

**CURRICULUM VITAE**

**ROBYN L. GOBIN, PHD**

University of Illinois, Urbana-Champaign (UIUC)  
Department of Kinesiology and Community Health  
2009 Khan Annex, MC-588  
1206 South Fourth Street  
Champaign, IL 61820  
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**EDUCATION**

Internship Boston Consortium in Clinical Psychology (APA-accredited)  
VA Boston Healthcare System, September 2011- August 2012  
Clinical Fellow in Psychiatry, Harvard Medical School  
Teaching Fellow in Psychiatry, Boston University School of  
Medicine

Graduate Ph.D., Clinical Psychology (APA-accredited)  
University of Oregon, 2012

M.S., Clinical Psychology  
University of Oregon (UO), 2007

Undergraduate B.A, *summa cum laude*, Psychology  
Wesleyan College, 2006  
Minors: Women's Studies and Interpersonal Communication

**POSTGRADUATE TRAINING**

Fellowship University of California San Diego/VA San Diego Healthcare  
System  
Military Sexual Trauma & Interpersonal Trauma Program  
Dialectical Behavior Therapy Program  
Advanced Women's Health Research Fellow and Postdoctoral  
Clinician, September 2013-July 2015

Fellowship Brown University, Department of Psychiatry and Human Behavior  
NIH T-32 Postdoctoral Fellow in Treatment Research, September  
2012-August, 2013

Providence VA Healthcare System, PTSD Clinic  
Postdoctoral Clinician, September 2012-August, 2013

### **PROFESSIONAL LICENSES AND CERTIFICATIONS**

Licensed Psychologist, IL #071009145, September 2015-present  
Licensed Psychologist, NC #5958, September 2021-present  
National Register Health Service Psychologist, #55063, March 2016-present  
Qualified Teacher of Mindfulness-Based Stress Reduction, May 2019-present

### **ACADEMIC APPOINTMENTS**

Associate Professor (Tenured)  
Director, Transforming Trauma and Mental Health Research Lab  
Department of Kinesiology and Community Health, University of Illinois, Urbana-Champaign,  
August 1, 2022 – present

Assistant Professor (Tenure-track)  
Director, Transforming Trauma and Mental Health Research Lab  
Department of Kinesiology and Community Health, University of Illinois, Urbana-Champaign,  
August 1, 2015 – July 31, 2022

### **GRANT SUPPORT**

Patient-Centered Outcomes Research Institute (PCORI) Eugene Washington Engagement Award  
Role: Principal Investigator  
*Rising up: Engaging stakeholders in agenda-setting for PCOR/CER to facilitate MST recovery*  
Total Award: \$99,998.00  
Funding Period: June 2023-May 2024

Morrison Family College of Health George Family Innovation Fund, University of St. Thomas  
Role: Co-Investigator (PI: B. French & K. Davenport)  
*Developing a Culturally Informed Holistic Group-Based Intervention for Black Women Sexual Violence Survivors*  
Total Award: 10,000.00  
Funding Period: August 2023-July 2024

Patient-Centered Outcomes Research Institute (PCORI) Eugene Washington Engagement Award  
Role: Principal Investigator  
*Rising up: Engaging women Veterans in mental health research on military sexual trauma*  
Total Award: \$249,998.00  
Funding Period: December 2020-November 2022

American College of Sports Medicine Foundation Dr. Raymond A. Weiss Research Endowment  
Role: Research Mentor (PI: M. Pebole)  
*Exercise among women survivors of sexual violence: Behavior, perceptions, and preferences*  
Total Award: \$1,497.60  
Funding Period: July 2021-September 2022

Chez Center Military Service Knowledge Collaborative Seed Grant  
Role: Co-Investigator (PI: L. Knobloch)  
*Healing in the aftermath of war: Evaluating the REBOOT combat recovery program*  
Total award: \$15,000  
Funding Period: May 2019-May 2020

Illinois Program for Research in the Humanities  
Role: Co-Principal Investigator (Co-PIs: S. Smith, R. Mendenhall, H. Neville, C. Hunter)  
*African American community healing through storytelling*  
Total award: \$2,500  
Funding Period: September 2019-May 2020

Illinois Program for Research in the Humanities  
Role: Co-Principal Investigator (Co-PIs: S. Smith, R. Mendenhall, H. Neville, C. Hunter)  
*African American community healing through storytelling*  
Total award: \$2,500  
Funding Period: September 2018-May 2019

National Institute of Food and Agriculture  
Role: Co-Investigator (PI: S. McNeil Smith; Hatch Project under Accession Number: 1014794)  
*Discrimination, social support and mental health outcomes among African American parent-adolescent dyads: A two-study analysis* (Project # ILLU-793-360)  
Total Award: \$62,748  
Funding Period: 2017-2022

Illinois Program for Research in the Humanities  
Role: Co-Investigator (PIs: S. McNeil Smith, R. Mendenhall, & H. A. Neville)  
*African American community healing through storytelling*  
Total Award: \$2,500  
Funding Period: September 2017-July 2018

National Register of Health Service Psychologists  
Role: Principal Investigator  
*Acceptance and Commitment Therapy for public stigma towards veterans: A pilot randomized controlled trial*  
Total Award: \$2,500  
Funding Period: June 2016-December 2018

UIUC Campus Research Board  
Role: Principal Investigator  
*Cultivating self-compassion and mindfulness through mobile interventions: A pilot, randomized controlled trial of a public health approach to promoting mental health*  
Total Award: \$24,000  
Funding Period: April 2016-December 2018

UIUC Center for Wounded Veterans in Higher Education and Office of the Vice Chancellor for Research  
Role: Principal Investigator  
*Considering professional help: An investigation of a veteran centered internet-based intervention for distressed student veterans in need of mental health care.*  
Total Award: \$30,000  
Funding Period: January 2016-December 2017

UIUC Center for Wounded Veterans in Higher Education and Office of the Vice Chancellor for Research

Role: Co-Principal Investigator

*Assessing mindfulness based cognitive therapy in veterans and civilians with tinnitus using fMRI.*

Total Award: \$30,000

Funding Period: January 2016-December 2016

### **Not Funded**

1. Petruzzello, S. & **Gobin, R. L.** *Working it out: Examination of exercise to combat symptoms of depression in veterans with PTSD.* Chez Family Foundation Center for Wounded Veterans. January 2016 – December 2016. \$30,000. Role: Co-Principal Investigator (not funded)
2. **Gobin, R. L.** *Acceptance and commitment therapy to reduce stigma towards veterans with mental health concerns.* American Psychological Foundation (APF) Visionary Grant. April 2016-April 2017. \$10,000. Role: Principal Investigator (not funded)
3. **Gobin, R. L.** *Considering professional help: An investigation of a veteran-centered internet-based intervention for distressed student veterans in need of mental health care.* NIMH Extramural Loan Repayment Program. September 2016-September 2018. \$50,666. Role: Principal Investigator (not funded)
4. **Gobin, R. L.** *Promoting health and wellness among traumatized populations.* NIMH Extramural Loan Repayment Program. September 2017-September 2019. \$50,001. Role: Principal Investigator (not funded)
5. Best-Popescu, C. & **Gobin, R.L.** *Effects of narrow wave ultraviolet light on serum vitamin D level and outcome in a double-blind placebo-controlled crossover design traumatic brain injury cohort with and without posttraumatic stress disorder.* University of Illinois Social and Behavioral Sciences Research Initiative Small Grant Program. August 2017-August 2018. \$20,000. Role: Co-Investigator (not funded)
6. Dace, T. & **Gobin, R.L.** *Empowering excellence (E<sup>2</sup>): Investigating a multilevel model to address violence among at-risk African American youth in Champaign county.* U.S. Department of Health and Human Services Office of Minority Health, Minority Youth Violence Prevention II: Integrating Social Determinants of Health and Community Policing Approaches (MP-YEP-17-001). September 2017-September 2019. \$1,700,000. Role: Evaluator. (not funded)
7. **Gobin, R.L.** *Social support in the aftermath of trauma: Making mental health a shared value.* Robert Wood Johnson Foundation (RWJF) New Connections. August 2017-August 2018. \$50,000. Role: Principal Investigator. (not funded)
8. **Gobin, R. L.** *Reducing public stigma towards veterans with mental disorders using Acceptance and Commitment Therapy.* Association for Contextual and Behavioral Science (ACBS) Research Development Grant. January 2018-January 2019. \$5,000. Role: Principal Investigator. (not funded)

9. **Gobin, R. L.**, Knobloch, L., von Thaden, T., & Hunnicutt, J. *Rising up: Women service members and shaping research on military sexual trauma*. Patient-Centered Outcomes Research Institute (PCORI) Eugene Washington Engagement Award. December 2019-November 2021. \$250,000. Role: Principal Investigator. (not funded)
10. Rhoades, K. & **Gobin, R. L.** *The moderating effect of betrayal trauma on posttraumatic stress and sexual functioning symptoms in college female sexual assault survivors*. American Psychological Foundation Trauma Psychology Grant. October 2020-September 2021. \$3,500. Role: Co-Principal Investigator. (not funded)
11. Klonoff-Cohen, H., Rudolph, K., & **Gobin, R. L.** *Loving life: A framework for preventing suicide in first year college students*. Patient-Centered Outcomes Research Institute (PCORI) Comparative Effectiveness Research Award. December 2020-June 2024. \$2,500,000. Role: Co-Investigator. (not funded)
12. **Gobin, R. L.**, Mendenhall, R., & Gilleade, K. *Reducing stress levels and enhancing well-being among medical students with mindfulness-based stress reduction training*. American Psychological Foundation Marian R. Stuart Grant. January 2020-December 2021. \$10,000. Role: Principal Investigator. (not funded)
13. Wolf, T., Knobloch, L., & **Gobin, R.L.** *Confirmatory Efficacy of the REBOOT Combat Recovery Program*. National Institutes of Health. March 2023-February 2026. \$1,944,124.00. Role: UIUC Site Co-PI. (not funded)

### **ORIGINAL PUBLICATIONS IN PEER-REVIEWED OUTLETS**

\*denotes that authorship contributions were equal, and the four authors should be considered equal second authors listed alphabetically

+denotes graduate student mentee among authors

1. **Gobin, R.L.** (accepted). *Work-Life Balance and Radical Self-Care*. In D.F. Chang & L. L. Bryant (Eds) (2023). *Transformative Careers in Mental Health for Black, Indigenous and People of Color: Expert Strategies to Promote Healing and Social Change in Academia, Clinical Settings and Beyond*. Routledge.
2. +Pebole, M. M., Singleton, CR, Hall, KS, Petruzzello, S., Alston, R., **Gobin, R.L.** (in Press). Perceived barriers and benefits of physical activity among women survivors of sexual violence: Impact of PTSD and physical activity level. *Violence Against Women*.
3. +Pebole, M.M., Singleton, CR, Hall, KS, Petruzzello, S., Alston, R., Whitworth, J., **Gobin, R. L.** (in Press). Impact of military affiliation on exercise perceptions among survivors of sexual violence. *Military Medicine*. (DOI: usac431)
4. +Pebole, M. M., Singleton, C. R., Hall, KS, Petruzzello, S., Alston, R., & **Gobin, R. L.** (in Press). Exercise preferences among men survivors of sexual violence by PTSD and physical activity level: Recommendations for trauma-informed practice. *Journal of Men's Studies*.

