Garcia, M., & **Lara-Cinisomo, S.** (August 2021). Predictors of Food and Water Stockpiling During the COVID-19 Pandemic. Poster presentation at the Society for Nutrition Education and Behavior (Virtual).
12. *#Singleton, C., Fabusoro, O., Teran-Garcia, M., & **Lara-Cinisomo, S.** (August 2021). Change in Employment Status due to the COVID-19 pandemic, SNAP participation, and food security status. Paper presentation at the Society for Nutrition Education and Behavior (Virtual).
13. *#**Lara-Cinisomo, S.**, Melesse, B., Mudar, R., Ahumada, P., & Fujimoto, E. & Rogers, W. (August 2021). Understanding the support needs of aging caregivers of veterans with traumatic brain injury. Poster presentation at the American Psychological Association National Convention (Virtual).
14. *#**Lara-Cinisomo, S.**, Melesse, B., & Mendy, M. (August 2021). COVID-19 concerns and mental health among African American and Latina women in a Midwestern state. Poster presentation at the American Psychological Association National Convention (Virtual).
15. +**Lara-Cinisomo, S.** (July 2021). *Modelo conceptual de depresión posparto en Latinas inmigrantes*. Presentation at the Avances en Salud Mental reproductiva y perinatal in the Department of Psychology and Sociology at the University of Zaragoza, Spain.
16. Non, A.L., Clausing, E.S., **Lara-Cinisomo, S.**, & D'Anna-Hernandez, K. (April 2021). Socioeconomic and stress-related impact of COVID-19 on mothers of Mexican descent in Southern California. American Association of Physical Anthropologists annual meeting (Virtual).
17. *#**Lara-Cinisomo, S.**, Duran, V. & Fujimoto, E.M. (October 2020). A systematic review of risk factors, oxytocin, cortisol and perinatal depression. Paper presented at the International Marcé Society for Perinatal Mental Health. Iowa City, Iowa.
18. *#Melesse, B., Fujimoto, E.M., Pedersen, C., & **Lara-Cinisomo, S.** (October 2020). Associations between labor pain, control and management, and depressive and anxiety symptoms in a sample of Latina mothers. Poster presented at the International Marcé Society for Perinatal Mental Health. Iowa City, Iowa.

19. **+Lara-Cinisomo, S.** (May 2020). A Culturally and Emotionally Responsive Community: Focusing on Mental Health, Work Life Balance, and Thoughtful Leadership. University of Illinois Senior Leadership Retreat, Champaign, IL.
20. **+Lara-Cinisomo, S.** (November 2019). Mindfulness-based intervention for caregivers of veterans: Why it is time we serve them. Invited presentation at the Making the Invisible Visible: A Dialogue on Veteran Traumatic Brain Injury. University of Illinois at Urbana-Champaign, Urbana, IL.
21. ***#Ramirez, A., Rosales, M., Barrera, A., & Lara-Cinisomo, S.** (October 2019). Exploring modes of technology used in preventing and treating perinatal depression and anxiety in Latina and African-American women. Paper presented at the Marcé of North America, 4th Biennial Conference on Perinatal Mental Health, Chapel Hill, NC.
22. ***#Lara-Cinisomo, S., Akinbode, T., Larsen, R., Sutton, B., & Schwarb, H.** (October 2019). Assessing pain perception in women with and without postpartum depression using fMRI: A feasibility study in progress. Paper presented at the Marcé of North America, 4th Biennial Conference on Perinatal Mental Health, Chapel Hill, NC.
23. ***#Juarez Padilla, J., Lara, M.A., Navarrete, L., & Lara-Cinisomo, S.** (October 2019). Perinatal Anxiety Symptoms in Mexican Women: Prevalence and Risk Factors. Paper presented at the Marcé of North America, 4th Biennial Conference on Perinatal Mental Health, Chapel Hill, NC.
24. **+Lara-Cinisomo, S.** (October 2019). Women's mental health: perinatal and military-affiliated populations. Invited talk at Northwestern Feinberg School of Medicine, Asher Center for the Study and Treatment of Depressive Disorders, Chicago, IL.
25. ***#Juarez Padilla, J., Lara, M.A., Navarrete, L., & Lara-Cinisomo, S.** (August 2019). Perinatal Anxiety Symptoms in Mexican Women: Prevalence and Risk Factors. Poster presented at the American Psychological Association, Chicago, IL.
26. **+Lara-Cinisomo, S.** (May 2019). Bienestar emocional: Vital para la salud perinatal (Emotional wellbeing in the perinatal period). Invited keynote address at the Optimizando: Bienestar emocional en la etapa perinatal (Optimizing emotional wellbeing during the perinatal period). San Juan, Puerto Rico.
27. **+Lara-Cinisomo, S.** (April 2019). Breastfeeding, maternal mood, and oxytocin: Important pillars of infant nutrition and development. Invited presentation at the College of Agricultural, Consumer and Environmental Sciences Division of Nutrition Sciences, Urbana, IL.
28. ***#Lara-Cinisomo, S., Santens, R., & Fujimoto, E.** (March 2019). Mindfulness-based intervention for female caregivers of veterans: A randomized controlled trial. Paper presented at the International Association for Women's Mental Health 8th Congress, Paris, France.
29. ***Lara-Cinisomo, S.** (March 2019). Latina perinatal depression and oxytocin: What we know and what is needed. Paper presented at the International Association for Women's Mental Health 8th Congress, Paris, France.
30. ***#Lara-Cinisomo, S., Wood, J., & Fujimoto, E.** (March 2019). Assessing the role of acculturation, Marianismo, and religiosity on Latina perinatal depression: A systematic review. Paper presented at the International Association for Women's Mental Health 8th Congress, Paris, France.

31. *#**Lara-Cinisomo, S.**, Akinbode, T., Larsen, R., Sutton, B., & Schwarb, H. (March 2019). The feasibility of assessing pain perception in women with and without postpartum depression using fMRI. Poster presented at the International Association for Women's Mental Health 8th Congress, Paris, France.
32. *#**Lara-Cinisomo, S.**, Akinbode, T., & Wood, J. (March 2019). A systematic review of somatic symptoms: Do race or ethnicity matter? Poster presented at the International Association for Women's Mental Health 8th Congress, Paris, France.
33. *#**Lara-Cinisomo, S.**, Santens, R., & Fujimoto, E. (November 2018). A mindfulness-based intervention for caregivers of veterans. Poster presented at the American Public Health Association, San Diego, CA.
34. *#Fujimoto, E., Santens, R., & **Lara-Cinisomo, S.** (November 2018). If we offer it, will they come? Assessing feasibility and acceptability of a mindfulness intervention for caregivers of veterans. Poster presented at the American Public Health Association, San Diego, CA.
35. *#Palencia, L., Loret de Mola, J.R., Roloff, K., Wilson, T., Diaz-Sylvester, P., Groesch, K., Delfino, K., Ghareeb, A., Rosas, L., Juarez Padilla, J., & **Lara-Cinisomo, S.** (November 2018). Examining the relationship between differing institution-based prenatal diabetes treatment algorithms, glucose management and perceived patient self-efficacy. Poster presented at the Central Association of Obstetricians and Gynecologists, Minneapolis, Minnesota.
36. *#Juarez Padilla, J., Lara, M.A., Navarrete, L., & **Lara-Cinisomo, S.** (October 2018). Síntomas de ansiedad perinatal en mujeres mexicanas: prevalencia y factores de riesgo. Poster presented at the XXXIII Reunión Anual de Investigación, El Instituto Nacional de Psiquiatría Ramón de la Fuente Muñiz., Distrito Federal, México.
37. #Akinbode, T. & **Lara-Cinisomo, S.** (August 2018). The Postpartum depression and maternal pain perception: Infant context in the first 1000 days. Poster presentation at the First 1,000 Days Symposium, University of Illinois at Urbana-Champaign, Champaign, IL.
38. +**Lara-Cinisomo, S.** (June 2018). Latinas and perinatal depression research: recruitment, retention, and results. Invited presentation at the Approaches to Detect and Treat Perinatal Depression Workshop, Identifying Depression Through Early Awareness (IDEA) Women's Health Coalition, Champaign, IL.
39. +**Lara-Cinisomo, S.** (May 2018). Development and results from the Migration Experiences Survey for perinatal Latinas. Invited presentation at the Marcé Society of Spain. Barcelona, Spain.
40. **Lara-Cinisomo, S.** (March 2018). Results from the Study of Exposure to Stress, Perinatal Mood, Adverse Life Events, and Hormone Function in Latinas (SEPAH Latina): An Examination of Adverse Childhood Experiences. Presentation at the Adverse Childhood Experiences. University of Illinois at Urbana, Champaign, Champaign, IL.
41. *#**Lara-Cinisomo, S.**, Wood, J., & Fujimoto, E. (October 2017). Culture, religion, and Marianismo: Culturally relevant factors related to perinatal depression in Latinas. Paper presentation at the Biennial Perinatal Mental Health Conference, Chicago, IL.
42. *#**Lara-Cinisomo, S.**, Wood, J. & Fujimoto, E. (October 2017). Fear of deportation: Implications for Latina perinatal mental health. Paper presentation at the Biennial Perinatal Mental Health Conference, Chicago, IL.
43. ***Lara-Cinisomo, S.**, Taylor, B., & Medina, A. (April 2017). Freedom School Summer Reading Program Benefits Most At-Risk Children: Results from a Multiyear Evaluation Study. Paper presentation at the American Reading Forum Conference, Sanibel Island, FL.

