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- 2017-present Associate Professor
Department of Kinesiology and Community Health
University of Illinois at Urbana-Champaign
- 2009-2016 Assistant Professor
Department of Kinesiology and Community Health
University of Illinois at Urbana-Champaign
- 2008-2009 Visiting Scholar
Department of Kinesiology and Community Health
University of Illinois at Urbana-Champaign
- 2007-2008 Post-Doctoral Fellow
Asia Research Institute
National University of Singapore, Singapore

HONORS AND AWARDS

- 2012-2020 University of Illinois List of Teachers Ranked as Excellent
- 2013 College of Applied Health Sciences Phyllis J. Hill Faculty Award for Exemplary Mentoring (University of Illinois)
- 2010 University of Illinois List of Teachers Ranked as Excellent
- 2010 American College of Sports Medicine Foundation Award on Behavior Research
- 2007 Asian Meta Centre for Population and Sustainable Development Analysis Research Fellowship Award
- 2007 Distinguished Graduate Student Award (University of Tsukuba)
- 2001-2007 Graduate Studies Fellowship Award “Monbukagakusho” (Japanese Ministry of Education, Culture, Sports, Science and Technology)

RESEARCH & SCHOLARSHIP

Alam, R. B., Ashrafi, S. A., Pionke, J. J., & **Schwingel, A.** (2021). Role of Community Health Workers in Addressing Dementia: A Scoping Review and Global Perspective. *Journal of Applied Gerontology*. <https://doi.org/10.1177/07334648211001190>

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Aguayo, L., Ogolsky, B., Teran-Garcia, M., Pinerros-Leano, M., Wiley, A., Lin, J., Aguirre-Pereyra, R., & **Schwingel, A.** (2021). From culture to chromosomes: A mother-child dyadic study of acculturation, telomere lengths and body fat. *Comprehensive Psychoneuroendocrinology*, 5, [100029]. <https://doi.org/10.1016/j.cpniec.2021.100029>

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Yu, H., & **Schwingel, A.** (2019). Associations between sedentary behavior, physical activity, and out-of-pocket health care expenditure: Evidence from Chinese older adults. *Journal of Aging and Physical Activity*, 27(1), 108-115. <https://doi.org/10.1123/japa.2017-0206>

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Santos, A. P., Machado, D. R. L., **Schwingel, A.** Chodzko-Zajko, W. J., Alves, T. C., Abdalla, P. P., Venturini, A. C. R., Bollela, V. R., & Navarro, A. M. (2019). Puntos de corte antropométricos para identificar las características de la lipodistrofia en personas que viven con vih/sida: Un estudio observacional. *Nutricion Hospitalaria*, 36(6), 1315-1323. <https://doi.org/10.20960/nh.02715>

Borges, R. A., Tomicki, C., Almeida, F. A., **Schwingel, A.**, Chodzko-Zajko, W., & Benedetti, T. R. B. (2019). Reach of "VAMOS" program in basic healthcare - organizational barriers and facilitators. *Revista Brasileira de Geriatria e Gerontologia*, 22(3). <https://doi.org/10.1590/1981-22562019022.180225>

Schwengel, A., & Chodzko-Zajko, W. J. (2019). Role of Physical Activity in the Health and Wellbeing of Older Adults. In J. M. Rippe (Ed.), *Lifestyle Medicine* (3 ed., pp. 1157-1166). CRC Press. <https://doi.org/10.1201/9781315201108-101>

Aguayo, L., Khan, M., De Leon, R., & **Schwengel, A.** (2019). Use of Geographic Information Systems in Physical Activity Interventions: a Systematic Review. *Progress in Preventive Medicine*, 4(2), e0022. <https://doi.org/10.1097/pp9.0000000000000022>

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Sebastião, E., Chodzko-Zajko, W., & **Schwengel, A.** (2018). A Snapshot on the Daily Sedentary Behavior of Community Dwelling Older African American Women. *Journal of Black Studies*, 49(2), 114-133. <https://doi.org/10.1177/0021934717741899>

Gálvez-Espinoza, P., Iglesias-Vejar, L., Vizcarra-Catalán, M., Palomino, A. M., Valencia, A., & **Schwengel, A.** (2018). “comemos así porque...”. Entendiendo las conductas alimentarias de mujeres chilenas de bajos recursos. *Revista Medica de Chile*, 146(8), 882-889. <https://doi.org/10.4067/s0034-98872018000800882>

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Kim, K., Chodzko-Zajko, W., **Schwingel, A.**, & McDonagh, D. C. (2014). Understanding older individuals' emotional responses to new technology associated with healthy lifestyle choice. *Journal of Physical Education and Sport*, 14(2), 138-147. <https://doi.org/10.7752/jpes.2014.02022>

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Romo-Pérez, V., **Schwingel, A.**, & Chodzko-Zajko, W. (2011). International resistance training recommendations for older adults: Implications for the promotion of healthy aging in Spain. *Journal of Human Sport and Exercise*, 6(4), 639-648. <https://doi.org/10.4100/jhse.2010.64.07>

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