5. +Pebole, MM, Singleton, CR, Hall, KS, Petruzzello, S., Alston, R., **Gobin, RL.** (in press). Exercise preferences among Women Survivors of Sexual Violence by PTSD and Physical Activity Level: Implications and Recommendations for Trauma-Informed Practice. *Mental Health and Physical Activity*.
6. Knobloch, L., Owens, J.L., **Gobin, R. L.**, & Wolf, T. (2022). The REBOOT combat recovery program: Health and socioeconomical benefits. *Military Behavioral Health*.
7. +Pebole, M. M., Lyons, R. C., & Gobin, R. L. (2022). Correlates and consequences of emotion regulation difficulties among OEF/OIF/OND veterans. *Psychological Trauma: Theory, Research, Practice, and Policy*, 14(2), 326–335.
8. +Pebole, M., Greco, C., **Gobin, R. L.**, Philips, B., & Strauser, D. (2021). Impacts of childhood maltreatment on psychosomatic outcomes among men and women with disabilities. *Disability and Rehabilitation*, 1-9. DOI:10.1080/09638288.2021.1998666
9. +Pebole, M., Hall, K.S., & **Gobin, R. L.** (2021). Physical activity to address multimorbidity among survivors of sexual violence: A comprehensive narrative review. *Psychology of Sport and Exercise*, 55, 101962.
10. Knobloch, L. K., Owens, J. L., & **Gobin, R. L.** (2021). Spiritual care for combat trauma: A qualitative evaluation of REBOOT Combat Recovery. *Military Psychology*, 33(6), 392-402.
11. Knobloch, L., Owens, J. L., & **Gobin, R. L.** (2021). Soul wounds among combat trauma survivors: Experience, effects, and advice. *Traumatology*. Advance online publication. <https://doi.org/10.1037/trm0000307>
12. Hayes, S. C., Merwin, R. M., McHugh, L., Sandoz, E. K., A-Tjak, J. G., Ruiz, F. J., Barnes-Holmes, D., Bricker, J. B., Ciarrochi, J., Dixon, M. R., Fung, K. P., Gloster, A. T., **Gobin, R. L.**, ... & McCracken, L. M. (2021). Report of the ACBS task force on the strategies and tactics of contextual behavioral science research. *Journal of Contextual Behavioral Science*, 20, 172-183.
13. Gómez, J. M., **Gobin, R. L.** & Barnes, M. L. (2021) Discrimination, violence, & healing within marginalized communities, *Journal of Trauma & Dissociation*, 22 (2), 135-140, <https://doi.org/10.1080/15299732.2021.1869059>
14. +Pebole, M., **Gobin, R.L.**, & Hall, K. S. (2020). Trauma-informed exercise for women survivors of sexual violence. *Translational Behavioral Medicine*, <https://doi.org/10.1093/tbm/ibaa043>
15. **Gobin, R. L.** & Gomez, J. M. (2020). The cultural context of sexual assault and its consequences: Implications for research, practice, and policy. In R. Geffner, J. W. White, L. K. Hamberger, A. Rosenbaum, V. Vaughan-Eden, & V. I. Vieth (Eds) *Handbook of Interpersonal Violence and Abuse Across the Lifespan*. Springer, Cham. [https://doi.org/10.1007/978-3-319-62122-7\\_216-1](https://doi.org/10.1007/978-3-319-62122-7_216-1)

16. Frey-Ho Fung, R.A., Larsen, S.E., & **Gobin, R.L.** (2020). Military sexual trauma. In R. Geffner, J. W. White, L. K. Hamberger, A. Rosenbaum, V. Vaughan-Eden, & V. I. Vieth (Eds) *Handbook of Interpersonal Violence and Abuse Across the Lifespan*. Springer, Cham. [https://doi.org/10.1007/978-3-319-62122-7\\_194-1](https://doi.org/10.1007/978-3-319-62122-7_194-1)
17. Chioneso, N., Hunter, C., **Gobin, R. L.**, McNeil Smith, S., Mendenhall, R., & Neville, H. A. (2020). Community healing and resistance through storytelling (C-HeARTS): A framework to address racial trauma in Africana communities. *Journal of Black Psychology*, 46, 95-121.
18. Adams-Clark, A., Gomez, J. M., **Gobin, R. L.**, Noll, L., & Delker, B. (2020). Impact of interpersonal, family, cultural, and institutional betrayal on adult survivors of abuse. In R. Geffner, J. W. White, L. K. Hamberger, A. Rosenbaum, V. Vaughan-Eden, & V. I. Vieth (Eds) (2021). *Handbook of Interpersonal Violence and Abuse Across the Lifespan*. Springer, Cham. [https://doi.org/10.1007/978-3-319-62122-7\\_310-1](https://doi.org/10.1007/978-3-319-62122-7_310-1)
19. Gomez, J.M. & **Gobin, R. L.** (2020). Black women and girls & #MeToo: Rape, cultural betrayal, & healing. *Sex Roles*, 82, 1-12.
20. **Gobin, R. L.**, Strauss, J. L., Golshan, S., Allard, C.B., Bomyea, J., Schnurr, P. P., & Lang, A. J. (2019). Gender differences in response to Acceptance and Commitment Therapy among OEF/OIF/OND veterans. *Women's Health Issues*, 29, 267-273.
21. Husain, F., Zimmerman, B., Tai, Y., Finnegan, M., Kay, E., Khan, F., Menard, C., & **Gobin, R. L.** (2019). Assessing a mindfulness-based cognitive therapy intervention for tinnitus using behavioral measures and structural MRI. *International Journal of Audiology*, 58 (12), 889-901.
22. Larsen, S. E., Bellmore, A.\*, **Gobin, R. L.\***, Holens, P.\*, Lawrence, K. A.\*, & Pacella, M. L. (2019). An initial review of residual symptoms after empirically supported trauma-focused cognitive behavioral psychological treatment. *Journal of Anxiety Disorders*, 63, 26-35.
23. Bryant-Davis, T. & **Gobin, R.L.** (2019). Still we rise: Psychotherapy for African American girls and women exiting sex trafficking. *Women and Therapy*, 42(3-4), 385-405.
24. Moore, K., **Gobin, R. L.**, McCauley, H., Kao, C., Anthony, S., Kubiak, S., Zlotnick, C., & Johnsons, J. (2018). The relation of borderline personality disorder to aggression, victimization, and institutional misconduct among prisoners. *Comprehensive Psychiatry*, 84, 15-21.
25. Orchowski, L., **Gobin, R. L.**, & Zlotnick, C. (2018). Correlates of condom use among community college women: The role of victimization, substance use, and mental health symptoms. *American Journal of Sexuality Education*, 13, 170-189.

26. Russano, S., Straus, E., Georgianna, F., Joy, K., Pilavjian, H., **Gobin, R.L.**, & Allard, C. (2017). Religiosity predicts posttraumatic growth following treatment for PTSD related to interpersonal trauma in Veterans. *Spirituality and Clinical Practice*, 4, 238-248. <http://dx.doi.org/10.1037/scp0000151>
27. **Gobin, R. L.**, Mackintosh, M., Willis, E., Allard, C. B., Kloezman, K. & Morland, L. A. (2017). Predictors of differential PTSD treatment outcomes among Veteran and civilian women after Cognitive Processing Therapy. *Psychological Trauma: Research, Theory, Practice & Policy*, 10(2), 173-182.
28. **Gobin, R.L.** & Freyd, J. J. (2017). Do participants detect sexual abuse depicted in a drawing? Investigating the role of betrayal trauma exposure on state dissociation and betrayal awareness. *Journal of Child Sexual Abuse*, 26, 233-245.
29. Rosen, R. K., Kuo, C., **Gobin, R.L.**, Peabody, M., Wechsberg, W., Zlotnick, C., & Johnson, J. (2017). How qualitative methods contribute to intervention adaptation: An HIV risk reduction example. *Qualitative Psychology*.
30. Hakimi, D., Bryant-Davis, T., Ullman, S. & **Gobin, R. L.** (2016). Relationship between negative social reactions to sexual assault disclosure and mental health outcomes of black and white female survivors. *Psychological Trauma: Research, Theory, Practice & Policy*.
31. Gomez, J.M., Smith, C.P, **Gobin, R.L.**, Tang, S.S., & Freyd, J.J. (2016). Collusion, torture, and inequality: Understanding the actions of the American Psychological Association as institutional betrayal. [Editorial] *Journal of Trauma & Dissociation*. doi:10.1080/15299732.2016.1214436.
32. Johnson, J. E., Price, A. B., Kao, J. C., Fernandes, K., Stout, R. L., **Gobin, R.L.**, & Zlotnick, C. (2016). Interpersonal psychotherapy (IPT) for major depression following perinatal loss: A pilot randomized controlled trial. *Archives of Women's Mental Health*. doi:10.1007/s00737-016-0625-5
33. **Gobin, R. L.** & Allard, C. B. (2016). Associations between sexual health concerns and mental health symptoms among African American and European American women Veterans who have experienced interpersonal trauma. *Personality and Individual Differences*. doi: 10.1016/j.paid.2016.02.007
34. Marriott, B. Lewis, C., & **Gobin, R.L.** (2016). Disclosing Traumatic Experiences: Correlates, Context, and Consequences. *Psychological Trauma: Research, Theory, Practice, & Policy*. doi: 10.1037/tra0000058
35. **Gobin, R.L.**, Green, K.E., & Iverson, K.M. (2015). Alcohol misuse among female Veterans: Associations with interpersonal trauma exposure and mental health. *Substance Use & Misuse*, 50, 1765-1777.



36. **Gobin, R. L.**, Reddy, M.K., Zlotnick, C., & Johnson, J. E. (2015). Lifetime trauma victimization and PTSD in relation to psychopathy and antisocial personality disorder in a sample of incarcerated women and men. *International Journal of Prisoner Health*, *11*, 64-74.
37. **Gobin, R. L.** & Freyd, J. J. (2014). The impact of betrayal trauma on trust tendencies. *Psychological Trauma: Theory, Research, Practice, and Policy*, *6*, 505-511.
38. Kao, J.C., Chuong, A., Reddy, M. K., **Gobin, R. L.**, Zlotnick, C., & Johnson, J. E. (2014). Associations between past trauma, current social support, and loneliness in incarcerated populations. *Health & Justice*, *2*, doi:10.1186/2194-7899-2-7
39. Kuo, C., Johnson, J., Rosen, R., Wechberg, W., **Gobin, R. L.**, Reddy, M. Peabody, M., & Zlotnick, C. (2013). Emotional dysregulation and risky sex among incarcerated women with a history of interpersonal violence. *Women & Health*. doi: 10.1080/03630242.2013.850143
40. **Gobin, R. L.**, Iverson, K. M., Mitchell, K.S., Vaughn, R. & Resick, P. A. (2013). The impact of childhood maltreatment on PTSD symptoms among female survivors of intimate partner violence. *Violence and Victims*, *28*, 984-989.
41. **Gobin, R. L.** (2012). Partner preferences among survivors of betrayal trauma. *Journal of Trauma and Dissociation*, *13*, 152-174.
42. Zurbriggen, E. L., **Gobin, R. L.**, & Kaehler, L. A. (2012). Trauma, attachment, and intimate relationships. *Journal of Trauma & Dissociation*, *13*, 127-133.
43. Bryant-Davis, T., Ullman, S., Tsong, Y., & **Gobin, R.L.** (2011). Surviving the storm of sexual assault: The role of social support and religious coping in the recovery of African American women. *Violence Against Women*, *17*, 1601-1618.
44. Zurbriggen, E. L., **Gobin, R.L.**, & Freyd, J. J. (2010). Childhood emotional abuse Predicts late adolescent sexual aggression perpetration and victimization. *Journal of Aggression, Maltreatment & Trauma*, *19*, 204-223.
45. Eap, S., **Gobin, R.L.**, Ng, J., & Hall, G. N. (2010). Sociocultural issues in the diagnosis and assessment of psychological disorders. In J. E. Maddux & J. P. Tangney (Eds.), *Social psychological foundations of clinical psychology*. New York: Guilford Press.
46. **Gobin, R. L.** & Freyd, J. J. (2009). Betrayal and revictimization: Preliminary findings. *Psychological Trauma: Research, Theory, Practice & Policy*, *1*, 242-257.