44. **+Lara-Cinisomo, S.** (April 2017). Results from the study of exposure to stress, postpartum mood, adverse life events, and hormonal function among Latinas. Invited presentation at the Southern Illinois University Medical School, Springfield, IL.
45. **+Lara-Cinisomo, S.** (October 2016). Postpartum depression in Latinas: culture and faith. Invited keynote address at the Inland Empire Perinatal Mental Health Collaborative, Colton, CA.
46. **+Lara-Cinisomo, S.** (October 2016). Study of Exposure to stress, postpartum mood, adverse life events, and hormonal function among Latinas. Invited presentation at the Columbia University Medical Center, New York, NY.
47. ***Lara-Cinisomo, S., Di Florio, A., & Meltzer-Brody, S.** (September 2016). Examining the association between trauma, postpartum depression, and hormone function in a birth cohort of Latinas. Paper presentation at the International Marcé Society, Melbourne, Australia.
48. ***Lara-Cinisomo, S., Grewen, K., Girdler, S., Wood, J., & Meltzer-Brody, S.** (September 2016). Pain sensitivity and HPA axis function in a birth cohort of depressed and healthy Latinas. Paper presentation at the International Marcé Society, Melbourne, Australia.
49. **#Weston, A., Massey, D., & Lara-Cinisomo, S.** (April 2016). Breastfeeding Pain and How to Prepare: Examining Educational Materials Available to Mothers in the Champaign-Urbana Area. Poster presentation at the Public Engagement Forum, University of Illinois at Urbana-Champaign, Champaign, IL.
50. **+Lara-Cinisomo, S.** (March 2016). Pain and HPA axis response to the cold pressor test in depressed and nondepressed postpartum Latinas. Invited presentation at the National Institute of Health T32 Fellows Seminar Series, University of North Carolina at Chapel Hill, Chapel Hill, NC.
51. **#Swinford, C., Hardt, H., Massey, D., & Lara-Cinisomo, S.** (April 2016). Exploring the association between gestational diabetes mellitus, health self-ratings, and prenatal depression in Latinas. Poster presentation at the Public Engagement Forum, University of Illinois at Urbana-Champaign, Champaign, IL.
52. ***Lara-Cinisomo, S., Grewen, K., McKenney, K., Di Florio, A., & Meltzer-Brody, S.** (November 2015). PPD, breastfeeding and oxytocin levels in Latinas: Exploring shared neuroendocrine mechanisms. Paper presentation at the Biennial Perinatal Mental Health Meeting, Chicago, IL.
53. ***Kimmel, M.C., Lara-Cinisomo, S., Melvin, K., Di Florio, A., & Meltzer-Brody, S.** (November 2015). Treatment of severe perinatal psychotic mood disorders on specialized perinatal psychiatry inpatient unit. Paper presentation at the Biennial Perinatal Mental Health Meeting, Chicago, IL.
54. **+Lara-Cinisomo, S.** (November 2014). The effects of deployment and military children and caregivers. Invited keynote address at the ProBono Counseling Project Summit. Baltimore, MD.
55. ***Lara-Cinisomo, S.** (September 2014). Cultural and Contextual Predictors of PPD and stress reactivity in immigrant Latina mothers in the U.S. Paper presentation at the International Marcé Society for Perinatal Mental Health, Swansea, Wales.
56. ***Lara-Cinisomo, S.** (June 2014). Study of exposure to stress, postpartum mood, adverse life events, and hormonal function among Latinas. Paper presentation at the Postpartum Support International Conference, Chapel Hill, NC.
57. ***Lara-Cinisomo, S.** (November 2013). Perinatal mental health in Latinas. Paper presentation at the Perinatal Mental Health Meeting, Chicago, IL.

58. **+Lara-Cinisomo, S.** (February 2013). Coping strategies and mental health treatment preferences among perinatal Latinas. Invited presentation at the “Y Ahora Qué? 2013- Latino Behavioral Health Conference. Chapel Hill, NC.
59. ***Lara-Cinisomo, S.** (June 2012). Social Support Training & Latina Moms’ Workshop. Paper presented at Postpartum Support International Perinatal Mood and Anxiety Disorders Training, Las Vegas, NV.
60. **+Lara-Cinisomo, S.** (March 2011). Preparing Teachers for Research with Children of Poverty. Invited presentation at Francis Marion University, Florence, SC.
61. ***Lara-Cinisomo, S., Wisner, K., Burns, R., & Gnecco-Chaves, D.** (October 2010). Hispanic women's view of antenatal depression. Paper presented at the Marcé Society, Pittsburgh, PA.
62. ***Lara-Cinisomo, S., Chandra, A., Burns, R., Jaycox, L., Tanielian, T, Ruder, T., & Han, B.** (June 2010). Deployment-related experiences of military home caregivers. Poster presented at the AcademyHealth National Conference, Boston, MA.
63. ***Lara-Cinisomo, S., Wisner, K., Burns, R., & Chaves-Gnecco, D.** (June 2010). Understanding Postpartum Depression Treatment Preferences among Hispanic Mothers. Poster presented at the AcademyHealth National Conference, Boston, MA.
64. **+Lara-Cinisomo, S.** (June 2010). Invited presentation to address barriers to engagement. Paper presented at the Pittsburgh Training Program for Perinatal Depression Screening, Pittsburgh, PA.
65. **+Lara-Cinisomo, S.** (March 2010). Where children learn. Invited presentation at the Annual Child and Family Development Conference, Charlotte, NC.
66. ***Lara-Cinisomo, S., Karoly, L., Fuligni, A., & Howes, C.** (June 2008). Examining revenue and expenditures across three child care program types in Los Angeles. Poster presented at the National Head Start Conference, Washington, DC.
67. ***Fuligni, A., Howes, C., Lara-Cinisomo, S., & Karoly, L.** (June 2008). School readiness of English-speaking and English-learning children: Links with experiences in early learning settings. Poster presented at the Head Start Research Consortium, Washington, DC.
68. ***Lara-Cinisomo, S., Fuligni, A., Karoly, L., & Ritchie, S.** (March 2007). Getting ready for school: A qualitative and quantitative exploration of early childhood educators’ belief systems. Poster presented at the Society for Research on Child Development, Boston, MA.
69. ***Fuligni, A., Howes, C, Ritchie, S., Lara-Cinisomo, S., & Karoly, L.** (March 2007). Learning experiences in preschool programs for low-income three-year-old children: How do instructional activities promote early school readiness? Poster presented at the Society for Research on Child Development, Boston, MA.
70. ***Lara-Cinisomo, S. & Griffin, B.A.** (June 2006). Major depression among mothers: Disparities in diagnoses and treatment. Paper presented at the AcademyHealth Annual Conference, Seattle, WA.
71. **+Lara-Cinisomo, S. & Karoly, L.** (January 2006). Finances and child care practices: A look at family-based providers. Paper presented at the RAND-UCLA Forum, Santa Monica, CA.
72. ***Lara-Cinisomo, S., Xue, Y., & Brooks-Gunn, J.** (March 2006). Children of immigrants: Examining the effects of neighborhoods. Poster presented at the Society for Research on Adolescence. San Francisco, CA.

73. *Lara-Cinisomo, S. & Haviland, A. (April 2005). Children of immigrant parents and internalizing behaviors: Do neighborhoods matter. Poster presented at the Society for Research on Child Development. Atlanta, GA.
74. *Lara-Cinisomo, S. & Griffin, B.A. (April 2004). Race and ethnic disparities in depression among mothers in Los Angeles: Individual, family, and neighborhood Effects. Poster presented at the Population Association of America, Boston, MA.
75. +Lara, S. (March 2001). Immigrant mental health: Strategies for adjustment. Invited presentation in Puebla, Mexico.
76. *Lara, S. & Smith, R. (August 1999). Gendered task, concrete talk, and school outcomes. Paper presented at the American Sociological Association, Chicago, IL.
77. *Lara, S., McCabe, L., Hernandez, M., & Brooks-Gunn, J. (June 1999). Waiting, hitting, and listening: Head Start teachers' and parents' perspectives on preschoolers' problematic behavior. Poster presented at the Qualitative Research Conference, New York, NY.

TRANSLATION OF RESEARCH FOR PUBLIC AUDIENCES AND MEDIA COVERAGE

1. Illinois News Bureau (February 27, 2023). "Study examines COVID-19 pandemic's effect on Black, Latina women's mental health" by Sharita Forrest. <https://news.illinois.edu/view/6367/592132318>
2. NPR Illinois Public Radio interview (March 9, 2023). Research findings on mental health among older African American and Latina women during early months of COVID-19
3. WTAX News (March 12, 2023). "Link: Covid, mental health problems in women of color" by Dave Dahl. <https://wtax.com/news/101101-link-covid-mental-problems-in-women-of-color/>.
4. NPR Illinois Public Radio interview (March 20, 2023). Research findings on mental health among African American and Latina women during early months of COVID-19.
5. NPR Illinois Public Newsroom (March 22, 2023). "U of I study finds age protects against mental health symptoms among older women of color" by Luis Velazquez. <https://illinoisnewsroom.org/u-of-i-study-finds-age-protects-against-mental-health-symptoms-among-older-women-of-color/>.
6. WTAX News Radio 93.9 fm/1240 am_Radio interview (March 23, 2022). Research findings from study on the effects of COVID-10 on mental health of African American and Latina women in a midwestern state.
7. KIQI 1010 am Spanish language Radio interview (March 30, 2023). Postpartum depression among Latinas. <https://lesa.kch.illinois.edu/dr-lara-cinisomos-spanish-language-interview-on-kiqi-1010-radio/>
8. D'Allesio, J. (May 23, 2020). UI honors top teachers with Campus Awards for Excellence, Part 2. News Gazette, Champaign, IL, Retrieved from https://www.news-gazette.com/news/local/university-illinois/ui-honors-top-teachers-with-campus-awards-for-excellence-part-2/article_bbd234e2-37a4-55dd-b7b5-1aa31e593318.html
9. Professor gives advice for Election Day stress | WCIA.com, Nov. 4, 2020. Retrieved from <https://www.wcia.com/local/professor-gives-advice-for-election-day-stress/>
10. D'Allesio, J. (January 8, 2021). Illini Insider-75 faculty, alums, and students making news on and off campus. Retrieved on April 16, 2021 <https://www.news-gazette.com/news/75-faculty-alums-and-students-making->

news-on-and-off-campus/article_7839110d-ac4e-55e5-8865-823c3250b32f.html#utm_campaign=blox&utm_source=twitter&utm_medium=social

11. Moving Forward Magazine (2020). Caring for Caregivers. College of Applied Health Sciences, University of Illinois at Urbana-Champaign.
12. Daily Illini (September 23, 2019). Latinx communities experience additional stressors. Retrieved from <https://dailyillini.com/news/2019/09/23/latinx-communities-experience-additional-stressors/>
13. MONA Treasurer Sandraluz Lara-Cinisomo Interviewed about her Deportation Fears and Anxiety (September 1, 2019). Marcé of North American national organization monthly newsletter over 400 members/readers.
14. WGN 720 AM Radio (August 27, 2019). The mental strain that comes with immigration. Retrieved from <https://wgnradio.com/2019/08/27/the-mental-strain-that-comes-with-immigration/>
15. Interdisciplinary Health Sciences Institute (IHSI) Health Disparities Newsletter (August 20, 2019). Pilot study: exploring migration experiences and perinatal depressive and anxiety symptoms in immigrant Latinas. Retrieved from <https://emails.illinois.edu/newsletter/231869.html>
16. WCIA Television (July 17, 2019) coverage of new study on deportation fears and anxiety in prenatal Latinas. Retrieved from <https://www.wcia.com/news/anxiety-pregnancy-and-deportation-how-theyre-connected/> and <http://kch.illinois.edu/content/migration-and-deportation-fears-put-latinas-greater-risk-anxiety-illinois-study-shows>.
17. Illinois Innovations (May 29, 2019). Compared with general caregivers, those caring for veterans have higher levels of distress, poorer health, and increased caregiver burden. The Office of Technology Management Tweet, University of Illinois at Urbana-Champaign.
18. WILL (LOCAL NPR) 21ST show - radio interview (May 23, 2019) regarding mindfulness study. Retrieved from <https://m.soundcloud.com/21st-show/veteran-caregiver-mindfulness>
19. Cleveland clinic wellness (May 20, 2019). For caretaking stress, try mindfulness. Retrieved from <http://www.clevelandclinicwellness.com/emails/dailytip/pages/dailytip.aspx?td=05/20/2019>
20. Mindfulness study findings featured in IHSI Illinois Health Sciences Research Highlights (May 6, 2019). Mindfulness and Caregivers of Veterans. Retrieved from <http://healthinstitute.illinois.edu/get-updates>
21. Podcast on Mindfulness study with Ted Meissner from Present Moment Mindfulness Practice and Science (May 2019, Episode 135). Retrieved from <https://presentmomentmindfulness.com/2019/05/19/episode-135-sandraluz-lara-cinisomo-mindfulness-and-caregivers-of-veterans/>
22. Emily Braun (May 2, 2019). WCIA News-CBS affiliate television interview regarding mindfulness study findings and caregivers of veterans.
23. Forrest, S. (April 29, 2019). Mindfulness may help decrease stress in caregivers of veterans. Illinois News Bureau. Retrieved from <https://emails.illinois.edu/newsletter/220442.html>
24. Science Daily (April 29, 2019). Mindfulness may help decrease stress in caregivers of veterans. Retrieved from <https://www.sciencedaily.com/releases/2019/04/190429154532.htm>
25. Wicoff, M. (April 16, 2019). Study helps vets' caregivers handle stress. Commercial News Retrieved from https://www.commercial-news.com/news/local_news/study-helps-vets-caregivers-handlestress/article_3ed836f2-b121-5d3b-a9fc-057db2e8d62b.html