### **OTHER SCHOLARLY CONTRIBUTIONS**

1. Gómez, J. M., & **Gobin, R. L.** (2020, June 29). Russell Simmons, rape, & the myth of 'toxic femininity': What Black men can do to be part of the solution. *Blavity*. Retrieved from <https://blavity.com/russell-simmons-rape-and-the-myth-of-toxic-femininity-what-black-men-can-do-to-be-part-of-the-solution?category1=opinion>
2. Banks, K. H., Beachy, S., Ferguson, A., **Gobin, R. L.**, Ho, I., Liang, C. T. H., Maton, K. I., & Toporek, R. L. (2019). Community advocacy: A psychologist's toolkit for state and local advocacy. Retrieved from [https://www.div17.org/wp-content/uploads/Community-Advocacy\\_-A-Psychologist-Toolkit.pdf](https://www.div17.org/wp-content/uploads/Community-Advocacy_-A-Psychologist-Toolkit.pdf) \*Authors listed in alphabetical order
3. **Gobin, R. L.** (2019, Spring). How acceptance and commitment therapy can help you live on purpose. *Find a Psychologist*. Blog post retrieved from <https://www.findapsychologist.org/how-acceptance-and-commitment-therapy-can-help-you-live-on-purpose-by-robyn-l-gobin-phd/>
4. **Gobin, R. L.** (2018, Fall). Affirmations for trauma. *ThinkUp*. Blog post retrieved from <https://thinkup.me/affirmations-for-trauma/>
5. **Gobin, R.L.** (2017, Spring). Acceptance and commitment therapy for traumatic stress: reflections from the fall 2016 Iowa Psychological Association conference. *The Iowa Psychologist*. Retrieved from <https://ipa32.wildapricot.org/resources/Documents/TIP/TIP%20Spring%202017%20FINAL.pdf>
6. Llamas, J., **Gobin, R.L.**, Gustafson, S., Hendricks, K., et al. (2017, April). *Trauma and posttraumatic stress disorder in ethnic minorities*. Retrieved from <http://www.apatraumadivision.org/633/underserved-populations.html>

### **BOOKS**

1. Moore-Lobban, S. & **Gobin, R. L.** (2022). *The Black Women's Guide to Overcoming Domestic Violence: Tools to Move Beyond Trauma, Reclaim Freedom, and Create the Life You Deserve*. New Harbinger Publications.
2. **Gobin, R. L.** (2021). *The Self-Care Prescription Journal*. Emeryville, CA: Rockridge Press.
3. **Gobin, R. L.** (2020). *The Doing My Work Therapy Journal*. Independently published.
4. **Gobin, R. L.** (2019). *The Self-Care Prescription: Powerful Tools to Manage Stress, Reduce Anxiety, & Enhance Well-Being*. Emeryville, CA: Althea Press.

## ACADEMIC PRESENTATIONS

*\*denotes current or former graduate student presenter*

1. \*Lai, S. & **Gobin, R.L.** (forthcoming August 2023). Creating trauma-Informed Higher Educational Environments to Support Student Success and Wellness. Poster to be presented at the 2023 American Psychological Association Convention, Washington, D.C.
2. Tang, S., Gómez, J. M., and **Gobin, R.L.** (forthcoming August 2023). Cultural betrayal trauma in BIPOC communities: Liberation approaches to healing. Symposium to be presented at the 2023 American Psychological Association Convention, Washington, D.C.
3. \*Pebole, MM, Singleton, CR, Hall, KS, Petruzzello, S., Alston, R., **Gobin, RL.** (November 2022). *Sex-specific relationships between self-reported physical activity behaviors and PTSD among survivors of sexual violence*. Poster presented at the International Society for Traumatic Stress Studies, Atlanta, GA.
4. **Gobin, R. L.** & Moore-Lobban. (August 2022). Promoting healing among Black women domestic violence survivors inside and outside the therapy room. Critical conversation at the 2022 American Psychological Association Convention, Minneapolis, MN.
5. **Gobin, R. L.** (June 2022). *Self-care for healthcare professionals: Evidence-based strategies that work on the front lines*. Invited Keynote Address at the Illinois State University 2<sup>nd</sup> Annual Symposium on Ambulatory Care, Normal, IL.
6. Rosen, D. & **Gobin, R.L.** (June 2022). *Connecting across cultural differences in moments that matter: A CBS skills-based approach*. Invited 2-day Pre-conference Workshop at the Association for Contextual and Behavioral Science Annual World Conference, San Francisco, CA.
7. French, B., Lewis, J., & **Gobin, R. L.** (January 2022). *Radical healing among Black women sexual assault survivors*. Virtual roundtable discussion at the 2022 National Multicultural Conference and Summit.
8. Rosen, D., **Gobin, R. L.**, & Kanter, J. (January 2022). *Developing interventions that produce meaningful change and support psychological health*. Virtual symposium at the 2022 National Multicultural Conference and Summit. (CEUs offered)
9. **Gobin, R. L.** & Watson-Singleton, N. (December 2021). *Black women's wellness and self-care as resistance*. Invited virtual presentation at the Inaugural Psychology of Black Women Conference.
10. \*Pebole, M., Greco, C. E., **Gobin, R. L.**, Phillips, B. N., Strauser, D. R. (November 2021). *Impacts of childhood maltreatment on psychosomatic outcomes among men and women with disabilities*. Virtual poster presentation at the 37<sup>th</sup> Annual Meeting of the International Society for Traumatic Stress Studies.

11. \*Pebole, M., **Gobin, R. L.**, & Hall, K.S. (April 2021). *Physical activity to address multimorbidity among survivors of sexual violence: A comprehensive narrative review*. Virtual poster presentation at the 42<sup>nd</sup> Annual Meeting of the Society for Behavioral Medicine.
12. \*Pebole, M., **Gobin, R. L.**, & Singleton, C.R. (April 2021). *Physical activity among survivors of sexual violence*. Virtual poster presentation at the 42<sup>nd</sup> Annual Meeting of the Society for Behavioral Medicine.
13. \*Rhoades, K. & **Gobin, R. L.** (February 2021). *How sexual assault characteristics affect wellness outcomes in survivors of color and white survivors*. Virtual poster presentation at the 2021 Winter Roundtable Conference.
14. \*Hsieh, W. J., Garthe, R., **Gobin, R. L.** & Xu, S. (January 2021). Posttraumatic growth among adult women sexual assault survivors. Virtual poster presentation at the Society for Social Work and Research Annual Conference.
15. \*Pebole, M., & **Gobin, R. L.** (November 2020). *Correlates and consequences of emotion regulation difficulties among OEF/OIF/OND Veterans*. Virtual poster presentation at the 36<sup>th</sup> Annual Meeting of the International Society for Traumatic Stress Studies.
16. \*Laprise, J., Akingbule, O., & **Gobin, R. L.** (November 2020). *Determinants of post-traumatic growth: Assessing the influence of rumination, gender, and trait affect*. Virtual poster presentation at the 36<sup>th</sup> Annual Meeting of the International Society for Traumatic Stress Studies.
17. **Gobin, R. L.**, Lobban-Moore, S., & Bryant-Davis, T. (August 2020). *Culturally responsive interventions for women of color survivors of interpersonal trauma*. Virtual presentation at the American Psychological Association Convention.
18. Shortway, K., Sauer, E., Wilkinson, L., Cunningham, K., Gholson, G., **Gobin, R. L.**, Hollis-Sawyer, L., Parker, L., Steward, J., Toma, D., Vencill, J., & White-Symeonides (August 2020). *Not just what we ask, but how we ask it: Mindful and informed assessment of sexual trauma*. Virtual presentation at the American Psychological Association Convention.
19. Kanter, J., **Gobin, R. L.**, Rosen, D., & Branstetter, H. (May 2020). *Innovations in decreasing microaggressions from psychological science*. Pre-conference Institute at the National Conference for Race and Ethnicity in American Higher Education, New York, NY.
20. **Gobin, R. L.** & Bryant-Davis, T. (March, 2020). *Trauma-informed self-care and spirituality among ethnically diverse Christian women*. Oral presentation at the International Conference of the Christian Association for Psychological Studies, Atlanta, GA.

21. Treichler, E., Crawford, J., **Gobin, R.L.**, Gonzalez, K., Lee, E., & Siegel, W. (November, 2019). *Social justice advocacy: What it is, why it matters, & how to help psychology fellows integrate it into their professional identity and practice*. Panel discussion at the 53<sup>rd</sup> Annual Convention of the Association for Behavioral and Cognitive Therapy, Atlanta, GA.
  
22. Moore, S. & **Gobin, R. L.** (August, 2019). *#WhyIStayed: Understanding and supporting Black women in the aftermath of domestic violence*. Oral presentation at the 2019 American Psychological Association Convention, Chicago, IL.
  
23. Miller, A., **Gobin, R. L.**, & Grant, N. (August, 2019). *How to teach self-care to psychology graduate students*. Oral presentation at the 2019 American Psychological Association Convention, Chicago, IL.
  
24. Tehee, M., **Gobin, R. L.**, Quintana, S., & Ramirez Stege, A. (August, 2019). *Incorporating service learning into teaching for mutual benefit of students and our communities*. Oral presentation at the 2019 American Psychological Association Convention, Chicago, IL.
  
25. Babcock Fenerci, R., Olomi, J., Wright, N., & **Gobin, R. L.** (August, 2019). *Betrayal trauma and interpersonal functioning across the lifespan*. Symposium at the 2019 American Psychological Association Convention, Chicago, IL.
  
26. **Gobin, R. L.**, \*Laprise, J., \*Akingbule, O., Nathan, J., Tassone, M. (June, 2019). *Evaluating acceptance and commitment therapy for public stigma towards Veterans*. Presentation at the 2019 Association for Contextual Behavioral Science World Conference, Dublin, Ireland.
  
27. **Gobin, R. L.** (March, 2019). *Teaching psychological trauma: Strategies for integrating diversity and resilience*. Teaching Institute Poster Session at the International Convention of Psychological Science, Paris, France.
  
28. **Gobin, R. L.** (November, 2018) *Supporting women Veterans' health and well-being: Unique challenges and proposed solutions for research, practice, and policy*. Symposium entitled: Women Veterans: Health, Community, & Legacy sponsored by the UIUC Chez Center for Wounded Veterans in Higher Education and Illinois Joining Forces, Urbana, IL. (invited)
  
29. **Gobin, R. L.** (November, 2018). *Impact of posttraumatic stress disorder on sexuality and sexual functioning among female sexual assault survivors*. Oral presentation at the 2018 American Public Health Association Annual Meeting and Expo, San Diego, CA.
  
30. Smith, S., Woods-Jaeger, B., Banducci, A., Patel, A., & **Gobin, R. L.** (November, 2018). *Addressing culture in trauma training*. Panel presentation at the 34<sup>th</sup> Annual Meeting of the International Society for Traumatic Stress Studies, Washington, DC.

31. \*Godlin, K., **Gobin, R.L.**, & Pargament, K. (October, 2018). *Predictors of growth in survivors of domestic violence: Are religious coping and perceptions of God's helpful action beneficial to women?* Paper presentation at the 2018 Annual Meeting of the Society for the Scientific Study of Religion and the Religious Research Association, Las Vegas, NV.
32. Martin, S., Baggley, L., Day, A., **Gobin, R. L.**, House, A., Silberstein, L. (July, 2018). *#MeToo movement: What contextual sciences can, and are doing, to contribute to the issue of sexual assault and harassment.* Panel presentation at the ACBS World Conference 16, Montreal, Quebec, Canada.
33. Tubman, D., Afari, N., **Gobin, R. L.**, Kasujja, R., & Smith, W. L. (July, 2018). *Advancing ACT in the military: Opportunities, challenges, and recommendations from an international panel.* Panel presentation at the ACBS World Conference 16, Montreal, Quebec, Canada.
34. **Gobin, R. L.**, Tabb-Dina, K., Alston, R., Gundersen, C., & Woods, J. (March, 2018). *Closing the gap: Addressing social determinants of health to reduce health disparities.* Panel presented at the Illinois Summit on Diversity in Psychological Science, Champaign, IL.
35. **Gobin, R. L.** (January, 2018). *Building an effective trauma psychology course for undergraduate and graduate students from diverse academic disciplines.* Workshop presented at the 2018 Hawaii University International Conferences on Arts, Humanities, Social Sciences, & Education, Honolulu, HI.
36. Bellmore, A. **Gobin, R. L.**, Larsen, S. E., Holens, P., Lawrence, K., & Pacella, M. (November, 2017). A systematic review of residual symptoms after empirically supported trauma-focused psychological treatment. In S. Larsen (Chair) *The aftermath of PTSD treatment: Characteristics associated with either residual symptoms or long-term improvement* Symposium presented at the 33<sup>rd</sup> Annual Meeting of the International Society for Traumatic Stress Studies, Chicago, IL.
37. **Gobin, R. L.**, \*Niznikiewicz, M. A., \*Vuyyuru, C., Whealine, J., Khun, E., & Pietrzak, R. H. (August, 2017). *Investigation of an internet intervention to improve mental health treatment seeking among veterans.* Poster presentation at the 2017 Military Health System Research Symposium, Kissimmee, FL.
38. **Gobin, R. L. (Chair)**, Forrester, L., Blom, M., & Szabo, T. (June, 2017). *Gender and Acceptance-Based Treatment Approaches in Punishing Contexts.* Symposium delivered at the Association for Contextual Behavioral Science World Conference 15, Seville, ES.
39. **Gobin, R. L.**, Lang, A. J., Golshan, S., Allard, C.B., Bomyea, J., Schnurr, P. P., & Strauss, J. L. (June, 2017). *Gender Differences in Response to Acceptance and Commitment Therapy among US Military Veterans.* Research presentation to be delivered at the Association for Contextual Behavioral Science World Conference 15, Seville, ES.

40. **Gobin, R. L.** (April, 2017). *Using Acceptance and Commitment Therapy in the General Public to Reduce Mental Health Stigma towards Veterans*. Oral presentation to be delivered at the 4<sup>th</sup> Annual Association for Contextual Behavioral Science Chicago Conference, Chicago, IL.
41. **Gobin, R. L.** & Bryant-Davis (January, 2017). *Counseling African American Women Interpersonal Trauma Survivors: From Trials to Triumph*. Research presentation at the 2017 National Multicultural Conference and Summit, Portland, OR.
42. **Gobin, R. L.** (September, 2016). *Religiosity and spirituality in the aftermath of interpersonal trauma among African Americans: What is psychology's responsibility?* Oral presentation at the 22<sup>nd</sup> South African Psychology Congress, Johannesburg, ZA.
43. **Gobin, R. L.**, & Morrow, M. (August, 2016). *Giving voice to the crisis of sexual violence among African American women and children*. Research presentation at the 2016 American Psychological Association Annual Convention, Denver, CO.
44. Russano, S., Joy, K. Georgianna, F. Pilavjian, H. Straus, E. **Gobin, R. L.**, & Allard, C. B. (April, 2016). *Religiosity in military sexual trauma survivors: Differences in posttraumatic growth*. Paper presentation at the 33<sup>rd</sup> Annual Conference of the International Society for Trauma and Dissociation, San Francisco, CA.
45. Russano, S., Joy, K., & Straus, E., Georgianna, F., Pilavjian, H., **Gobin, R. L.**, & Allard, C.B. (February, 2016): *Religiosity in interpersonal trauma survivors including military sexual trauma survivors: Differences in posttraumatic growth*. Poster presentation at the 2016 Military and Veteran Resiliency Summit, San Diego, CA.
46. Orchowski, L. M., **Gobin, R. L.**, & Zlotnick, C. (November, 2015). *The Intersection between Victimization, Substance Use, Mental Health, and HIV RISK among Young Women*. Poster presented at the 31<sup>st</sup> Annual Meeting of the International Society for Traumatic Stress Studies, New Orleans, LA.
47. Butler, E., **Gobin, R.L.**, & Coleman, N. (August, 2015). *Black Women in Media: Implications for Identity and Sexuality*. Research presentation at the 2015 American Psychological Association Annual Convention, Toronto, Canada.
48. Rom-Rymer, B., Pole, N., Brown, L., **Gobin, R.L.**, Mattar, S., Smith, C. (August, 2015). *The APA Crisis: Institutional Betrayal and Recovery*. Invited Panelist at the 2015 American Psychological Association Convention, Toronto, CA.
49. Barnett, D. L., Jenifer, E., & **Gobin, R. L.** (July, 2015). *African Americans, Family, and the Military*. Paper presentation at the 47<sup>th</sup> Annual International Convention of the Association of Black Psychologists, Las Vegas, NV. \*CEUs provided
50. **Gobin, R. L.** & Morrow, M. (July, 2015). *My Brother's Keeper: The Culture of Silence around African American Sexual Assault*. Paper presentation at the 47<sup>th</sup> Annual International Convention of the Association of Black Psychologists, Las Vegas, NV.

51. **Gobin, R.L.** & Bryant-Davis, T. (January, 2015). *Hard Pressed, But Not Crushed: Incorporating Spirituality and Religious Coping into Interpersonal Trauma Recovery*. Skill-Building Workshop at the 2015 National Multicultural Conference and Summit, Atlanta, GA.
52. **Gobin, R.L.**, Jain, S., Ernstrom, K., Reman, R., Schnurr, P. P., & Lang, A. (November, 2014). *Acceptance and Commitment Therapy for OEF/OIF/OND Female Veterans with Histories of Interpersonal Trauma: A Preliminary Investigation*. Poster presented at the 30th Annual Meeting of the International Society for Traumatic Stress Studies, Miami, FL.
53. **Gobin, R.L.**, Walter, K. H., Lin, L., Agha, Z., & Thorp, S. (November, 2014). *Baseline Associations between Mindfulness and Post-Traumatic Stress Disorder Symptoms among Treatment Seeking Veterans*. Poster presented at the 30th Annual Meeting of the International Society for Traumatic Stress Studies, Miami, FL.
54. **Gobin, R.L.**, Vergara, G. \*, & Allard, C. B. (October, 2014). *A Pilot Test of the Effectiveness of a Pre-PTSD-treatment Emotion Regulation and Distress Tolerance Skills Building Group on PTSD Treatment Engagement and Effectiveness in Survivors of Military Sexual Trauma*. Clinical research presentation and discussion forum at the 31st Annual Conference of the International Society for the Study of Trauma and Dissociation, Long Beach, CA.
55. **Gobin, R.L.** & Allard, C.B. (July, 2014). *Sexual Functioning Among African American Female Veterans*. Clinical research presentation at the 46th Annual Meeting of the Association of Black Psychologists, Indianapolis, IN.
56. Morrow, M., **Gobin, R.L.**, & Plunkett, C. (July, 2014). *Speak: The Prevention Of Child Sexual Abuse among African American Children*. Research presentation and discussion forum at the 46th Annual Meeting of the Association of Black Psychologists, Indianapolis, IN. \*CEUs provided
57. **Gobin, R.L.**, Allard, C.B., Good, R., & Lang, A. (March, 2014). *A Preliminary Investigation of Acceptance and Commitment Therapy for Female Veterans with Histories of Interpersonal Trauma*. Poster presented at the 9th Annual UCSD Lewis L. Judd Young Investigators Research Symposium, San Diego, CA.
58. **Gobin, R. L.**, & Punzo, J. (March, 2014). *Understanding Military Sexual Trauma: Implications for Your Practice*. Clinical research presentation at the 5<sup>th</sup> Annual VA San Diego Women's Health Conference, San Diego, CA.
59. Kao, J., Chuong, A., Reddy, M.K., **Gobin, R.L.**, Zlotnick, C., & Johnson, J. (November, 2013). *Past Trauma and Current Perceived Social Support among Women and Men in Prison*. Poster presented at the 29th Annual Meeting of the International Society for Traumatic Stress Studies, Philadelphia, PA.



60. Butler, E., McCulloch, C., Nunnink, S., **Gobin, R. L.**, Punzo, J., Platt, M., & Allard, C.B. (September, 2013). *Service Utilization and Treatment Outcomes for Veterans with Military Sexual Trauma: Implications for Clinical Practice*. Research presentation and panel discussion presented at the 18<sup>th</sup> Annual International Conference & Summit on Violence, Abuse, & Trauma, San Diego, CA.
61. **Gobin, R.L.** & Morrow, M. (July, 2013). *Sexual Violence in African American Women and Girls: An African Centered Approach*. Research symposium at the 45<sup>th</sup> Annual Meeting of the Association of Black Psychologists, New Orleans, LA.
62. **Gobin, R.L.**, Reddy, M.K., Zlotnick, C., & Johnson, J. (April, 2013). Associations between lifetime trauma and antisocial personality disorder in a sample of incarcerated women and men. Poster presentation at the annual Research Symposium on Mental Health Sciences of The Warren Alpert Medical School of Brown University, Providence, RI.
63. Kao, J., Chuong, A., Reddy, M.K., **Gobin, R.L.**, Zlotnick, C., & Johnson, J. (April, 2013). *Past Trauma and Current Perceived Social Support Among Women and Men in Prison*. Poster presentation at the annual Research Symposium on Mental Health Sciences of The Warren Alpert Medical School of Brown University, Providence, RI.
64. **Gobin, R. L.**, Iverson, K. M., Mitchell, K., Vaughn, R. & Resick, P.A. (November, 2012). *The Relative Impact of Previous Interpersonal Trauma on Intimate Partner Violence Survivors' PTSD Symptoms*. Paper presented at the 28th Annual Meeting of the International Society for Traumatic Stress, Los Angeles, CA.
65. **Gobin, R. L.** & Freyd, J.J. (November, 2012). *The Impact of Betrayal Trauma on Trust*. Poster presented at the 28th Annual Meeting of the International Society for Traumatic Stress, Los Angeles, CA.
66. **Gobin, R. L.** & Freyd, J. J. (October, 2012). *Betrayal Trauma, Betrayal Awareness, and Peritraumatic Dissociation*. Paper presented at the 29<sup>th</sup> Annual Conference of the International Society for the Study of Trauma and Dissociation, Long Beach, CA.
67. **Gobin, R. L.** & Freyd, J.J. (October, 2011). *Trauma, Trust, and Betrayal Awareness*. Paper presented at the Conference of Ford Fellows, Irvine, CA.
68. Bryant-Davis, T., Ullman, S., Tsong, Y., & **Gobin, R.L.** (November, 2009). *Surviving Sexual Assault: African American Women, Social Support, and Religious Coping*. Paper presented at the 25<sup>th</sup> Annual Meeting of the International Society for Traumatic Stress Studies, Atlanta, GA.
69. **Gobin, R.L.** (August, 2009). *Resiliency among African American Women: The Role of Social Support and Religiosity in Overcoming Sexual Assault*. Paper presented at the 41<sup>st</sup> Annual Association of Black Psychologists International Convention, Atlanta, GA.