26. Mindfulness study findings featured in IHSI Clinical and Translational Neuroscience News (April 2019). Retrieved from <https://emails.illinois.edu/newsletter/220461.html>
27. Moving Forward Magazine (2018). Research Brief: Increasing Diagnosis and Treatment of Perinatal Depression in Latinas and African American Women: Addressing Stigma Is Not Enough. College of Applied Health Sciences, University of Illinois at Urbana-Champaign. Retrieved from https://www.ahs.illinois.edu/themes/ahs/pdf/AHS_ANNUAL_2018-2019_13.pdf
28. Interdisciplinary Health Sciences Institute Maternal & Child Health (October 16, 2018). Researcher Spotlight: Sandraluz Lara-Cinisomo. Retrieved from https://blogs.illinois.edu/view/8128/706373Fall_2018
29. GW Public Health (April 10, 2018). Commentary calls for better diagnosis and treatment of perinatal depression in Latinas and African American women. George Washington University Public Health, Retrieved from <https://publichealth.gwu.edu/project/WHI-perinatal-depression>.
30. Demko, S. (April 9, 2018). Policymakers urged to improve perinatal depression treatment for minorities. *Helio Psychiatric Annals*. Retrieved from <https://www.healio.com/psychiatry/depression/news/online/%7B1c203889-fa24-4d2c-a2cc-4745e691d6fc%7D/policymakers-urged-to-improve-perinatal-depression-treatment-for-minorities>
31. Forrest, S. (March 30, 2018). Federal officials urged to increase perinatal depression treatment in minority women. Illinois News Bureau. Retrieved from <https://news.illinois.edu/view/6367/633210>.
32. Karras, T. (May 30, 2016). Perinatal Mood and Anxiety Disorders in Latina Moms. Retrieved from <https://www.seleni.org/advice-support/article/perinatal-mood-and-anxiety-disorders-in-latina-moms>
33. Wicoff, M. (May 14, 2016). Caregivers for veterans sought for study. Commercial News. Retrieved from http://www.commercial-news.com/news/local_news/caregivers-for-veterans-sought-for-study/article_62af1b43-3349-5941-8d67-c039513334cd.html
34. Fischer, K. (June 1, 2016). Military Caregivers are Unsung Heroes. Lifezette.com Retrieved from <https://www.lifezette.com/healthzette/military-caregivers-unsung-heroes/>

GRANTS AND CONTRACTS

GRANT PROPOSALS UNDER REVIEW

1. Taylor, B.R. (Principal Investigator) & **Lara-Cinisomo, S.** (Co-Principal Investigator). *Freedom School Partners Children's Defense Fund Freedom Schools® Program Evaluation*. Freedom School Partners. \$63,652, 6/1/2023-10/31/2023.

GRANT PROPOSALS IN REVISION

1. **Lara-Cinisomo, S.** (Principal Investigator). *Optimizing mindfulness to reduce post-cesarean pain and prevent postpartum depression*. National Institute on Mental Health, R34, \$746,347.00.
2. **Lara-Cinisomo, S.** (Principal Investigator). *Assessing the Effects of COVID-19 on Latina Perinatal Mental*. National Institute on Child Health and Human Development, R03, \$158,600.00.

3. Nakamura, M. (Principal Investigator), Nickols, S.M. & **Lara-Cinisomo, S.** (Co-Principal Investigators). *Dietary, behavioral, and community-based approaches to chronic disease prevention and health promotion in underserved populations*. US Department of Agriculture. \$238,500

FUNDED

1. Tandon, D. & Platt, R.E. (Principal Investigators). *Preventing postpartum depression among immigrant Latinas through a virtual group intervention*. National Institute on Minority Health & Health Disparities. \$4,075,332, 7/1/2022-6/30/2027. (**Lara-Cinisomo, S.** Investigator and subaward PI)
2. Taylor, B.R. (Principal Investigator) & **Lara-Cinisomo, S.** (Co-Principal Investigator). *Freedom School Partners Children's Defense Fund Freedom Schools® Program Evaluation*. Freedom School Partners. \$58,000, 5/15/22-9/30/22.
3. **Lara-Cinisomo, S.** (Principal Investigator). *COVID-19: Assessing Depressive and Anxiety symptoms in Mexican-American and Mexican Immigrant mothers: Latina Mental Health Policy Review*. Center for Behavioral and Social Sciences, 1/1/2023-12/31/2023, \$20,000
4. Taylor, B.R. & **Lara-Cinisomo, S.** (Principal Investigators). *Freedom School Partners Children's Defense Fund Freedom Schools® Program Evaluation*. Freedom School Partners. \$47,999, 5/15/21-9/30/21.
5. **Lara-Cinisomo, S.** (Principal Investigator), Saban, K., & Mudar, R. (Co-Investigators). *Development of a virtual mindfulness-based intervention for caregivers of veterans with neurocognitive disorders and/or post-traumatic stress disorder (VetCareMind)*. Center for Behavioral and Social Sciences, 1/25/21-1/31/23, \$20,000
6. **Lara-Cinisomo, S.** (Principal Investigator), D'Anna-Hernandez, K., & Non, A. (Co-Investigators). *COVID-19: Assessing Depressive and Anxiety symptoms in Mexican-American and Mexican Immigrant mothers (CADA MAMI)*. Center for Behavioral and Social Sciences, 11/19/20-10/31/22, \$20,000
7. **Lara-Cinisomo, S.** (Principal Investigator), Mudar, R. (Co-Principal Investigator), & Rogers, W. (Consultant). *Identifying Changing Responsibilities and Support Needs of Aging Caregivers of Veterans with Traumatic Brain Injury*. Chez Veterans Center, 6/15/20-6/14/21, \$15,000
8. Fabusoro, O., **Lara-Cinisomo, S.** (Principal Investigators), & Teran-Garcia, M. (Investigator). *COVID-19 Pandemic and Self-Care Management of Diabetes among Ethnic Minorities Women*. Margin of Excellence, Division of Nutritional Sciences, 3/8/21-6/30/22, \$2,000
9. Clancy, K. (Principal Investigator). **Lara-Cinisomo, S.**, & Shackelford, L. (Co-Principal Investigators). *Life history & hormones: Mechanisms linking childhood experiences to women's health*. Social and Behavioral Sciences Research Initiative Small Grant Program, University of Illinois at Urbana-Champaign, 8/1/2018-8/1/2019, \$20,000
10. Guevara, J. & Boyd, R. (Principal Investigators). *Social media-based parenting program for women with postpartum depressive symptoms*. National Institute of Mental Health, R61, 6/1/2019-12/31/2021, \$630,895, (**Lara-Cinisomo, S.** Consultant)
11. Taylor, D. B. (Principal Investigator). *Freedom School Partners' Freedom School reading program evaluation and evaluation measures development*. Freedom School Partners, Inc., Charlotte, North Carolina, 6/1/2019-9/31/2019, \$50,207 (**Lara-Cinisomo, S.** Consultant)
12. **Lara-Cinisomo, S.** (Recipient). *8th IAWMH World Congress on Women's Mental Health*. Illinois International Programs (IIP) International Conference Travel Grant, University of Illinois at Urbana-Champaign, 3/1/2019, \$1500

13. **Lara-Cinisomo, S.** (Recipient). *7th Annual Faculty Women of Color in the Academy Conference*. Office of the Provost, University of Illinois at Urbana-Champaign, 4/10/2019, \$700
14. Taylor, D. B. (Principal Investigator). *Freedom School Partners' Freedom School reading program evaluation and evaluation measures development*. Freedom School Partners, Inc., Charlotte, North Carolina, 6/1/2018-9/31/2018, \$48,472 (**Lara-Cinisomo, S.** Consultant).
15. **Lara-Cinisomo, S.** (Principal Investigator), Loret de Mola, R., Roloff, K., Dong, F., Carter, K., & Tabb-Dina, K. (Co-Principal Investigators). *Diabetes, prenatal depression and self-rated health: Exploring the mediating role of self-efficacy*. Center for Health, Aging, and Disability, 8/1/2017-6/30/2019, \$30,000
16. Taylor, D. B. (Principal Investigator). *Freedom School Partners' Freedom School reading program evaluation and evaluation measures development*. Freedom School Partners, Inc., Charlotte, North Carolina, 6/1/2017-12/31/2017, \$46,140 (**Lara-Cinisomo, S.** Consultant)
17. **Lara-Cinisomo, S.** (Principal Investigator). *Pain and Emotion Processing in Postpartum Depression*. Campus Research Board, Office of the Vice Chancellor for Research, University of Illinois at Urbana-Champaign, 10/6/2016-4/30/2019, \$23,539
18. Taylor, D. B. (Principal Investigator), *Freedom School Partners' Freedom School reading program evaluation and evaluation measures development*. Freedom School Partners, Inc., Charlotte, North Carolina, 6/1/2016-12/31/2016, \$57,800 (**Lara-Cinisomo, S.** Consultant)
19. **Lara-Cinisomo, S.** (Principal Investigator) and Dolcos, S. (Co-Principal Investigator). *Assessing Pain and Emotion Processing in Postpartum Depression*. Beckman Seed funding for Social and Emotional dimensions of Well-being, University of Illinois at Urbana-Champaign, 7/1/2017-6/30/2018, \$7,500
20. **Lara-Cinisomo, S.** (Principal Investigator). *Mindfulness Training for Wounded Veteran Caregivers*. Chez Family Foundation Center for Wounded Veterans in Higher Education, University of Illinois at Urbana-Champaign, 1/1/2016-1/30/2017, \$30,000
21. Taylor, D. B. (Principal Investigator). *Freedom School Partners' Freedom School reading program evaluation: Evaluation of the Freedom School's impact on students' reading*. Freedom School Partners, Inc., Charlotte, North Carolina, 6/1/2015-12/31/2015, \$38,010 (**Lara-Cinisomo, S.** Consultant)
22. **Lara-Cinisomo, S.** (Principal Investigator), Meltzer-Brody, S., & Grewen, K. (Co-Investigators). *Assessing the association between stressful life events, hormonal dysregulation, and postpartum depression among lactating Latina mothers: A pilot study*. Foundation of Hope for Research and Treatment of Mental Illness, 6/1/2013-5/31/15, \$39,996
23. Taylor, D. B. (Principal Investigator). *Freedom School Partners' Freedom School reading program evaluation: Evaluation of the Freedom School's impact on students' reading*. Freedom School Partners, Inc., Charlotte, North Carolina, 6/1/2013-12/31/2013, \$36,500 (**Lara-Cinisomo, S.** Consultant)
24. **Lara-Cinisomo, S.** (Principal Investigator), Meltzer-Brody, S., & Grewen, K. (Co-Principal Investigators). *A laboratory-based pilot study of postpartum depressed and non-depressed Spanish-speaking Latinas*. The North Carolina Translational and Clinical Sciences Institute, 5/1/12-5/1/14, \$2,000
25. Taylor, D. B. (Principal Investigator) & **Lara-Cinisomo, S.** (Co-Principal Investigator). *Freedom School Partners' Freedom School reading program evaluation: Evaluation of the Freedom School's impact on students' reading*. Freedom School Partners, Inc., Charlotte, North Carolina, 6/1/2012-12/31/2012, \$36,800

26. Taylor, D. B. (Principal Investigator) & **Lara-Cinisomo, S.** (Co-Principal Investigator). *Freedom School Partners' Freedom School reading program evaluation: Evaluation of the Freedom School's impact on students' reading*. Freedom School Partners, Inc., Charlotte, North Carolina, 6/1/2011-12/31/2011, \$18,000
27. Chandra, A. (Principal Investigator) & **Lara-Cinisomo, S.** (Co-Principal Investigator). *An Assessment of Operation Purple Camp: Evaluating Effects Associated with Camp Participation*. National Military Family Association, 4/1/11-4/31/12, \$92,794
28. **Lara-Cinisomo, S.** (Principal Investigator). *Employment Trajectories and Mental Health of Military Caregivers*. Faculty Research Grant, University of North Carolina at Charlotte, 6/1/11-6/1/12, \$4,000
29. Chandra, A. (Principal Investigator) & **Lara-Cinisomo, S.** (Co-Principal Investigator). *Understanding the Impact of Deployment on Children and Families*. National Military Family Association, 5/1/08-4/30/11, \$1,601,497
30. Taylor, D. B. (Principal Investigator) & **Lara-Cinisomo, S.** (Co-Principal Investigator). *Freedom School Partners' Freedom School reading program evaluation: Evaluation of the Freedom School's impact on students' reading*. Freedom School Partners, Inc., Charlotte, North Carolina, 6/1/2010-12/31/2010, \$18,000
31. Taylor, D. B. (Principal Investigator) & **Lara-Cinisomo, S.** (Co-Principal Investigator). *Children's Defense Fund Freedom School® reading program evaluation in Bennettsville, South Carolina*. The Children's Defense Fund, Washington, DC, 6/1/2010-12/31/2010, \$20,500
32. **Lara-Cinisomo, S.** (Principal Investigator) & Wisner, K. (Co-Principal Investigator). *Latina Postpartum Depression: Defining Terms and Treatment*. RAND-University of Pittsburgh Health Institute (RUPHI) and Magee-Women's Research Institute and Foundation (MWRIF), 4/1/2008-3/31/2009, \$25,000
33. **Lara-Cinisomo, S.** (Principal Investigator). *The Cost of Meeting Compliance: A Case Study of Challenges, Time Investments, and Dollars Spent*. The Forbes Fund, 4/3/2005-12/1/2005, \$15,000
34. Howes, C., Principal Investigator. **Lara-Cinisomo, S.** (RAND Subaward Principal Investigator). *Where They Learn: A Look at Los Angeles County Early Education Learning Centers*. National Institute of Child Health & Human Development, 9/23/2003-3/31/2009, \$1,038,013
35. Sastry, N. (Principal Investigators) & **Lara-Cinisomo, S.** (Minority Supplement recipient). *Research Supplements for Underrepresented Minorities*. National Institute of Child Health & Human Development, 2/1/2002–1/1/2006, \$446,836

GRADUATE STUDENT FUNDING

1. University of Illinois at Urbana-Champaign, Graduate College Fellowship, Elizabeth Adesanya, incoming doctoral student, \$75,000 (\$25,000 for three years)

NOT FUNDED

1. **Lara-Cinisomo, S.** (Principal Investigator). *Marcé of North America Minorities' Opportunity for Student Advancement Instructional Conference (MONA MOSAIC)*. National Institute on Minority Health and Health Disparities, R13, \$50,000
2. Mudar, R., Rogers, W., (Principal Investigators) & **Lara-Cinisomo, S.** (Investigator). *Web-based Social Engagement Interventions for Family Care Partners of Dementia*. RRF Foundation for Aging, \$135,218
3. Taylor, B. & **Lara-Cinisomo, S.** (Co-Principal Investigators). *Freedom School Program Evaluation*. Freedom School Partners, \$49,621