70. **Gobin, R.L.** & Freyd, J.J. (November, 2008). *Betrayal and Revictimization*. Paper presented at the 24th Annual Meeting of the International Society for Traumatic Stress Studies, Chicago, IL.
71. **Gobin, R. L.** & Freyd, J. J. (August, 2008). *Betrayal and Revictimization*. Paper presented at the 116th Annual Convention of the American Psychological Association, Boston, MA.
72. **Gobin, R. L.** & Freyd, J. J. (July, 2008). *Trust and Revictimization among Betrayal Trauma Survivors*. Paper presented at the 12<sup>th</sup> International Family Violence and Child Victimization Research Conference, Portsmouth, NH.
73. Kaehler, L. A. & **Gobin, R. L.** (February, 2008). *Tis Nobler in the Mind to Suffer?: Suicide Risk Factors and Trauma*. Symposium delivered at the 2008 University of Oregon Crisis Prevention Conference, Eugene, OR.
74. **Grimes, R.L.** (April, 2006). *Revictimization and Dissociation: An Examination of the Impact of Initial Abuse Dynamics*. Paper presented at the Wesleyan College Annual Student Scholarship Convention, Macon, GA.
75. **Grimes, R.L.** (April, 2005). *Female Tolerance of Infidelity in Romantic Relationships*. Poster presented at the 51<sup>st</sup> Southeastern Psychological Association Annual Meeting in Nashville, TN.

#### **UNIVERSITY TEACHING EXPERIENCE**

Fall, 2016-present	<i>Course Instructor, Trauma, Diversity, &amp; Resilience, UIUC</i>
Fall & Spring, 2015-present	<i>Course Instructor, Mental Health, UIUC</i>
Winter, 2009	<i>Graduate Teaching Assistant, Culture and Mental Health, UO</i>
Spring, 2008, 2009	<i>Laboratory Instructor, Statistical Research Methods in Psychology, UO</i>
Fall, 2008	<i>Graduate Teaching Assistant, Introductory Psychology, UO</i>
Winter, 2008	<i>Graduate Teaching Assistant, Marriage and Family Therapy, UO</i>
Summer, 2007	<i>Sole Instructor, Mind and Society (Introductory Psychology), UO</i>
Fall, 2007	<i>Graduate Teaching Assistant, Psychology of Gender, UO</i>
Fall, 2006, W2007, S2007	<i>Laboratory Instructor, Mind and Society (Introductory Psychology), UO</i>

**MEDICAL CENTER TEACHING, CONTINUING EDUCATION WORKSHOPS, & TRAINER EXPERIENCE**

- Summer, 2022      *Trainer*, Self-Care Strategies for Therapists, 2-hour workshop sponsored by Steadfast Center, August 9, 2022, Champaign, IL  
*\*CEUs provided*
- Summer, 2021      *Lead Trainer*, Self-Care and Radical Healing for BIPOC Therapists on the Front Lines: Using Contextual Behavioral Science to Navigate Multiple Pandemics, 6-week live online workshop in collaboration with Praxis, May 10-June 21, 2021  
*\*CEUs provided*
- Spring 2021      *Invited Lecture*, Vulnerability and Authenticity in Connecting Across Cultural Differences, 2-hour Virtual Faculty Development Workshop, University of Washington School of Medicine, March 24, 2021
- Spring, 2021      *Invited Lecture*, Decreasing Microaggressions & Promoting Antiracism in our Programs: The View from 2021, 3-hour Virtual Faculty Development Workshop for Pacific University Department of Psychology, March, 17, 2021
- Spring, 2021      *Co-Trainer*, From Ally to Antiracist: Using Contextual-Behavioral Science to Cultivate Growth and Action as Clinicians and Humans, 6-week online workshop in collaboration with Praxis, February 1-March 15, 2021 *\*CEUs provided*
- Spring, 2020      *Trainer*, Interpersonal Trauma Treatment Training: CPT, PE, and ACT Skills and Techniques for Improved Outcomes, 2-day training, March 5-6, 2020, Manhattan, NY *\*CEUs provided*
- Fall, 2019      *Invited Lecture*, Empowering Medical and Mental Health Professionals to Work Effectively with Sexual Trauma, 1-hour Presentation at Carle Mental Health Symposium, September 4, 2019, Champaign, IL *\*CEUs provided*
- Spring, 2019      *Invited Lecture*, ACT Lecture Series—sponsored by the Department of Veterans Affairs, 1-hour educational webinar, April 24, 2019, Online via Adobe Connect
- Fall, 2018      *Invited Lecture*, Mindfulness in Medicine, 1-hour workshop delivered as a part of the Wellness Wednesday curriculum, Carle Illinois College of Medicine, September 26, 2018, Champaign, IL
- Fall, 2018      *Invited Workshop Facilitator*, Let’s Take a Mindful Minute: How Mindfulness Can Reduce Stress and Enhance Productivity in Teachers and Students, 3-hour workshop delivered to the

Department of Special Education Faculty at Illinois State  
University, September 14, 2018, Normal, IL

- Fall, 2018 *Invited Lecture*, Acceptance and Commitment Therapy for Interpersonal Trauma Exposure, 4-hour workshop delivered at the ACT Bootcamp for Women, August 16-19, 2018, San Diego, CA \*CEUS provided
- Spring, 2018 *Invited Speaker*, Mindfulness and Health, American Medical Student Association UIUC Chapter, Champaign, IL
- Spring, 2018 *Invited Workshop Facilitator*, Mindfulness-based Approaches and Well-being, Medicine and Society course for 4<sup>th</sup> year medical students, Presence Hospital, Urbana, IL
- Fall, 2016 *Invited Lecture*, Prioritizing Client Values and Empowering Clinicians to Work Effectively with Trauma Survivors, 6-hour workshop delivered at the 2016 Iowa Psychological Association Fall Conference, Central College, Pella, IA \*CEUs provided
- Summer, 2016 *Invited Lecture*, How to Get Systems to Acknowledge Trauma Exposure and Its Impact on Mental Health, and Then Do Something About It, 1.5 hour Psychiatry Grand Rounds presentation at 32<sup>nd</sup> Annual Public Sector Psychiatry Conference, Boston, MA \*CEUs provided
- Summer, 2015 *Guest Lecturer*, Behavioral Medicine Seminar on Sexual Dysfunction and Sexual Health Assessment, VASDHS
- Winter, 2015 *Faculty*, Working with Military Sexual Trauma Survivors VA Staff In-service Training, VASDHS
- Summer, 2014-15 *Lead Faculty*, Year-long PTSD Training Seminar for Predoctoral Trainees and Postdoctoral Fellows, VASDHS
- Summer, 2014 *Lead Faculty*, 10-hour Human Sexuality Seminar for Predoctoral Trainees and Postdoctoral Fellows, VASDHS
- Summer, 2014 *Training Faculty*, Working Effectively & Compassionately with Veterans with Multiple Problems and Severe Emotion Dysregulation, VASDHS
- Spring, 2014 *Faculty*, Sexual Medicine and Addictive Behaviors CEU Training, Long Beach VA Healthcare System

**PROFESSIONAL DEVELOPMENT PRESENTATIONS, COMMUNITY WORKSHOPS,  
AND WEBINARS**

1. Armesto, J. & **Gobin, R. L.** (December 2022-February 2023). *Mindful Self-Compassion Class*. 10-week Community Workshop sponsored by the UC San Diego Center for Mindfulness.
2. Moore-Lobban, S. & **Gobin, R. L.** (October 2022). *The Black Woman's Guide to Overcoming Domestic Violence*. 1-hour Virtual Book Club hosted by Domestic Violence Ended, Inc.
3. **Gobin, R. L.**, Moore-Lobban, S., & Bryant, T. (October 2022). *The Black Woman's Guide to Overcoming Domestic Violence*. 1-hour Virtual Book Discussion hosted by the Delta Sigma Theta Sorority, Inc Stone Mountain-Lithonia Alumnae Chapter.
4. **Gobin, R. L.** (December 2021). *Self-Care 104: Values and Self-Care*. 1-hour Virtual Workshop for She Wins Society Community Members.
5. **Gobin, R. L.** (November 2021). *Self-Care: An Antidote for Stress and Self-Image Concerns*. Virtual presentation at the Southwestern Christian College 84<sup>th</sup> Lectureship.
6. **Gobin, R. L.** (October 2021). *Fueling Our Minds and Bodies for Optimal Living*. Virtual presentation at the Bouldercrest Church of Christ Virtual Health and Wellness Symposium.
7. **Gobin, R. L.** (September 2021). *Self-Care 103: Creating Time for Self-Care*. 1-hour Virtual Workshop for She Wins Society Community Members.
8. Bellamy, P. & **Gobin, R. L.** (June 2021). *Managing Relationships as a Blackademic*. 1-hour Virtual Presentation at the Academics for Black Survival and Wellness (A4BL) Summit.
9. **Gobin, R. L.** (June 2021). *Self-Care 102: Journaling as a Self-Care Practice*. 1-hour Virtual Workshop for She Wins Society Community Members.
10. **Gobin, R. L.** (May 2021). *Self-Care for Women of Color in Academia*. 1-hour Virtual Workshop at the Northeastern University Women of Color in the Academy Conference.
11. **Gobin, R. L.** (April 2021). *Ask an Author*. Panelist at Virtual Ask an Author Series for The Chicago Metropolitan Alumnae Chapter of Delta Sigma Theta Sorority Inc.
12. **Gobin, R. L.** (March 2021). *Self-Care 101: Self-Care Essentials*. 1-hr Virtual Workshop for She Wins Society Community Members.
13. **Gobin, R. L.** (March 2021). *Maintaining Your Peace*. Panelist at She Wins Society Stepping N2 Sisterhood Conference.
14. **Gobin, R. L.** (March 2021). *Self-Care Prescriptions: Living Your One Life Well*. 2-hr Workshop at the Women of Wisdom Virtual Conference.

15. **Gobin, R. L.**, Eng, J., Espinosa, L., Nelson, V., Afzali, A., Orbach, P., & Taber-Hamilton, R. (March 2021). *Heart-Centered Activism: The Power of Women to Create Racial Equity*. Panelist at the Women of Wisdom Virtual Conference.
16. **Gobin, R. L.** (February 2021). *Ultimate Alignment: Living Your Values in Everyday Life*. 1-hour Virtual Workshop for the Cultivate Women's Winter Retreat.
17. **Gobin, R. L.** (January 2021). *The Self-Care Prescription*. Virtual presentation at the Psychologists Off the Clock Wise Minds Summit.
18. **Gobin, R. L.**, McLeod, C., Reed, S., Toussant, S., & Clark, C. (January 2021). *Black Women's Mental Health*. Panelist at the Wholistically You Virtual Summit.
19. **Gobin, R. L.** (December 2020). *Vocational Self-Care: Caring for Yourself at Work*. 1-hour Virtual Presentation for the Education Justice Program Lunch n' Learn Series.
20. **Gobin, R. L.** (November 2020). *Reclaiming My Time: Self-Care for Purpose-filled Women*. 1-hour Virtual Workshop at the 2020 Whole Woman Experience.
21. **Gobin, R. L.** (October 2020). *Identifying What Causes the Breakdown of Sisterhood and How We Can Collectively Improve*. Panelist at the She Wins Society Stepping N2 Sisterhood Retreat.
22. **Gobin, R. L.** (October 2020). *Spiritual Self-Care for Black Women*. 1-hour Virtual Workshop at the Strong Black Woman Masks Off Virtual Retreat.
23. **Gobin, R. L.** (October 2020). *Self-Care for the Child Practitioner*. Virtual Workshop at the Prioritizing Play Virtual Conference.
24. **Gobin, R. L.** (October 2020). *Building an Academic Brand*. Doctoral Social Work Association PhD Brownbag Series Presentation, Champaign, IL.
25. **Gobin, R.L.** (September-October 2020). Self-Care Prescription Series. Six weekly 1-hour Virtual Workshop Sessions for Defy Gravity CU.
26. **Gobin, R.L.** (September 2020). *Spiritual Self-Care for Christians*. 1-hour Virtual Workshop for Reformation Church.
27. **Gobin, R. L.** (May 2020). *Trauma, Self-Care, and Empowerment*. Interview at the Be Courageous Online Summit.
28. **Gobin, R. L.** & Hauser, C. (February 2020). *Finding and Nurturing Your Authentic Self: Shame Resilience and Self-Compassion*. Keynote presentation at the Womxn's Career Institute, Champaign, IL.
29. **Gobin, R. L.** (July 2020). *You Got This: Rebuilding and Resetting with Resilience*. Invited Panelist at the Black Girls Teach Level Up Virtual Retreat.

30. **Gobin, R. L.** & Dodson, M. (February, 2019). *Branding Yourself as a Psychologist*. Participant in Virtual Connection and Development Series Webinar sponsored by the APA Division 17 Early Career Professionals Committee.
31. **Gobin, R. L.** (February 2018). *Balancing Academia with the Call to Serve*. Invited Speaker at the Leadership Education to Advance Diversity (LEAD) Institute sponsored by the Society of Clinical Child and Adolescent Psychology (SCCAP), Miami, FL.
32. Banks, K., Ferguson, A., **Gobin, R. L.**, Maton, K., & Toporek, R. (November 2018). *Psychologists and Legislative Advocacy at State/Local Levels*. Presenter for webinar co-sponsored by APA Divisions 17, 27, 35, & 45.
33. **Gobin, R. L.**, Ivey, K. C., Keck, P., Syme, M., Young, J. (August 2018). *Supporting Specialization Among Early Career Psychologists*. Participant in Symposium entitled: *Am I Special? Challenges, Benefits, Resources for Developing a Specialty Area Across the Career Path* at the 2018 American Psychological Association Convention, San Francisco, CA.
34. Banks, K., Ferguson, A., **Gobin, R. L.**, Ho, I., Liang, C., Maton, K., Toporek, R. (August 2018). *Community Advocacy: Training Psychologists to Act Locally*. Participant in Workshop Co-Sponsored by American Psychological Association Divisions 17, 35, & 45 at the 2018 American Psychological Association Convention, San Francisco, CA.
35. **Gobin, R. L.** (April 2018). *10 Tips for Getting Published in Graduate School*. Webinar presenter in the 2018 Division 45 Student Section Virtual Mentorship Program.
36. **Gobin, R. L.** (April 2018). *Getting Funded: Writing Grants and Fellowship Proposals*. Webinar presenter in the 2018 Division 45 Student Section Virtual Mentorship Program.
37. **Gobin, R. L.** (February 2018). *Balancing Academia with the Call to Serve*. Invited Speaker at the UIUC Clinical-Community Psychology Department Brownbag Series, Champaign, IL.
38. **Gobin, R. L.** (August 2017). *Obtaining a Teaching or Research-Focused Postdoc: Tips, Tricks, and How-To's*. Participant in symposium hosted by the American Psychological Association of Graduate Students at the 2017 American Psychological Association Convention, Washington, D.C.
39. **Gobin, R. L.** (August 2017). *What You Need(ed) to Know: Perspective from an Early Career Psychologist*. Participant in symposium entitled Truth in Advertising: Describing Training Programs to Students at the 2017 American Psychological Association Convention, Washington, D.C.
40. Cruza-Guet, M., **Gobin, R.L.**, et al. (August 2016). *An Insider's Guide to Research and Training Funding Opportunities—Talk with NIH Staff*. Participant in symposium hosted by the APA Committee on Early Career Psychologists at the 2016 American Psychological Association Convention, Denver, CO.

41. **Gobin, R. L.** et al., (May 2016). *Examination for Professional Practice in Psychology (EPPP) Workshop*. Invited Panelist for workshop sponsored by the Illinois Psychological Association, Chicago, IL.
42. Rom-Rymer, B., Pole, N., Porterfield, K., Figley, C., Gold, S., Smith, C., & **Gobin, R.L.** (September 2015). *The Hoffman Report: Division 56 Discusses Initial Reactions and Plans*. Invited Panelist for Webinar hosted by the APA Division of Trauma Psychology.
43. Felipe, L., **Gobin, R.L.**, Goode-Cross, D., Green, J., Llamas, J., Pina-Watson, B. (August 2015). *Empty Wallet Syndrome: Securing Loan Repayment as an Early Career Psychologist*. Presenter for Webinar hosted by the CNPAAEMI Leadership Development Institute Fellows.
44. Jones, J. & **Gobin, R.L.** (July 2015). *Passing the Examination for Professional Practice in Psychology*. Panelist at the 47<sup>th</sup> Annual International Convention of the Association of Black Psychologists, Las Vegas, NV.
45. **Gobin, R. L.** (July 2013). *Securing Funding*. Invited Panelist at the 45<sup>th</sup> Annual International Convention of the Association of Black Psychologists, New Orleans, LA.
46. **Gobin, R.L.** (July 2012). *What Now?: Options for Undergraduate Psychology Majors*. Invited panelist at the 44<sup>th</sup> Annual International Convention of the Association of Black Psychologists, Los Angeles, CA.
44. **Gobin, R.L.** (January 2012). *Internship Interview Success*. Invited panelist for internship interview panel for National Center for PTSD research assistants, Boston, MA.
45. **Gobin, R.L.** & Rentie, R. J. (July 2011). *The Perfect Match: Securing a Predoctoral Psychology Internship*. Panelist at the 43<sup>rd</sup> Annual International Convention of the Association of Black Psychologists, Crystal City, VA.
46. **Gobin, R.L.** (August 2010). *Student Governance and Leadership within APA Division 35*. Invited speaker for Division 35 graduate student leadership fair at the 118<sup>th</sup> Annual Convention of the American Psychological Association, San Diego, CA.
47. **Gobin, R.L.** (April 2010). *Making the Most of Networking Opportunities at Academic Conferences*. Invited panelist for the graduate student workshop entitled Conference Cocktail Party: The Academic Introduction, Eugene, OR.

### **MENTORING EXPERIENCE**

- |              |   |
|--------------|---|
| 2022-present | <i>Research Advisor</i> for Stephanie Lai, UIUC Community Health Doctoral Student                   |
| 2023-present | <i>Research Mentor</i> for Matt Marsh, UIUC Undergraduate Student (anticipated graduation May 2025) |



- 2021-present *Dissertation Committee Member* for Megan Bayles, UIUC Community Health Doctoral Candidate (anticipated graduation May 2024)
- 2021-2023 *Dissertation Committee Member* for Nimot Ogunfemi, UIUC Clinical Community Psychology Doctoral Student (Defense completed February 2023)
- 2021-2023 *Dissertation Committee Member* for Markera Jones, UIUC Clinical Community Psychology Doctoral Student (Defense completed March 2023)
- 2020-2022 *Dissertation Committee Member* for Brianna Bucknor, UIUC Behavioral Neuroscience Doctoral Candidate (Defense completed May 2022)
- 2019-present *Master's Thesis Advisor and Dissertation Committee Member* for Kathryn Rhoades, UIUC Counseling (Master's thesis completed December 2021; anticipated graduation May 2024)
- 2019-2022 *Dissertation Chair and Advisor* for Michelle Pebole, UIUC Community Health Doctoral Candidate (Defense completed May 2022)
- 2019-2022 *Dissertation Co-Chair* for Danielle Pellum, UIUC Community Health Doctoral Candidate
- 2018-2022 *Dissertation Chair and Advisor* for Kristin Golden, UIUC Community Health Doctoral Candidate (Defense completed May 2022)
- 2018-2019 *Research Advisor* for Oluwatosin Akingbule, UIUC Community Health Graduate Student
- 2017-2021 *Dissertation Committee Member* for Patricia Cintroa, UIUC Neuroscience Doctoral Candidate (Defense completed May 2021)
- 2017-2021 *Research Mentor* for Jennifer Laprise, UIUC Psychiatry Resident
- 2017-2018 *Research Mentor* for Cassandra Colbert, UIUC Graduate Student in Counseling Psychology
- 2017-2018 *Research Supervisor*, Supervised two McNair Scholars in the conduct of a scientific literature review, submission of IRB applications, and the conduct of two separate quantitative research projects, including data collection, analysis, and manuscript preparation

- 2016-2018 *Research Mentor* for Kristin Godlin, UIUC Masters in Public Health (MPH) Graduate and John Templeton Foundation Transforming Chaplaincy Research Fellow
- 2016-2018 *Research Supervisor* for Sarah Graves, UIUC Masters in Public Health Graduate
- 2016-2018 *Research Supervisor* for Chandana Vuyyuru, UIUC Masters in Public Health Graduate
- 2016-2017 *Dissertation Committee Member* for Dan Greene, UIUC Kinesiology Doctoral Graduate (Défense completed May 2017)
- 2014-2015 *Research Supervisor*, Provided clinical and research supervision on eligibility screening, recruitment, safety assessment, data file management, and data analysis to undergraduate research assistants and post-baccalaureate study coordinator for a UCSD funded pilot clinical trial. MST & IPT Program, VASDHC.
- 2011 *Research Supervisor*, Supervised one undergraduate research assistant on data coding and analysis for my dissertation project. Dynamics Lab, University of Oregon.
- 2011 *Research Supervisor*, Supervised one undergraduate research assistant on literature review and data entry for a project exploring citation pattern in research on ethnic minority populations. Cultural Lab, University of Oregon.
- 2010-2011 *Research Supervisor*, Supervised two undergraduate research assistants on data entry for projects examining the intersection of culture, gender, and mental health. Diversity Initiative, University of Oregon.

### **SUPERVISED CLINICAL EXPERIENCE**

- 2013-2015 *Postdoctoral Clinician*, MST & IPT Clinic and Dialectical Behavior Therapy Clinic, VA San Diego Healthcare System
- 2012-2013 *Postdoctoral Clinician*, PTSD Clinic, Providence VA Healthcare System
- Postdoctoral Clinician*, Center for Sexual Health, North American Family Institute (*formerly Psychological Centers*)
- Research Study Therapist* (NIMH-R34 MH086682, PI: Johnson), Group Interpersonal Psychotherapy for Major Depression following Perinatal Loss, Alpert Medical School of Brown University

- 2012-2013 *PTSD Assessment Specialist* (NIH-5U49CE001248-05, PI: Taft), PTSD-Focused Relationship Enhancement Therapy for Returning Veterans and their Partners, Providence VA Healthcare System
- 2011-2012 *Clinical Psychology Intern*, Women’s Stress Disorder Treatment Team, Boston VA Healthcare System—Jamaica Plain Campus
- 2010-2011 *Graduate Student Therapist*, Center for Community Counseling
- 2009-2010 *Career Counselor and Group Co-facilitator*, Womenspace Advocacy Center
- 2009-2011 *Therapist/Assessment Specialist/Qualified Mental Health Professional*, Direction Service Counseling Center
- 2008-2010 *Group Facilitator*, Healthy Weight Intervention, Oregon Research Institute
- 2008-2009 *Doctoral Student Therapist*, Child and Family Center, University of Oregon
- 2007-2010 *Doctoral Student Therapist*, Psychology Clinic, University of Oregon
- 2007 *Parenting Coach*, Oregon Social Learning Center and Parenting Inside Out Management Training Program

**Clinical Supervision/Consultation Experience**

- 2021 *Clinical Consultant*, Prolonged Exposure Consultant Training Program, Emory University
- 2020-2021 *Diversity, Equity, Inclusion Consultant*, The Seattle Clinic
- 2020-present *Trauma Consultant and Content Expert*, Time’s Up Now
- 2016 *Clinical Consultant*, University of Illinois at Urbana Champaign
- 2015 *Clinical Consultant*, VA San Diego Healthcare System
- 2012 *Clinical Supervisor*, Boston Consortium in Clinical Psychology
- 2009 *Counseling Supervisor*, University of Oregon Communication Disorder and Science Program

**Specialized Clinical and Leadership Training and Certifications**

1. *Ways of Looking 5-Day Mindful Self-Compassion Retreat* Sponsored by Midwest Mindfulness Alliance facilitated by Sydney Spears, October 2022.