4. **Lara-Cinisomo, S.** (Principal Investigator). *Stress exposure, perinatal mood, adverse events, and hormonal function in Mexican-American and Mexican immigrant women (SEPAH MAMI)*. National Institute on Minority Health and Health Disparities, R01, \$3,883,972
5. **Lara-Cinisomo, S.** (Principal Investigator). *Identifying Veteran Caregivers' Program Needs and Structure. Chez. Center for Veterans in Higher Education*. Military Service Knowledge Collaborative Seed Funding, \$15,000
6. **Lara-Cinisomo, S.** (Principal Investigator). *Veteran Caregiver Research and Collaboration for Health (VetCareReACH)*. Elizabeth Dole Foundation, \$60,000
7. **Lara-Cinisomo, S.** (Principal Investigator), Saban, K., & Trail, T. (Co-Principal Investigators). *Veteran Caregiver Reducing Stress Time (or VetCareReST) Study*. Aetna Foundation. August 20, 2018-August 19, 2010, \$86,956 direct, \$13,044 indirect
8. Clancy, K. & **Lara-Cinisomo, S.** (Principal Investigators). *Associations between trauma, inflammation, and pain management in endometriosis patient outcomes*, Endometriosis Foundation of America, 5/1/18-6/30/19, \$25,000
9. Clancy, K. & **Lara-Cinisomo, S.** (Principal Investigators). *Trauma, inflammation, pain, and quality of life outcomes among endometriosis patients*. National Institute of Child Health and Human Development (R21), 9/1/17-8/31/19, \$250,000 direct and \$455,643.00 indirect costs. Scored
10. **Lara-Cinisomo, S.** (Principal Investigator) & Dolcos, F. (Principal Investigator). *Neural Correlates of Pain and Emotion Processing in Postpartum Depression*. National Institute of Child Health and Human Development (R21), 7/1/17-6/30/19, \$250,000 direct and \$436,150.00 indirect costs
11. Clancy, K., **Lara-Cinisomo, S.** (Principal Investigators), & Fay, N. (Carle Foundation Hospital Principal Investigator). *Associations between trauma, inflammation, and pain management in endometriosis patient outcomes*. Carle Collaborative Research Seed Fund, 8/16/17-8/15/18, \$50,000
12. **Lara-Cinisomo, S.** (Principal Investigator), Dolcos, F., & Heller, W. (Investigators). *Understanding the Neural correlates of Pain and Emotional Processing in Depressed Mothers*. Brain and Behavior Foundation, 5/15/17-5/15/19, \$68,568 direct costs
13. **Lara-Cinisomo, S.** (Principal Investigator) & Dolcos, F. (Co-Principal Investigator). *Pain and emotional processing in postpartum depression: Brain and behavioral changes associated with mindfulness training*. Edward Mallinckrodt, Jr. Foundation, 10/1/16-10/1/19, \$176,885 direct costs
14. **Lara-Cinisomo, S.** (Principal Investigator), Wiley, A., & Motl, R. (Co-Principal Investigators). *Managing Antenatal Depression to Reduce its Effects (MADRE)*. Christopher Family Foundation Food and Family Program Edward, Family Resiliency Center, 6/1/16-5/31/17, \$50,000 direct costs
15. **Lara-Cinisomo, S.** (Principal Investigator). *Stress Reactivity in Wounded Veteran Female Spouses with or without Depression*. Family Foundation Center for Wounded Veterans in Higher Education. Champaign, IL. 1/30/16-1/30/17, \$15,000 + \$15,000 match direct funds
16. **Lara-Cinisomo, S.** (Principal Investigator). *MADRE - An Intervention Designed with and for Depressed Hispanic Perinatal Women*. National Institute of Mental Health (R34), 7/1/10-6/30/2012, \$450 direct costs
17. **Lara-Cinisomo, S.** (Principal Investigator). *Radio Novela Expansion*. Perinatal Foundation, 11/6/09-10/31/10, \$36,979

18. **Lara-Cinisomo, S.** (Principal Investigator). *Understanding behavioral research: Methods of Empowering Latina Prenatal and Postpartum Women*. National Institute of Mental Health (R03), 7/1/08-6/30/10, \$100,000 direct and \$164, 953 indirect costs. Scored

AWARDS AND HONORS

- 2015-2022 University of Illinois at Urbana-Champaign, Chancellor’s List of Faculty Ranked Excellent
- 2021 Marcé of North America (MONA) Medal for Service
- 2020 University of Illinois at Urbana-Champaign, Online Teaching Academy
- 2020 University of Illinois at Urbana-Champaign, Excellence in Graduate & Professional Teaching
- 2020 College of Applied Health Sciences, Excellence in Graduate & Professional Teaching
- 2019 California State University, Northridge Outstanding Child and Adolescent Development Outstanding Alumni
- 2019 California State University, Northridge Dr. Kelly Legacy Award in Mentoring
- 2018 College of Applied Agricultural, Consumer and Environmental Sciences (ACES) Research Academy, University of Illinois at Urbana-Champaign
- 2017 University of Illinois at Urbana-Champaign, Interdisciplinary Health Sciences Initiative (IHSI) NIH Grant Writing Series
- 2016-2018 Program to Increase Diversity among Individuals Engaged in Health-related Research (PRIDE). National Heart, Lung, and Blood Institute
- 2012-2014 National Institute of Health, Fellowship, MH093315 – “Postdoctoral Training in Reproductive Mood Disorders”; Drs. Girdler & Rubinow, Principal Investigators
- 2009-2011 National Institute of Health, Health Disparities Research Loan Repayment Program
- 2007-2009 National Institute of Health, Health Disparities Research Loan Repayment Program
- 2004-2006 National Institute of Health, Health Disparities Research Loan Repayment Program
- 1999 Hispanic Scholarship Fund, NY, NY
- 1999 MacArthur Network Travel Award, NY, NY
- 1998 Social Science Research Council, Pre-Dissertation Fellowship, NY, NY
- 1997-1998 National Hispanic Scholarship Fund, NY, NY
- 1996-2002 Minority Tuition Scholarship, Teachers College Columbia University, NY, NY
- 1995-1998 California State University Forgivable Loan Fellowship, Northridge, CA

TEACHING EXPERIENCE

COURSES TAUGHT

- IHLT 232 Health Disparities in the U.S., Spring 2023
- CHLH 541 Health Disparities Over the Life Course, Spring 2020, Spring 2021, Fall 2021, Spring 2023
- CHLH 540 Health Behavior Theory, Fall 2015, Spring 2016, Fall 2016, Spring 2017, Fall 2017, Spring 2018, Fall 2018, Spring 2019, Fall 2019, Spring 2020, Fall 2020, Spring 2021, Fall 2021, Fall 2022
- CHLH 594 Health Disparities, Fall 2016, Fall 2017, Fall 2018
- CHLH 599 Thesis Research, Fall 2017, Spring 2018, Spring 2019, Fall 2019, Spring 2020, Fall 2020, Spring 2021, Spring 2021, Fall 2021, Fall 2022, Spring 2023
- CHLH 593 Independent Graduate Research, Fall 2016, Spring 2017, Spring 2018, Fall 2018, Spring 2019, Spring 2020, Spring 2020, Fall 2020, Spring 2021, Spring 2021, Fall 2021
- CHLH 393 Undergraduate Special Projects/Independent Study, Summer 2016, Summer 2018, Summer 2019, Fall 2020, Spring 2021, Fall 2021, Fall 2022, Spring 2023
- CHFD 3115 An Ecological Approach to Learning and Development – Early Childhood to Pre-Adolescence: Fall 2009; Spring 2010; Summer 2010, Fall 2010; Spring 2011, Summer 2011, Fall 2011, Spring 2012, Summer 2012
- CHFD 6102 Learning and Development: Fall 2009; Spring 2010; Summer 2010; Fall 2010; Spring 2011; Summer 2011, Summer 2011, Fall 2011, Spring 2012, Summer 2012
- CHFD 7600 Seminar: Leadership in the Education of Children and Families: Spring 2011, Spring 2012

CURRICULUM AND COURSE DEVELOPMENT/REDESIGN

- IHLT 232 Health Disparities in the U.S.
- CHLH 541 Health Disparities Over the Life Course
- CHLH 594 Health Disparities
- CHFD 3115 An Ecological Approach to Learning and Development – Early Childhood to Pre-Adolescence
- CHFD 6102 Learning and Development
- CHFD 7600 Seminar: Leadership in the Education of Children and Families

OTHER TEACHING EXPERIENCE

Faculty Preceptor (Undergraduate students), National Center for Rural Health Professions, Summer 2019, Summer 2020, Summer 2021, Summer 2022

Faculty Mentor (Undergraduate student), Interdisciplinary Health Sciences Institute, Community-Academic Scholars, Summer 2020, Summer 2021, Summer 2022

GRADUATE STUDENT MENTORING

Spring 2023-Present	Anne Danbury, Doctoral Candidate in Kinesiology, Thesis title to be determined, University of Illinois Urbana-Champaign, Expected graduation: May 2024 (Committee member)
Spring 2022-Present	Susana Lopez, Master of Science, Department of Kinesiology and Community Health, University of Illinois Urbana-Champaign, Expected graduation: May 2024 (Chair)
Spring 2022-Present	Devanshi Bhadola, Master of Public Health, Department of Kinesiology and Community Health, University of Illinois Urbana-Champaign, Expected graduation: May 2025 (Research Supervisor)
Fall 2022-Present	Kacie Vlach, Master of Public Health, Department of Kinesiology and Community Health, University of Illinois Urbana-Champaign, Expected graduation: May 2023 (Research Supervisor)
Fall 2021-Present	Lesley Pinzon, Masters of Public Health candidate, Kinesiology and Community Health, University of Illinois Urbana-Champaign, Research Supervisor. Expected graduation: May 2023
Summer 2021-Present	Valeria Duran, Department of Epidemiology, Harvard School of Public Health, Expected graduation: May 2023 (Research Supervisor)
Fall 2021-Fall 2022	Madhura Phansikar, Doctoral Candidate in Community Health, <i>Testing the impact of flow-based, moderate-intensity yoga on executive functioning and stress among low active working adults having symptoms of stress</i> , University of Illinois Urbana-Champaign, Graduation: December 2022 (Committee member)
Fall 2021-Present	Michelle Nutlis, Clinical Psychology, The Chicago School of Professional Psychology, Expected graduation: May 2025 (Research Supervisor)
Fall 2020-Present	Mary Ellen Mendy, Doctoral Candidate in Community Health, Thesis title to be determined, University of Illinois Urbana-Champaign, Expected graduation: May 2025 (Chair)
Fall 2020-Present	Olufemi Fabusoro, Doctoral Candidate in Nutritional Sciences, Food Insecurity and Self-care Management among Prenatal Women with Diabetes, University of Illinois Urbana-Champaign, Expected graduation: May 2024 (Chair)
Fall 2020-Present	Andrea Ramirez Olarte, Medical student at Medical College of Georgia-Augusta University; Expected graduation: May 2024
Summer 2020-Present	Kantoniony Rabemananjara, Doctoral Student in Clinical-Community Psychology, Thesis title to be determined, George Washington University, Expected graduation: May 2024 (Second-year project committee member)

Fall 2019-Present	Biniyam Melesse, Doctoral Candidate in Community Health, <i>Neighborhood-level risk factors of perinatal depression and anxiety among Ethiopian perinatal women</i> , University of Illinois Urbana-Champaign, Expected graduation: December 2023 (Chair)
Fall 2019-Present	Soonhyung Kwon, Doctoral candidate, Thesis title to be determined, School of Social Work, Committee member, University of Illinois at Urbana-Champaign, Expected Graduation: May 2024 (Committee member)
Fall 2019-Fall 2021	Brett Boeh, Doctoral candidate, <i>A participatory exploration of a local system of care for people with life-limiting illness</i> , Psychology Department, Committee member, University of Illinois at Urbana-Champaign, Graduation: May 2021 (Committee member)
Spring 2019-Fall 2020	Maria Rosales, Doctoral Student in Clinical Psychology, Palo Alto University, Expected graduation: May 2023 (Research supervisor)
Fall 2018-Spring 2020	Janeth Padilla Juarez, Master of Science in Community Health, <i>Stressors, self-rated health and postpartum depression</i> , University of Illinois Urbana-Champaign, Graduation: May 2020 (Chair)
Fall 2013-Spring 2020	Jayme Wood, Penn State College of Medicine, Penn State University, Expected graduation date: May 2022 (Research Supervisor)
Spring 2018-2019	Libeth Rosas, Master of Public Health, University of Illinois Urbana-Champaign, Graduation: May 2019 (Research Supervisor)
Fall 2017-Fall 2020	Tanitoluwa Demilade Akinbode, Master of Science in Community Health, <i>The price of early abuse: effects of sexual and physical abuse on perinatal depression and anxiety</i> , University of Illinois at Urbana-Champaign, Graduation: May 2019 (Chair); Doctoral Candidate in Health and Human Behavior, University of Illinois Urbana-Champaign, Expected graduation: May 2024
Fall 2016-Sum 2018	Samia Ortiz-Hernandez, Doctoral candidate, <i>Voices of Low-Income Latinos During the Transition to Parenthood</i> , Clinical Psychology Program, George Washington University, Graduation: May 2019 (Co-Chair)
Fall 2015-Sum 2018	Elinor M. Fujimoto, Master of Public Health, Graduation: May 2018 (Research Supervisor)
Spring 2018	Rafael Arcángel Caparrós González, <i>Consequences of the activation of the hypothalamic-pituitary-adrenal axis on maternal and fetal health during pregnancy, childbirth and postpartum</i> , University of Granada, Spain, Graduation date: May 2017 (International Content Expert)
Fall 2016-Spring 2018	Ryan Santens, Doctoral candidate, Community Health, University of Illinois Urbana-Champaign, Expected graduation: May 2020 (Research Supervisor)
Fall 2016-Sum 2017	Angela Stellrecht, Master of Science in Community Health, <i>Sexual behaviors and contraceptive use of American adolescents: the role of religion, maternal education and school enrollment</i> , University of Illinois Urbana-Champaign, Graduation date: Summer 2017 (Committee member)
Spring 2016	Yihe Wang, Statistics 427 research experience, University of Illinois a Urbana-Champaign, Expected graduation date: May 2020 (Research Supervisor)

- Spring 2016 Fei Xue, Statistics 427 research experience, University of Illinois Urbana-Champaign, Graduation date: May 2019 (Research Supervisor)
- Spring 2016 Boyang Liu, Statistics 427 research experience, University of Illinois Urbana-Champaign, Graduation date: May 2016 (Research Supervisor)
- Fall 2015-Sum 2016 Alexandria Weston, Master of Public Health, *Breastfeeding Pain and How to Prepare: Examining Educational Materials Available to Mothers in the Champaign-Urbana Area*, Poster, University of Illinois Urbana-Champaign, Graduation date: May 2017 (Academic Advisor and Research Supervisor)
- Fall 2015-Sum 2016 Claire Swinford, Master of Public Health. *Exploring the association between gestational diabetes mellitus, health self-ratings, and prenatal depression in Latinas*, Poster, University of Illinois Urbana-Champaign, Graduation date: May 2016 (Academic Advisor and Research Supervisor)
- Fall 2015-Spring 2016 Heidi Hardt, Master of Public Health. *Exploring the association between gestational diabetes mellitus, health self-ratings, and prenatal depression in Latinas*, Poster, University of Illinois Urbana-Champaign, Graduation date: August 2016 (Research Supervisor)
- Fall 2015-Spring 2016 Danielle Massey, Master of Public Health, *Breastfeeding Pain and How to Prepare: Examining Educational Materials Available to Mothers in the Champaign-Urbana Area*, Poster, University of Illinois Urbana-Champaign, Graduation date: August 2016 (Research Supervisor)
- Fall 2013-Spring 2014 Kathryn McKenney, University of North Carolina School of Medicine, *Study of Exposure to stress Postpartum mood Adverse life events and Hormonal function among Latinas (SEPAH Latina)*. Graduation date: May 2014 (Research Supervisor)
- Fall 2010-2011 Meredith Jones, Department of Special Education and Child Development, Master's Thesis, *Investigating English acquisition: English language learners' engagement in peer talk*, University of North Carolina at Charlotte, Graduation date: May 2011 (Chair)
- Fall 2010-2011 LaToya Hedgspet, *The Use of Time during Transition in the classroom*, Department of Special Education and Child Development, Master's Thesis, University of North Carolina at Charlotte, Graduation date: May 2011 (Chair)
- Summer 2010-2011 Yolanda Saxton, Department of Special Education and Child Development, Master's Thesis, *Are Pre-Kindergarten Teachers Adequately Prepared to Work with Racially and Culturally Diverse Children*, University of North Carolina at Charlotte, Graduation date: May 2011 (Chair)
- Fall 2010-Spring 2011 Megan Porter, Department of Special Education and Child Development, Master's Thesis, *The Frequency and Function of Touch during Routine Care and Unstructured Times in Infant Childcare Classrooms* University of North Carolina at Charlotte, Graduation date: May 2011 (Committee member)
- Fall 2010-Spring 2011 Tina Collop, Department of Special Education and Child Development, Master's Thesis, *Effect of the Freeze Game on Inhibitory Control and Working Memory in Kindergarten Children*, University of North Carolina at Charlotte, Graduation date: May 2011 (Committee member)

Fall 2010-Spring 2011 Angela Miller, Department of Special Education and Child Development, Master's Thesis, *Fathers' Use of Social Supports*, University of North Carolina at Charlotte, Graduation date: May 2011 (Committee member)

Fall 2008-Fall 2009 Lindsay Daughtery, Policy Analysis, Dissertation, *Child Care Choices of Hispanic Families: Why Aren't Families Using Center Care?* Pardee RAND Graduate School, Graduation date: May 2009 (Chair)