2. *Mindful Self-Compassion Teacher Training Practicum* Sponsored by the Center for Mindful Self-Compassion facilitated by Sydney Spears and Dawn MacDonald, April-June 2022.
3. *Mindful Self-Compassion Live Online Teacher Training (LOTT-16)* Sponsored by the Center for Mindful Self-Compassion facilitated by Mila de Koning and Ali Lambie, October-December 2021.
4. *Emotionally Focused Couples Therapy Core Skills Training* sponsored by the Chicago Center for EFT facilitated by Certified Emotionally Focused Trainer Gretchen Harro, LMFT, April-October 2021.
5. *Mindfulness-Based Eating Awareness Training (MB-EAT) for Health Professionals*, 3-month training with Andrea Lieberstein, MPH, RDN, January 15-April 2, 2021.
6. *The Complete Trauma-Sensitive Mindfulness Training: A Two-Part Comprehensive Training for Mindfulness Providers*. Presented by David Treleaven, PhD, March 30-July 11, 2020.
7. *A Deep Dive into Embodied Mindfulness: A Two-Day Retreat* sponsored by the University of Wisconsin Mindfulness Center. Facilitated by Jon Kabat-Zinn, Madison, Wisconsin, November 15-16, 2019.
8. *5-Day Mindful Self-Compassion Intensive*. Sponsored by the University of Wisconsin Mindfulness Center facilitated by Steve Hickman, Ph.D., Madison, Wisconsin, August 15-21, 2019.
9. *Grief, Joy, and Awakening 6-Day Meditation Retreat* sponsored by Mid America Dharma. Facilitated by David Chernikoff, LCSW, Florissant, Missouri, June 11-16, 2019.
10. *4-Day Externship in Emotionally Focused Couple Therapy* sponsored by the Chicago Center for EFT. Facilitated by Lisa Palmer, Ph.D. and Jeff Hickey, Ph.D., Chicago, Illinois, June 19-22, 2019.
11. *Mindfulness and Racial Justice: A Path for All of Us*, Day Long Workshop (8-hours) co-sponsored by the University of Wisconsin Mindfulness Center and the Social Innovation and Sustainability Leadership Program. Facilitated by Rhonda V. Magee, JD, Madison, Wisconsin, October 13, 2018.
12. *The Neurobiology of Trauma Master Trainer Training (21-hours)*, The Trauma Center at Justice Resource Institute (JRI), funded by the Department of Justice, Office for Victims of Crime (OVC) Vision 21 Innovation Grant, Chicago, Illinois, June-September, 2018.
13. *6-Day Midwest Mindfulness Meditation Retreat* co-sponsored by the UMASS Center for Mindfulness. Facilitated by Jon Aaron and Beth Mulligan, Racine, Wisconsin, May13-18, 2018.

14. *2-Day Mindful Self-Compassion Core Skills Workshop* sponsored by the Center for Mindful Self-Compassion. Facilitated by Chris Germer, Ph.D. and Kristin Neff, Ph.D., Middleton, Wisconsin, April 2018.
15. *Provisional Certificate of Qualification in Teaching Mindfulness Based Stress Reduction*, UCSD Center for Mindfulness Professional Training Institute, October 2017.
16. *Mindfulness-based Stress Reduction Teacher Training Intensive* sponsored by UCSD Center for Mindfulness. Facilitated by Susan Woods, LICSW and Patricia Rockman, MD, Petaluma, California, September 2017.
17. *Doing Experiential Therapy 2-Day Pre-Conference Workshop* at the ACBS World Conference 15. Facilitated by Robyn Walser, Ph.D. and Matthieu Villatte, Ph.D., Seville, Spain, July 2017.
18. *5-Day Mindfulness Retreat Training for Health Professionals* sponsored by UCSD Center for Mindfulness. Facilitated by Susan Woods, LICSW and Helen Vantine, Ph.D., Batavia, New York, March 2017.
19. *Leadership Institute for Indigenous and Diverse Women of Color (LIDWOC)*, facilitated by BraVada Garrett-Akinsanya, Ph.D. and other APA Division 35 Leaders, Portland, Oregon, January 2017.
20. *Certified Lesbian, Gay, Bisexual, Transgender (LGBT) Expert\**, VA San Diego Healthcare System, 2015 \*Successfully completed training requirements in LGBT culturally competent healthcare.
21. *Acceptance and Commitment Therapy: Using Mindfulness and Values to Make Powerful Life Enhancing Change*, 2-day Training facilitated by Robyn Walser, Ph.D., VA San Diego Healthcare System, February 2015.
22. *Emotion Focused Couples Therapy, Staying Ahead of the Curve: 2014 Updates for Innovative Relationship Treatment*, Daylong CEU workshop facilitated by Sue Johnson, Ph.D., University of San Diego, October 2014.
23. *Acceptance and Commitment Therapy: Mindfulness and Values in the Treatment of PTSD*, Pre-meeting Institute facilitated by Dr. Robyn Walser, 28<sup>th</sup> Annual Meeting of the International Society for Traumatic Stress Studies, Los Angeles, California, October 2012.
24. *Cognitive Processing Therapy*, 2-day workshop delivered by Dr. Patricia Resick, National Center for PTSD—Women’s Health Sciences Division, Boston VA Healthcare System, Boston, Massachusetts, September 2011. \**CPT Provider-Ready VA Clinician*
25. *Mindfulness Based Trauma Therapy: Compassion, Attention, and Meta-Cognitive Awareness*, Oregon Psychological Association CEU Workshop, Portland, Oregon, June 2011.

26. *Effective Treatment for Complex PTSD Related to Childhood Abuse and Multiple Traumatization*, International Society for Traumatic Stress Studies 25<sup>th</sup> Annual Pre-Meeting Institute, Atlanta, Georgia, November 2009.
27. *Acceptance and Commitment Therapy*, 3-day workshop sponsored by the Center on Early Adolescence and Oregon Research Institute, Eugene, Oregon, January 2009.
28. *Behavioral Activation as a Contextual Treatment for Depression*, Oregon Psychological Association CE Workshop, Portland, Oregon, November 2007.

### **AWARDS AND HONORS**

- |           |  |
|-----------|--|
| 2023      | College of Applied Health Sciences (AHS) Excellence in Undergraduate Teaching Award - Faculty  |
| 2022      | UIUC Center for Social and Behavioral Sciences (CSBS) Affiliate  |
| 2020      | APA Society for the Psychology of Black Women Carolyn Payton Early Career Award  |
| 2019      | APA Society for Military Psychology Early Career Professional Development Grant  |
| 2019      | Robert Wood Johnson Foundation New Connections Capstone Symposium Scholar  |
| 2018      | APA Citizen Psychologist Presidential Citation   |
| 2018      | Robert Wood Johnson Foundation Bi-Annual Symposium Scholar   |
| 2017      | Robert Wood Johnson Foundation Research and Coaching Clinic Scholar  |
| 2017      | Young Alumna Award, Wesleyan College   |
| 2016      | Judy E. Hall Early Career Psychologist Awardee, National Register of Health Service Psychologists  |
| 2016      | APA-MOU Conference Program for Collaboration and Exchange Fellow, 1 of 6 US psychologists funded to attend the 2016 Annual Meeting of the Psychological Society of South Africa (PsySSA) |
| 2016      | Federal Advisory Committee on Women Veterans Nominee   |
| 2016      | UIUC College of ACES Research Academy Fellow   |
| 2014-2016 | Association of Black Psychologists Leadership Fellow, Council of National Psychological Associations for the Advancement of Ethnic Minority Interests (CNPAAEMI)                         |

- 2013 NIH Loan Repayment Program Awardee (*awarded but not accepted due to other competitive funding*)
- 2013 Ford Foundation Postdoctoral Fellowship Awardee (*awarded but not accepted due to other competitive funding*)
- 2012 National Psychologist Trainee Register Credentialing Scholarship
- 2011 Excellence in Service Award, Association of Black Psychologists Student Board of Directors
- 2010 Ford Foundation Dissertation Fellowship
- 2010 Outstanding Research Reviewer Award, Quantitative Training for Underrepresented Groups
- 2010 APAGS Diversity Delegate at APA State Leadership Conference
- 2009 Henry V. Howe Scholarship, University of Oregon College of Arts and Sciences
- 2009 Graduate Research Award, University of Oregon Graduate School
- 2008 David Caul Graduate Research Grant, International Society for the Study of Trauma and Dissociation
- 2007 APA Minority Fellowship, Substance Abuse and Mental Health Services Administration (SAMHSA), 2007-2010
- 2006 Fighting Fund Fellowship, University of Oregon Graduate School
- 2006 McKee Educational Foundation Scholarship, Wesleyan College
- 2006 Psychology Award for Academic Excellence, Wesleyan College

### **PROFESSIONAL SERVICE**

- Editorial:** Co-Editor, *Journal of Trauma and Dissociation*, Special Issue on Discrimination, Violence & Healing in Marginalized Communities, 2018-2021
- Editorial Board Member, *Journal of Trauma and Dissociation*, 2016-present
- Guest Editor, *Journal of Trauma and Dissociation* Special Issue on Trauma, Attachment, and Intimate Relationships, 2010-2011
- Ad Hoc Reviewer, *Journal of Contextual Behavioral Science* (2018), *American Psychologist* (2017), *Journal of Interpersonal Violence* (2016-present), *Behavioral Medicine* (2017-present),

*Journal of Consulting and Clinical Psychology* (2012), *Journal of Trauma and Dissociation* (2012-present), *Psychology of Women Quarterly* (2011-present), *Journal of Black Psychology* (2010-2014; 2018), *Legal and Criminological Psychology* (2009)

**National:**

*Member*, APA Board of Convention Affairs

*Member-at-Large*, APA Division 56-Trauma Psychology, 2021-2022

*Board Member*, Bay Area Trauma Recovery Center, 2020-present

*Education Advisory Committee Member*, Center for Institutional Courage, 2020-present

*Council Representative*, APA Division 45-Society for the Psychological Study of Culture, Ethnicity, and Race, 2020-2022

*Conference Planning Committee*, Boris Lawrence Henson Foundation Can We Talk? Conference, 2019

*Board Member*, National Register of Health Service Psychologists, 2019-present

*Advisory Council Member*, Boris Lawrence Henson Foundation, 2018-present

*Virtual Mentor*, APA Division 45 Virtual Mentorship Program, 2018

*Community Advocacy Fellow*, APA Society for the Psychological Study of Culture, Ethnicity, and Race, 2018-2019

*Vice Chair*, APA Committee on Early Career Psychologists, 2018

*Program Co-Chair*, 5<sup>th</sup> Biennial APA Division 45 Research Conference, 2017-2018

*Early Career Psychologist Liaison*, National Register for Health Service Psychologists Board of Directors, 2017-2018

*Member-at-Large*, APA Division 45-Society for the Psychological Study of Culture, Ethnicity, and Race, 2017-2019

*APA Convention Suite Coordinator*, APA Division 56-Trauma Psychology, 2017



*Public Interest Representative*, APA Committee on Early Career Psychologists, 2016-2018

*Member-at-Large*, APA Division 56-Trauma Psychology Executive Committee, 2016-2018

*Member*, APA Division 56-Trauma Psychology Diversity and Multicultural Committee, 2015-2016

*Early Career Psychologist Committee Co-Chair*, Association of Black Psychologists, 2015-2016

*Reviewer of Applications*, APA Minority Fellowship Program Initial Review Committee, 2013

*Strategic Planning Chair*, Association of Black Psychologists Student Circle Executive Council, 2011-2012

*Student Representative*, Society for the Psychology of Women Section I: Psychology of Black Women, 2010

*State of Oregon Representative*, National Black Graduate Student Association, 2010-2011