UNDERGRADUATE STUDENT MENTORING

Fall 2021-Present Jacqueline Marquez, Kinesiology and Community Health, University of Illinois at Urbana-Champaign, Expected graduation date: May 2023 (Research Supervisor)

Fall 2021-Present Jessica Avalos, School of Molecular and Cellular Biology, University of Illinois at Urbana-Champaign, Expected graduation date: May 2023 (Research Supervisor)

Spring 2021-Present Anjali Patel, Interdisciplinary Health Science, University of Illinois at Urbana-Champaign, Expected graduation date: May 2024 (Research Supervisor)

Fall 2020-Present Kennedy Campbell, Interdisciplinary Health Science, University of Illinois at Urbana-Champaign, Expected graduation date: May 2023 (Research Supervisor)

Fall 2020-Spring 2022 Mathilde Hanchard, Chemistry & Community Health, University of Illinois at Urbana-Champaign, Expected graduation date: May 2022 (Research Supervisor)

Spring 2020-Spring 2021 Michelle Nutlis, Department of Psychology, University of Illinois at Urbana-Champaign, Graduation: May 2021 (Research Supervisor)

Spring 2020-May 2022 Paola Ahumada, Department of Cell and Developmental Biology, University of Illinois at Urbana-Champaign, Expected graduation: May 2022 (Research Supervisor)

Summer 2019-Spring 2021 Valeria Duran, Summer Research Opportunity Program, Pitzer College, Human Biology, Graduation date: May 2021 (Research Supervisor)

Summer 2018 Diamond Phillips, McNair Scholar, University of Illinois at Urbana-Champaign, Graduation: May 2019 (Research Supervisor)

Fall 2016-Spring 2017 Christine Oksas, Department of Anthropology, University of Illinois at Urbana-Champaign, Graduation date: May 2017 (Research Supervisor)

Summer 2016 Abisola Smith, Psychology, Summer Research Opportunity Program, University of Illinois at Urbana-Champaign, Graduation date: May 2018 (Research Supervisor)

Spring 2016 Yumeng Bu, Statistics 427 research experience, University of Illinois at Urbana-Champaign, Graduation date: May 2016 (Research Supervisor)

Spring 2016 Shivani Dharmasankar, 427 research experience, University of Illinois at Urbana-Champaign, Graduation date: May 2016 (Research Supervisor)

Spring 2016 Kexin Fei, 427 research experience, University of Illinois at Urbana-Champaign, Graduation date: May 2016 (Research Supervisor)

- Spring 2016 Yafei Jian, 427 research experience, Graduation date: May 2016 (Research Supervisor)
- Spring 2016 Dong Won Sung, 427 research experience, University of Illinois at Urbana-Champaign, Graduation date: May 2016 (Research Supervisor)
- Spring 2016 Kefu Zhu, 427 research experience, University of Illinois at Urbana-Champaign, Graduation date: May 2016 (Research Supervisor)
- Fall 2013-Spring 2014 Sierra Pierce, University of North Carolina at Chapel Hill, *Study of Exposure to stress Postpartum mood Adverse life events and Hormonal function among Latinas (SEPAH Latina)*. Graduation date: May 2014 (Research Supervisor)
- Fall 2013-Spring 2014 Jasmine Plott, University of North Carolina at Chapel Hill, *Study of Exposure to stress Postpartum mood Adverse life events and Hormonal function among Latinas (SEPAH Latina)*. Graduation date: May 2014 (Research Supervisor)
- Fall 2011-2014 Lisa Maloney, Psychology Department Independent Study, *The State of Latina Postpartum Depression*, University of North Carolina at Charlotte, Graduation date: May 2014 (Independent Study Instructor and Research Supervisor)
- Fall 2010-2012 Courtney Bedell Lead Psychology Department Independent Study, *Preschool Transition Practices; Maternal Mental Health and Employment* University of North Carolina at Charlotte, Graduation date: May 2012 (Independent Study Instructor and Research Supervisor)
- Spring 2011 Katherine Helms, Psychology Department Independent Study *Child care cost and outcomes*, University of North Carolina at Charlotte, Graduation date: May 2012 (Independent Study Instructor and Research Supervisor)

SERVICE TO THE PROFESSION

OFFICES/POSITIONS

Marcé of North America (formerly Perinatal Mental Health Society, Inc.), Co-founder and Treasurer

Marcé of North America, Finance Committee Chair

Marcé of North America, Biennial Conference Committee member

Marcé of North America, Studying Perinatal Well-being Podcast Developer and Host

EDITORIAL REVIEW BOARDS

Women's Health Issues, Editorial Board Member

Frontiers in Psychiatry, Special Issues Guest Editor

Cultural Diversity and Ethnic Minority Psychology, Consulting Editor

PROFESSIONAL MEMBERSHIPS

Marcé of North America

American Psychological Association
American Public Health Association
International Association for Women's Mental Health

CURRENT AD-HOC JOURNAL REVIEWER

Cultural Diversity and Ethnic Minority Psychology
Journal of Latinx Psychology
Journal of Affective Disorders
Women's Health Issues

SERVICE TO THE UNIVERSITY, COLLEGE, AND DEPARTMENT

UNIVERSITY-LEVEL SERVICE

Women & Gender in Global Perspectives Program Executive Committee, Fall 2022, Spring 2023
Office of the Vice Chancellor for Research, Campus Research Boards grant review, Spring 2016, Fall 2020, Spring 2023
Committee member, Big Ten Health Equity Summit, Spring 2018
College of Agriculture, Consumer and Environmental Sciences, Division of Nutritional Sciences, Margin of Excellence student research grant review, Fall 2019
Senior Leadership Retreat, Spring 2020
Mental Health Working Group commissioned by the Chancellor, Subcommittee Chair on Prevention/Wellness for Faculty Chair, Spring 2021
Center for Social and Behavioral Science, University of Illinois at Urbana-Champaign, Grant reviewer, Fall 2021
Faculty Hiring Risk Assessment Review Committee, Fall 2021

COLLEGE-LEVEL SERVICE

Committee member, Search, Family Health and Wellness, Fall 2015
Committee member, Big Ten Health Equity summit, Fall 2017
Committee members, Search, Grant proposal specialist, Fall 2018
Committee member, Search, Chez Veterans Center director, Fall 2019, Spring 2020
Committee member (Alternate), Alleged Capricious Grading, Fall 2019, Spring 2020
Committee member, Awards and Honors, Spring 2020
Committee member, Diversity, Equity and Inclusion, Fall 2020, Spring 2021, Fall 2021, Fall 2022, Spring 2023

DEPARTMENT-LEVEL SERVICE

Co-chair, Search, Master of Health Administration Director, Fall 2022, Spring 2023

Committee member, Search, Exercise Psychology, Fall 2016

Committee member, Graduate student travel award, Spring 2017

Committee member, Master of Public Health admissions, Fall 2015-Spring 2019

Committee member, Master of Public Health reaccreditation, Fall 2017

Committee member, Development Framework, Fall 2018

Committee member, Honors and Awards, Spring 2019, Spring 2020, Spring 2023

Committee member, Department external review, Spring 2019

Committee member, Master of Public Health external review, Spring 2019

Committee member, Search, Master of Public Health Lecturer, Spring 2018

Committee member, Community Health doctoral admissions, Spring 2019, Spring 2020

Committee member, Search, Master of Public Health Administration, Fall 2019, Spring 2020

Affirmative Action Officer, Fall 2019, Spring 2020, Fall 2020, Spring 2021, Fall 2021, Fall 2022, Spring 2023

Sexual Harassment Officer, Spring 2022, Fall 2023

Committee member, Diversity, Equity and Inclusion Committee and liaison to AHS Diversity, Equity, and Inclusion Committee, Fall 2020, Spring 2021

Committee member, Department Bylaws Revision Committee, Fall 2020, Spring 2021, Fall 2021, Fall 2022

Committee member, Advisory Board, Fall 2021, Spring 2022, Fall 2022, Spring 2023

Committee Chair, Search, Master of Public Health Assistant Director