*Research Chair*, Association of Black Psychologists Student Circle Executive Council, 2010-2011

*Reviewer of Conference Proposals*, Society for the Scientific Study of Ethnic Minority Issues, 2010

*Membership Co-Chair*, Association of Black Psychologists Student Circle Executive Council, 2009-2010

**State:** *Member-at-Large*, Illinois Psychological Association (IPA) Early Career Psychologist Executive Board, 2016

**UIUC:** *Member*, KCH Diversity, Equity, & Inclusion Committee, 2021-present

*Member*, AHS Elections and Credentials Committee, 2021-2023

*Chair*, KCH Student Grievance/Alleged Capricious Grading Committee, 2021-2022

*Member*, KCH Minors and Certificate Programs Committee, 2021-2022

*Member*, AHS Educational Policy Committee, 2019-2021

*Member, AHS Strategic Planning Committee, 2019*

*Member, KCH Educational Policy Committee, 2018-2019*

*Member, Ad Hoc Committee to Review the Chez Family Foundation Center for Wounded Veterans in Higher Education, 2018*

*Member, Community Healing and Resistance Through Storytelling (C-HeARTS) Research Collaborative, May 2017-present*

*Steering Committee Member, Illinois Summit on Diversity in Psychological Science, University of Illinois at Urbana-Champaign, 2017-2018*

*Member, Rape Awareness and Prevention Committee, University of Illinois, Urbana-Champaign, 2015-2019*

*Member, Counseling Center Advisory Committee, University of Illinois, Urbana-Champaign, 2015-2019*

**Community:**

*Alumna Trustee, Wesleyan College Board of Managers, 2022-present*

*Guest Speaker, Fit & Fab with Mindfulness Meditation, 1 hour presentation at Champaign Public Library, Champaign, IL, 2020*

*Workshop Presenter, Ring in the New Year with Self-Care, 1.5 hour Workshop at Champaign Public Library, Champaign, IL, 2020*

*Workshop Presenter, Self-Care for the Holidays, 1.5 hour Workshop at Champaign Public Library, Champaign, IL, 2019*

*Webinar Presenter, Managing Your Mental Health, Women by Choice Mental Wellness Webinar Series, 2019*

*Workshop Presenter, Self-Care Saturday: Elements of a Life Lived on Purpose, 2-hour Workshop Delivered at Bouldercrest Church of Christ, Atlanta, GA, 2019.*

*Workshop Presenter, Mindful Eating for Health and Happiness, Corelife Eatery, Champaign, IL, 2018.*

*Invited Webinar Presenter, Why You Need to Be More Mindful and Meditate, Women by Choice Mental Wellness Webinar Series, 2018*

*Guest Speaker*, Education Justice Project Mindfulness Discussion Group, Danville Correctional Facility, 2018

*Board Member*, Life Balance and Wellness Institute, 2018-2020

*Board Member*, Driven to Reach Excellence & Academic Achievement for Males (DREAAM) House, 2018-2020

*Treasurer*, Champaign Area Psychological Society (CAPS), 2017-2019

*Disaster Volunteer*, American Red Cross, 2017

*Invited Speaker*, Issues Confronting Women Veterans as they Exit the Military, Soroptimist International Desert Coast Regional Summit, May 15, 2015

*Member*, Student Involvement Subcommittee, Oregon Psychological Association, 2010

*Member*, Diversity Committee, Oregon Psychological Association, 2010

*Member*, University of Oregon Women in Graduate Sciences, 2009-2011

### **PROFESSIONAL AFFILIATIONS**

Association of Black Psychologists (ABPsi)

Association for Contextual Behavioral Science (ACBS)

American Psychological Association (APA)

Society for Military Psychology (APA Division 19)

Society for the Psychology of Women (APA Division 35)

Society for the Psychology of Black Women (APA Division 35 Section 1)

Society for the Psychology of Religion and Spirituality (APA Division 36)

Society for the Psychological Study of Culture, Ethnicity, and Race (APA Division 45)

Division of Trauma Psychology (APA Division 56)

International Society for Traumatic Stress Studies (ISTSS)

### **MEDIA APPEARANCES AND INTERVIEWS**

Massage Magazine (January 2023). "To build vibrant emotional health, accept all of yourself" Article by Mark Liskey, L.M.M, C.N.M.T. Web Link: <https://www.massagemag.com/to-build-vibrant-emotional-health-accept-all-of-yourself-138074/>

APA Monitor on Psychology (July 2022). “For psychologists of color, self-care is much more than that” Interview by Tori DeAngelis. Web Link: <https://www.apa.org/monitor/2022/07/news-psychologists-self-care>

Forge (May 2021). “The pandemic finally killed the self-care myth” Interview by Rainesford Stauffer. Web Link: <https://forge.medium.com/the-pandemic-finally-killed-the-self-care-myth-3c7609428315>

ciLiving Interview (May 2021). “The self-care prescription journal: Promoting holistic wellness” Interview by Heather Roberts. Web Link: <https://www.wcia.com/ciliving-tv/creating-space-in-your-life-for-self-care-through-journaling-with-dr-robyn-gobin/>

Release the Queen in You Podcast Interview (April 2021). “Mental health and self-care for Black women” Interview by Natalie Louis.

Mastermind Podcast Interview (July 2020). “The self-care prescription” Interview by Chris Ruffin, Jr. and Malia Brown. Web Link: <https://bit.ly/2ZBpeuO>

ciLiving Interview (April 2020). “Self-care while sheltering in place” Interview by Heather Roberts. Web Link: <https://www.wcia.com/ciliving-tv/self-care-tips-with-dr-robyn-gobin-while-practicing-social-distancing/>

Lite It Up Podcast Interview (April 2020). “Mental health and self-care strategies for women during COVID-19” Interview by Aginah M. Muhammad. Link: <https://www.iheart.com/podcast/270-lite-it-up-55926891/episode/ep-12-self-care-101-the-60804929/>

APA Psychology Monitor Interview (March 2020). “How to encourage student self-care” Interview by Stephanie Pappas. Web Link: <https://www.apa.org/monitor/2020/07/student-self-care>

Woman’s World Magazine “Ask American’s Ultimate Experts” Interview (March 2020). “Restoring mental and spiritual energy with self-care” Interview by Kristina Mastrocola.

The Breakdown with Dr. Earl Turner Podcast Interview (February 2020). “The role of self-care in promoting Black mental health” Interview by Dr. Earl Turner.

Window Fashion VISION Interview (January 2020). “Self-Care for interior designers” Interview by Sophia Bennett. Web Link: <https://www.wf-vision.com/2020/01/05/self-care-strategies-for-window-fashion-professionals/>

Magazine Interview (December 30, 2019). “A Women’s Guide to Self-Care” Interview by Laura Arenschield.

WILL (Local NPR) 21<sup>st</sup> Show—Illinois Public Radio Interview (December 17, 2019). “Why ‘self-care’ is hard—but especially important—during the holiday season” Interview by Christine Herman. Web Link: <https://will.illinois.edu/player/audio/self-care-during-the-holidays>

MEL (UK) magazine Interview (November 19, 2019). “Self-care for men: Learning to love yourself again” Interview by Stuart Messham.

Food is Not Bae Podcast Interview (October 2019). “The role of self-care in healing Black women.” Interview by Dr. Ebony Butler. Web Link: <https://www.iheart.com/podcast/256-food-is-not-bae-podcast-30927800/episode/the-truth-about-self-care-51893511/>

Psychologists Off the Clock Podcast Interview (September 2019). “The Self-Care Prescription with Dr. Robyn Gobin” Interview by Dr. Diana Hill. Web Link: <https://www.offtheclockpsych.com/podcast/self-care-prescription>

Life Enchanted Podcast Interview (September 2019). “Trauma, self-care, and mental health” Interview by Nick Carlie. Web Link: [https://www.listennotes.com/podcasts/life-enchanted/53-dr-robyn-gobin-healing-zG\\_SDyBaKJn/](https://www.listennotes.com/podcasts/life-enchanted/53-dr-robyn-gobin-healing-zG_SDyBaKJn/)

Journey to Jupiter Podcast Interview (September 2019). “The journey of a clinical psychologist: Meet Dr. Robyn Gobin” Interview by Jetaun Davis. Web Link: <https://podcasts.apple.com/us/podcast/the-journey-of-a-clinical-psychologist-meet-dr-robyn-l-gobin/id1458124420?i=1000449587161>

FindaPsychologist Podcast Interview (July 2019). “Does Mental Health Counseling Work?” Interview by Dr. Daniel Elchert. Web link: <https://www.findapsychologist.org/does-mental-health-counseling-work/>

FindaPsychologist Podcast Interview (July 2019). “Social Media Boundaries” Interview by Dr. Daniel Elchert. Web link: <https://www.findapsychologist.org/social-media-boundaries/>

ciLiving Interview (February 2019). “ThinkUp App promotes positive mindset through positive affirmations” Interview by Heather Roberts and Tim Sinclair. Web link: <https://www.wcia.com/ciliving/thinkup-app-promotes-positive-mindset-through-positive-affirmations/1754414203>

The Daily Illini Interview (April 2018). “Sexual assault awareness month” Interview by Sam Schrage, Staff Writer. Web link: <https://dailyillini.com/features/2018/04/12/sexual-assault-awareness-month/>

The Daily Illini Interview (March 2018). “Study explores how stigma against veterans impedes mental health treatment” Interview by Yasmeen Ragab, Assistant Daytime News Editor. Web link: <https://dailyillini.com/news/2018/03/29/study-explores-how-stigma-against-veterans-impedes-mental-health-treatment/>

Expert Viewpoints Interview (January 2018). “How do sexual assault survivors fare?” Interview by Diana Yates. Web link: <https://news.illinois.edu/view/6367/606934>

Trauma Psychology News Interview (January 2018). “Who’s Who-Robyn Gobin” Web link: <http://traumapsychnews.com/2018/01/whos-who-robyn-gobin/>

American Psychological Association Monitor Interview (December 2017). “When therapists face discrimination: Advice for therapists who encounter racism, ageism, and other forms of intolerance in the therapy room. Interview by Zara Abrams. Web link: <http://www.apa.org/monitor/2018/04/therapists-discrimination.aspx>

Web-Based Psychology Resources on Underserved Health Priority Populations for Public and Professional Education (April 2017). “Trauma & PTSD in economically disadvantaged populations” Trauma Expert Interview. Web link: <https://www.youtube.com/watch?v=MMUyIUNaR54>

National Register of Health Service Psychologists Press Release & Interview (June 2016). “Robyn L. Gobin, PhD, Named 2016 Judy E. Hall Early Career Psychologist Award Winner” Web link: <https://www.nationalregister.org/press-releases/robyn-l-gobin-phd-named-2016-judy-e-hall-early-career-psychologist-award-winner/>

ciLiving Interview (January 2016). “#LeadingLooksLike Campaign with the Limited” Interview by Heather Roberts and Matt Metcalf. Web link: <http://www.illinoishomepage.net/ciliving/leadinglookslike-campaign-with-the-limited/391538344>

Black Women’s Health Imperative Radio Interview (January 2012). “Child sexual abuse: Protection and recovery” Interview by Byllye Avery.

Black Women’s Health Imperative Radio Interview (December 2011). “Child sexual abuse: Prevention and intervention” Interview by Byllye Avery.

College of Arts and Sciences: News (March 2009). “Understanding the mechanisms of trust and betrayal” by Amanda Miles.

Psychobable (March 2009). “Graduate student profile: Robyn Gobin” by Katelyn Melnychuk.

2007 California Forum for Diversity in Graduate Education (August 2007). “What can you expect from the University of Oregon?” by Kassy Fisher.

Oregon Daily Emerald (October, 2007). “Oregon prison inmates receive parenting classes” by Trevor Davis.

## **REFERENCES**

*Available upon request.*